

# GROWING *Together*

*Helping People Live the Healthiest Lives Possible®*



Intermountain®  
Dixie Regional Medical Center



# DEAR *Reader,*

There has never been a better time to live well in St. George and southwestern Utah. We live in the midst of some of the most beautiful scenery in the world, surrounded by a caring, supportive community with more resources available to help than ever before.

The opening of these four new buildings means Intermountain Healthcare has now invested nearly one billion dollars to improve healthcare in this region since 1975, when the then fledgling company purchased Dixie Medical Center from Washington County. At that time Intermountain promised to provide leading healthcare for our residents and we are doing that today, more than 40 years later.

This expansion project consolidates clinical services on our River Road Campus including care for women and children, neuro specialty rehabilitation, and behavioral health. It features a hybrid angiography suite which now hosts an amazing procedure to replace a heart valve by threading it through a catheter to the heart and an interoperative MRI suite that makes it possible for brain surgeons to image the brain during surgery.

Our River Road Campus has doubled in size with the addition of 500,000 square feet of new space through the \$300 million project.

Other key milestones achieved in recent months and years include:

- **Intermountain Precision Genomics**, which is now based in the new Intermountain Cancer Center of St. George, is extending the life and improving the quality of life for stage four cancer patients.
- We are now a **level II trauma center** providing tertiary level services including open-heart surgery, newborn intensive care, brain and spine surgery.
- We began doing **transcatheter aortic valve replacement**, which means some heart valves can now be replaced without having to surgically open the chest. Outcomes are excellent.
- We have a rapidly growing **LiVe Well Center**. Not only do we focus on healing, we help people get well, stay well, and live well for the rest of their lives.
- We enjoy **strong community support**. Hundreds of local donors have come together to provide millions of dollars in support of our advancing services.

Thank you, for all you do to help us achieve our mission to help people live the healthiest lives possible. That mission is at the heart of all we do, and we hope you will enjoy reading how lives of some of our local friends and neighbors have been changed as we take healthcare to the next level. Please let us know how we may better serve you and our community. We are here for you.

Best Regards,



Brian Chadaz, *Governing Board Chair*  
Dixie Regional Medical Center



Mitch Cloward, *Administrator*  
Dixie Regional Medical Center

EDWIN T.





*Administrator Mitch Cloward and Dixie Regional Governing Board Chair Brian Chadaz are excited to announce completion of the hospital expansion project.*







# TABLE OF *Contents*



Growing Together:  
Dixie Regional  
Medical Center  
400 East and River  
Road Campuses



Meet the Atkins  
— Jerry & Carolyn:  
Out of Small  
Places, Come  
Great Things



KC Heaton —  
Facing the Fear of  
Brain Surgery



Living Well  
— Rhondalon  
Crawford



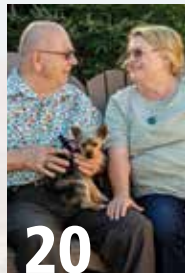
Betty Ott's Story  
— A Special Place  
in Her Heart



Meet the Renoufs  
— Jack & Barbara  
and their grandson,  
Walter Gute



Advancing to a  
Level II Trauma  
Center — Amber  
Kohnhorst's Story



Meet the  
Mansfields —  
Ed & Cheryl:  
Making Their  
Golden Years Count



An Even Better  
Ending — Chad's  
Story



Thriving Camden  
Parker —  
Camden's Back!



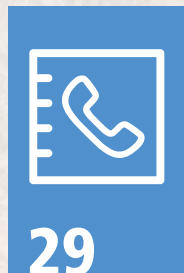
Intermountain  
Dixie Regional  
Medical Center  
Governing Board



Intermountain  
Dixie Regional  
Medical Center  
Foundation Board



Awards and  
Recognition



Directory of  
Services



Campus Map  
and Contact  
Information



# Growing Together

**Dixie Regional Medical Center**  
**400 East and River Road Campuses**



By Amey Vance

“It is exciting to see the hospital growing and more importantly, *growing together.*”

— Mitchell Cloward,  
Administrator of  
Dixie Regional Medical Center

In June of 2016, Intermountain Dixie Regional Medical Center kicked off the major \$300 million expansion and consolidation endeavor that is the largest construction project in the history of Washington County. The expansion has more than doubled the size of the existing campus bringing the total hospital space to more than 900,000 square feet.

