

GRADUATING TO ADULT CARE

PREPARING FOR YOUR APPOINTMENT

BEFORE YOUR VISIT:



- Brainstorm questions/your diabetes story with GRAD team and/or parents
- Consider a friend/family member to go with you for support
- Know the clinic address, how you will get there, and how long it will take to get there (may need to arrive early)
- Put the appointment in your phone calendar, with a reminder

MAKE SURE TO BRING:



- Insurance card
- Photo ID
- A way to pay your copay (if you have one)
- Portable Medical Summary (update if needed)
- Your list of questions and concerns

THE OFFICE MAY ASK YOU TO:



- Arrive at appointment early to fill out paperwork
- Request your medical records to be sent before the appointment
- Schedule a follow-up appointment with MD
- Make a separate appointment with CDE