





## **Tournament Cause — Suicide Prevention:**

Suicide is a major preventable public health problem in Utah and causes immeasurable pain to individuals, families, and communities. From 2009 to 2016, there were an average of 592 suicides per year in Utah. Suicide is the second leading cause of death for adults in Utah aged 18 to 44, and the incidence of death by suicide is much higher among males. The prevention of suicide is complex and requires a multi-sectored and comprehensive approach, which includes improving access to behavioral health treatment. Mental illness and substance use dramatically increases the risk for suicide, but timely access to appropriate behavioral healthcare can reduce the likelihood of a death by suicide. Estimates show 242,000 Utah adults could

benefit from treatment for mental illness and substance use disorders; however, only 20 percent are receiving behavioral healthcare. Money raised at the AMICUS Invitational will enhance Intermountain Healthcare's existing Behavioral Health Network's structures. These networks create access to timely behavioral health follow-up care (within seven days as opposed to weeks and months in most cases) for low-income patients discharged from an Intermountain facility. One entry in the golf tournament can benefit up to 60 people through Intermountain's networks. A team entry can help more than 200 people. Ultimately, any private support benefits dads, moms, sons, and daughters and will help counter the heartbreaking realities of suicide in Utah.

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