“It is exciting to see the hospital growing and more importantly, growing together,” said Mitchell Cloward, Administrator of Dixie Regional Medical Center. “Having all hospital services on one campus means seamless coordination of care, more efficiency, and less redundancy

of staff and equipment. Having all hospital services in one location again will transform the patient experience and support our ongoing efforts to offer compassionate, collaborative, cutting-edge healthcare.”

To better serve the community, the new Women and Newborn Center — on the northwest corner of the hospital — houses all clinical services for women and newborns. These include: maternal fetal medicine, OB/GYN providers, labor and delivery services, C-section surgical rooms, Simply Birth (low intervention birthing rooms), newborn intensive care, and mom and baby recovery rooms. Behavioral health is also located in this building on the top level.

"Dixie Regional Medical Center has expanded and consolidated to meet the demands of our growing community," said Brian Chadaz, governing board chair of Dixie Regional. "This project allows Dixie Regional to expand specialized services and add new technology."

The diagnostic and treatment building — on the northeast corner of the hospital — contains all clinical lab services, 50 observation/specialty recovery beds, and two new high-tech surgical suites. The new neurosurgical suite is home to Intermountain's first interoperative MRI. This machine enables surgeons to view updated MRI images during surgery. Across the hall, the new hybrid angioplasty surgical suite is used for catheter-based surgical procedures such as transcatheter aortic valve replacement.

"Having cutting edge technology such as the new interoperative MRI for brain surgery in a community the size of ours is amazing," said Chadaz. "Planning for the ability to house these large technology items was integral to the design."

The East Tower — on the southeast corner of the hospital — houses the wound clinic, a larger dual chamber hyperbaric chamber, neuro specialty rehabilitation, a larger 32-bed adult intensive care unit, a pediatrics unit, and shelled space for future growth. A specially designed rehabilitation terrain park is designed into the courtyard between

the East Tower and the existing hospital.

Lastly, the 120,000-square-foot Intermountain Cancer Center of St. George will contain all traditional oncology patient services as well as Intermountain Precision Genomics, research labs, a DNA-sequencing facility, and a Stanford Cancer Research Lab. Precision Genomics is changing the way cancer care is provided worldwide.

"This expansion project would not have been possible without the tremendous financial support and commitment of our great community," said Cloward. "The spirit of giving that we have felt over and over again has made Dixie Regional and this expansion project a reality."

Cloward also thanked The Piano Guys for performing at grand opening night on September 12. "What a fantastic group," he said. "The Piano Guys were founded in St. George and have grown in worldwide popularity through their classically influenced instrumentals and music videos that showcase incredible locations. To be one of those incredible locations, is the perfect launch." ❖



*L to R: Al Van der Beek, Jon Schmidt, Steven Sharp Nelson and Paul Anderson are The Piano Guys.*



# MEET THE ATKINS

## *Jerry & Carolyn*

Out of Small Places,  
Come Great Things

By Amey Vance

Sometimes the right combination of simple things such as leadership, knowledge, and resources, brings about the formation of something great.

Take SkyWest Airlines for example. When Jerry Atkin joined his uncle's fledgling airline in 1974 as the director of finance, SkyWest had a fleet of three airplanes, 13 employees, and carried fewer than 1,000 people a month safely to their destinations. Under Atkin's leadership, SkyWest Airlines has become the largest regional airline in the world with a revolving fleet of 716 aircraft, and over 2,000 flights each day to 233 destinations across North America.

