2015 DONOR REPORT





Dave and Donna Howell

TO OUR DONORS:

Thank you for your generous support during this past year. Your gifts made a tremendous impact in our community, totaling more than \$2.2 million toward state-of-the-art medical equipment, advanced technology, and charity care for the underserved at Intermountain Healthcare's not-for-profit hospital in St. George.

Dixie Regional Medical Center provides a unique opportunity for donors to improve lives. Through your investment in the future of medicine, people are now receiving personalized cancer treatment, surviving heart disease, having healthier babies, recovering from injuries more quickly -- in short, living longer, healthier lives.

Driving all of this is passion. Take, for example, Dave and Donna Howell. Dave hails from Colorado, where he received traditional chemotherapy and stem cell transplant for multiple myeloma. Upon relocating to St. George, the Howells were thrilled to discover a level of medical care typically available only in much larger communities. And through their oncologist, Dr. Derrick Haslem, they learned of an emerging, revolutionary treatment for solid tumor cancers being pioneered right here at Dixie Regional: Precision Cancer Genomics.

The Howells are excited about the dramatic advancements Precision Cancer Genomics is bringing to cancer treatment. They give generously to the program in the hope that someday cancer in all its forms will be eradicated.

Stories such as the Howells' serve as a reminder that we all have a role to play in helping to create a better world for our children, grandchildren, neighbors, and loved ones. This is especially true today, as Dixie Regional adds more than 500,000 square feet to the River Road Campus, ensuring that world-class care will continue to be available here in southern Utah.

On behalf of everyone who envisions a healthier tomorrow, a sincere and heartfelt thank you.

Jack Renouf, Chair, Community Development Board,

Intermountain Foundation at Dixie Regional Medical Center

thank you

PRECISION GENOMICS AND CANCER: TRANSLATING SCIENCE INTO MEDICINE

At the forefront of personalized cancer treatment, Precision Genomics offers a new way of treating cancer. Gifts from donors like you helped to purchase state-of-the-art equipment for the new 4,200-square-foot Intermountain Precision Genomics Core Laboratory. This equipment allows the lab to perform sequencing and interpretation from a biopsy of a patient's tumor. Based on the genetic makeup of the tumor, physicians then identify treatments most likely to help patients with later-stage cancer and recommend drug therapies.

Prescribing based on genomics is working, and there is mounting evidence that targeted therapies are helping patients. Through a recent partnership with Stanford University, the Intermountain Precision Genomics program promises further innovations in the coming years.

Precision Genomics:

• Is a fundamental shift from traditional cancer treatments and customizes each patient's care according to individual genetic differences.

- Has meant fewer complications and side effects for patients with late-stage cancer.
- Has been proven to increase the lifespan of late-stage cancer patients, at a lower cost than traditional methods.
- Has helped patients live longer, feel better, and have more time with loved ones.

"The future of cancer care is bright. It is full of new targeted drugs, immunotherapy, and the potential of making cancer a chronic disease, rather than an end."

Derrick Haslem, MD
 Intermountain Precision Genomics
 Director of Medical Oncology,
Intermountain Healthcare Southwest Region



DONORS OPEN THEIR HEARTS WIDE TO HELP DIXIE REGIONAL'S SMALLEST PATIENTS

Carol and DeVon Armstrong had just returned to their home in Hurricane after a trip to Panguitch. There, they had enjoyed a pleasant visit with their grandson Austin and his wife Kayla, who was six months pregnant.

Although the journey home took less than two hours, the message left on their answering machine indicated that much had changed: Kayla had given birth, and mother and baby were being whisked to St. George via LifeFlight helicopter.

Alarmed, the Armstrongs rushed to Dixie Regional's Neonatal Intensive Care Unit (NICU) and immediately gave the baby, Tessaley, a church blessing. Born three months early, their new great-granddaughter weighed a mere one pound, thirteen ounces, and was about the length of a dollar bill.

While Tessaley was dangerously premature, her family knew she was in the right place. "We've got top-of-the-line care at Dixie Regional," said Carol. "Until you need the facilities, you don't realize what's available. Everything necessary to save Tessaley was here."

The Armstrongs also discovered that the NICU's advantages extended beyond sophisticated medical equipment. "We came a number of times to see the baby," DeVon said. "So we became acquainted with the doctors and nurses who cared for her. They were always so accommodating and understanding."

Under the expert care of the NICU staff, Tessaley grew and began to thrive. When Tessaley was three months old, DeVon and Carol were thrilled to hold her for the first time, and she was released from the NICU later that day.

Glad as they were to finally have Tessaley home, leaving the staff was bittersweet for the Armstrongs. "We wanted to do something to honor the NICU," Carol said. "We're so grateful for what the NICU has done for our family."

As a result, the Armstrongs have chosen to include a generous gift for the NICU in their estate plans. "It feels like a natural thing to do," said DeVon. "We just hope that as many people can benefit from our gift as possible."



In gratitude for the care given to their premature great-granddaughter, Carol and DeVon Armstrong have chosen to include a generous gift for the NICU at Dixie Regional Medical Center in their estate plans.

2015 HIGHLIGHTS

PRECISION CANCER GENOMICS

Innovative
equipment and
technologies for
the most advanced
genetic sequencing
of tumors



\$1,052,363

Amount raised to benefit Trauma
Services and Neurosciences
in the advancement of
round-the-clock, specialized
treatment for the most
critical of injuries

Benefitted Cardiac Rehabilitation to aid in quicker recovery from openheart surgery and heart attack

BREAST CANCER

women, who otherwise would not have received this life saving screening

Amount Funded

\$13,839

PROGRAMS AND SERVICES Amount Awarded Training opportunities for healthcare professionals, and community outreach programs to help discharged patients receive medications and access to follow-up care

EQUIPMENT & TECHNOLOGY

Provided for best patient outcomes, including: surgical microscope for complex brain surgery,

4-D ultrasound for high-risk pregnancies, red blood cell recovery system for open heart surgery Amount Funded

\$1,254,674

UPCOMING FOUNDATION EVENTS



Please plan to join us for this special holiday tradition and major fundraiser, benefitting Women & Newborn Services. With the consolidation of Dixie Regional's two campuses into one expanded campus, in 2018 Women & Newborn Services will move into a new medical tower,

with state of the art facilities and innovative technology supporting birthing, mom/baby and neonatal intensive care. Jubilee of Trees will be held Nov. 17-21, 2016, at The Dixie Center in St. George.

To attend this event or learn about becoming more involved with the Foundation at Dixie Regional Medical Center, contact us at (435) 251-2480 or dixieregional foundation.org.

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PART OF THE INTERMOUNTAIN FOUNDATION, the Foundation at Dixie Regional Medical Center was founded in 1979. Since then, generous individuals, businesses and civic partners have continued to step forward to help deliver the next generation of world-class healthcare to southern Utah.

Foundation at Dixie Regional Medical Center Staff:

Glenna Beyer - Regional Chief Development Officer

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thank you



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