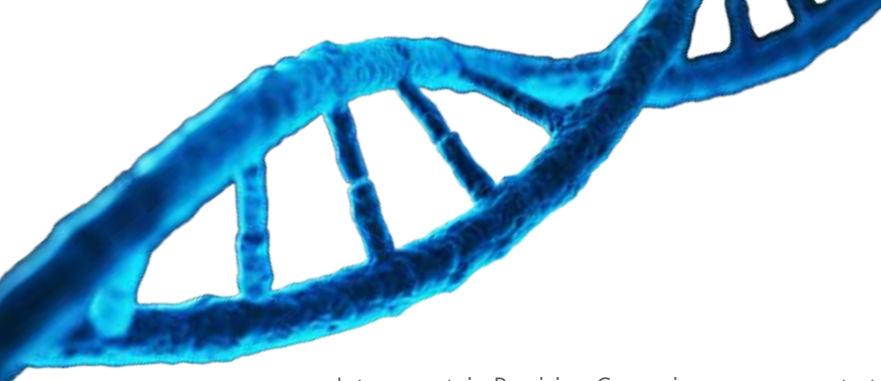
Atkin is the current board president and former CEO of SkyWest. His exceptional leadership, perseverance, and

hard work have shaped SkyWest Airlines for more than 40 years. Today, Atkin and his wife, Carolyn, are leading the capital campaign for the new Intermountain Cancer Center of St. George, located across the street and a little south of the SkyWest headquarters in St. George on the Intermountain Dixie Regional Medical Center Campus.

"We are champions of St. George," said Jerry. "Carolyn and I were both born and raised in southern Utah and so were our children. Our pioneer ancestors settled Cedar City and St. George. We have roots here and we are firm believers that great things that start small can happen here."

As lead donors of the capital campaign that will help fund the building which will house cancer services, Jerry and Carolyn are passionate about helping





Intermountain Precision Genomics advance in St. George. Carolyn's experience with breast cancer ten years ago inspires their support.

"When you have faced cancer yourself," said Carolyn, "the cutting edge technology and research of precision genomics really piques your interest. We have a connection with Dr. Derrick Haslem because of my cancer experience, and we have been impressed with Dr. Lincoln Nadauld. We have watched things come together for cancer research here."

The fact that Stanford University will locate a satellite genome technology lab within the St. George Cancer Center, did not go unnoticed by the Atkins. One of the highest capacity DNA sequencing machines in the nation is located here. The Atkins also liked what they heard about the Intermountain biorepository samples being used for cancer research.

"All the stars seem to be aligned," said Jerry. "We have seen talented doctors and researchers, Stanford University, and Intermountain Healthcare, all come together to fight cancer in St. George, Utah. If we can be a part of this and help in some way, then why wouldn't we?"

Intermountain Cancer Center of St. George will be a place of healing, research, technology, and hope. Intermountain Precision Genomics offers a new, personalized approach to treating cancer and other diseases. Precision genomics looks at the DNA of an individual's cancer cells, and matches it

to targeted cancer-fighting medications. It has been proven to increase the lifespan of late-stage cancer patients with fewer side effects.

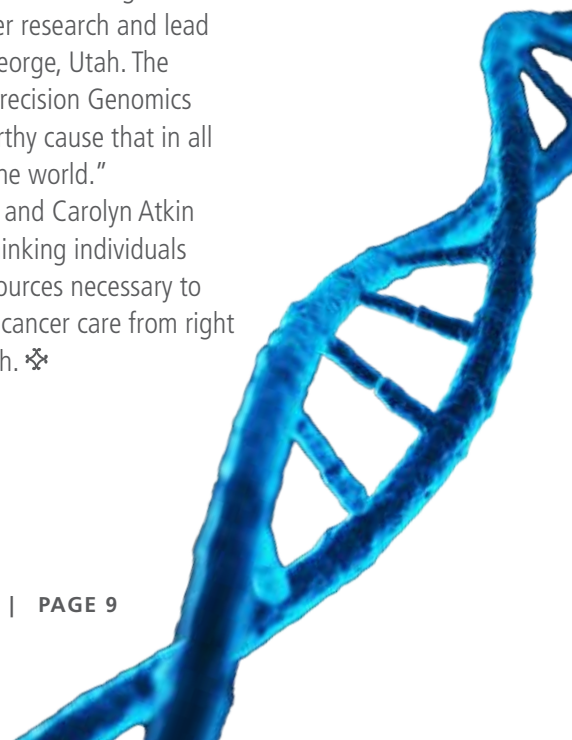
"The level of comprehensive cancer care available locally is remarkable for our area and unmatched anywhere in the west," said Lincoln Nadauld, MD, PhD and Executive Director of Intermountain Precision Genomics. "The future of precision health is happening here and now. We are transforming the future of cancer care."

Technology, expertise, and a forward-thinking healthcare system, along with access to millions of tissue samples from Intermountain's biorepository, together have made St. George the perfect place for precision medicine to become a reality.

"It is really something for such a small community to have something like precision medicine to happen here," said Carolyn Atkin. "I feel the advancements currently being made are just the beginning of great things to come."

Jerry Atkin agreed. "Precision Genomics is going to make a huge contribution to cancer research and lead the world from St. George, Utah. The Cancer Center and Precision Genomics are an extremely worthy cause that in all reality may change the world."

Please join Jerry and Carolyn Atkin and other forward thinking individuals as they build the resources necessary to change the world of cancer care from right here in southern Utah. ✨







# KC HEATON

## *Facing*

### the Fear of Brain Surgery

By McKoye Mecham



**K**C Heaton knew he had a spot on his brain. It had been there for as long as he could remember, and he wasn't too concerned about it. But then he started having seizures.

KC and his wife, Kayla, went to Dixie Regional's emergency department for answers.

"They did an MRI," KC said. "Back in 2009 the spot on my brain was about the size of a quarter. This time it was the size of a tennis ball."

KC and Kayla were referred to a neurosurgeon at Intermountain Southern Utah Neurosciences Institute, Dr. Jotham Manwaring. His diagnosis? KC had a type

of primary brain tumor called a grade II astrocytoma. He needed surgery to have it removed.

"I was nervous, but I was more nervous for afterward," KC said. "What was the outcome going to be?" The couple pulled together and decided the best way to face their fears was learning everything they could as they moved forward.

"We've been really impressed with Dr. Manwaring," Kayla said. "He's really down to earth and easy to talk to. He answers all of our questions. He's really nice and we became really confident with him."



On the morning of the surgery, Kayla bravely sent KC off to the operating room with words of encouragement and a kiss. KC was then sedated and the surgery began.

"You have this individual on the table, you've taken the skull away and then you have this one last layer to open up and underneath you have this person's brain — this thing that drives who they are and what they do," said Dr. Manwaring. "We use a special electrode that allows us to lay it along the surface of the brain and detect where the motor area is and where the sensory area is. Once we've localized those areas we know where we can go

and where we can't go. And then we bring in a microscope and using a little suction and some dissectors we start taking away certain areas of the brain that are involved in the tumor."

KC's surgery went well. Months later he has completed neuro rehabilitation, outpatient rehabilitation and is returning to his normal activities. He is back to work and enjoying the life he loves with Kayla and their 1-year-old daughter, Paige.

"There are ups and downs of course," KC said. "Mostly ups. I can feel myself getting better and better every week. And that's a positive thing." ❖



*Left: Dr. Jotham Manwaring, neurosurgeon, and his team stay focused while working to remove KC Heaton's brain tumor.*

*Below: Dr. Manwaring wraps up brain surgery on KC..*

“There are ups and downs of course, mostly ups. I can feel myself getting better and better every week. And that's a positive thing.”

— KC Heaton



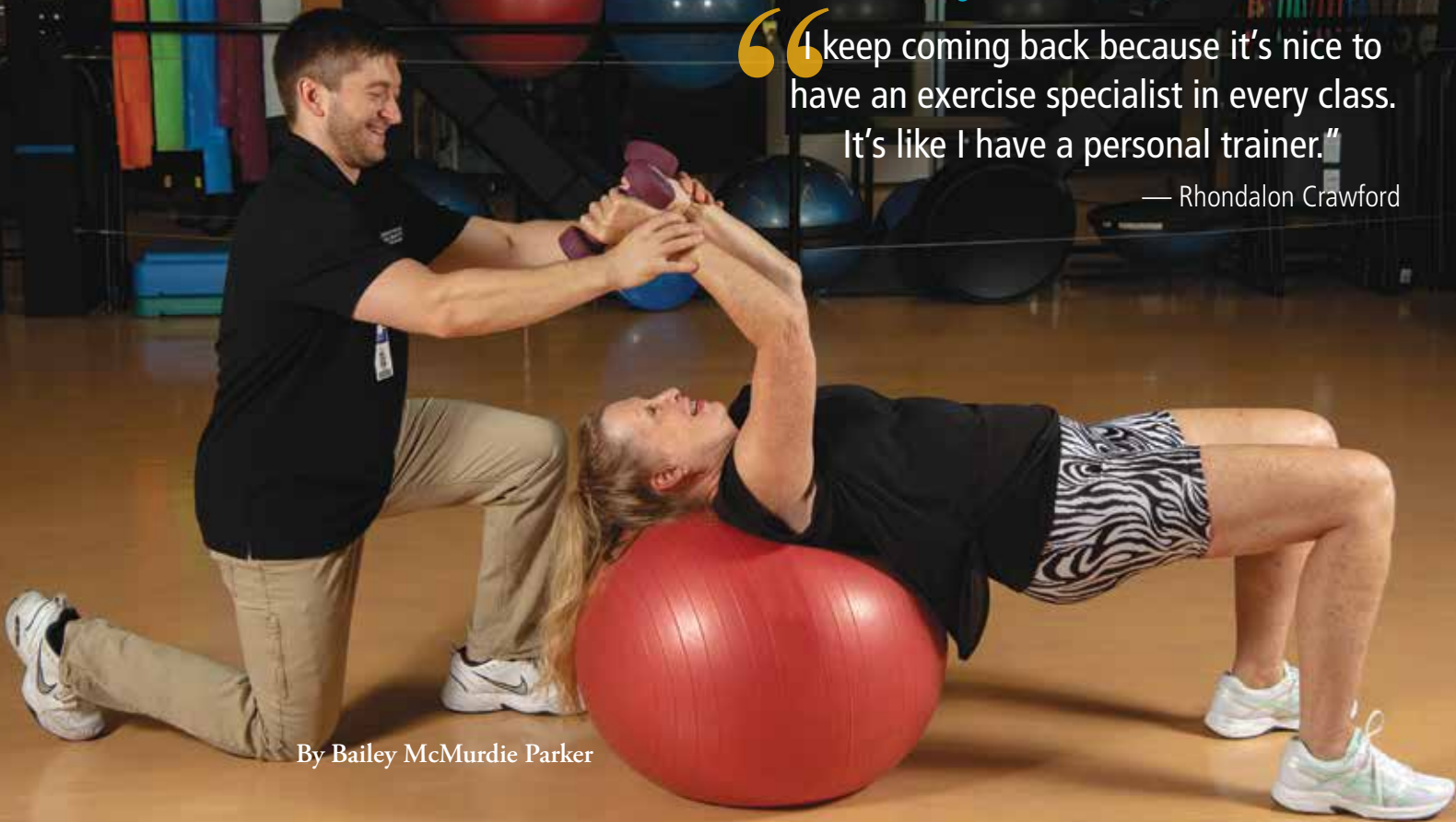


# LIVING WELL

## *Rhondalon Crawford*

“I keep coming back because it’s nice to have an exercise specialist in every class. It’s like I have a personal trainer.”

— Rhondalon Crawford



By Bailey McMurdie Parker

Rhondalon Crawford heard about Intermountain Healthcare’s LiVe Well Center in St. George in October of 2015 when she picked up a magazine that featured an article about the center. Rhondalon and her husband visited the center, had an assessment, and were recommended to the LiVe Fit class.

“I keep coming back because it’s nice to have an exercise specialist in every

class. It’s like I have a personal trainer,” Rhondalon said.

Rhondalon has shoulder and knee issues because of bursitis and osteoarthritis. This makes it difficult to do certain exercises, but with the help of exercise specialists who worked with her physical therapist, she could continue working out.

“I first went to therapy for my shoulders and did what I could for lower



body workouts at the LiVe Well Center,” she said. “Then my trainer at the time, Karen Schlieter, could look at my physical therapy records and create a workout plan based on that information.”

Rhondalon can now reach her arms around her back and touch her toes, which she could not do before starting her training. “I’m more flexible than I have ever been!” she said. “I have some trouble with my knees, so they have been really good about making adjustments so I can keep going.”

Since becoming more active, Rhondalon has participated in the power walking group at the Huntsman World Senior Games. LiVe Well classes have helped her compete in the games, and increased her mobility and strength. She is currently engaged in the workout program geared to get her ready for this year’s games. “I was in a different age group previously, so I didn’t place,” she said. “I’ll be in a new age group this year and hopefully I’ll get a medal.”

Rhondalon keeps coming back to her classes not just because of the health benefits, but because of the community of support that the center provides.

“We’ve made good friends and are very comfortable with them,” Rhondalon said. “It’s a great place to be with such good people surrounding you.”

She also highly recommends the LiVe Well Center Assessment. “It’s not difficult,

it’s just regular every day activities that they are assessing you on and then they can suggest what would be best for you,” Rhondalon said. “I’ve been able to do a lot there, and even just joined the new yoga class!”

If you’d like to learn more about the LiVe Well Center — St. George, call (435) 251-3793 or visit [www.livewellcenter.org](http://www.livewellcenter.org). ❖

**WALKING FOR  
2.5 HOURS**

**21**  
MINUTES  
A WEEK | A DAY

**CAN CUT YOUR RISK  
OF HEART DISEASE BY**

**30%**







# BETTY OTT'S *Story*

A Special Place  
in Her Heart

AVERAGE



STAY IS

LESS  
THAN  
TWO  
DAYS



and outcomes rival  
open-heart surgery

By Amey Vance

**B**etty Ott has a big heart full of love to share. She and her late husband, Layton, sought ways to share their love by helping others.

Their generous gift made local charitable lodging a reality in 2008 when the Layton P. and Betty J. Ott Jubilee Home II was created. The Jubilee Home serves as charitable lodging for families of patients receiving critical care at Dixie Regional.

Hundreds of families have been blessed by the Jubilee Home.

"My husband was always looking for projects to help out," said Betty. "We both felt that the Jubilee Home would be something useful. We were happy to be in a position to help."

Betty also likes to create and donate comfort blankets to Dixie Regional that are given to children in the hospital.



"Making blankets gives me something to do," said Betty. "I can sew two a day and then I tie them on a quilting frame. I've made over 100 blankets. I like the thought of my blankets bringing comfort to children."

Betty Ott obviously has a place in her heart for Dixie Regional, so it is no surprise that when she started having issues with her heart that she sought the expertise of Dixie's heart doctors.

"I was concerned when they told me I needed a heart valve replaced," said Betty. "But when they told me they could do a TAVR procedure without opening me up, I was so relieved."

TAVR is short for transcatheter aortic valve replacement, which is a revolutionary procedure during which the aortic valve is replaced by using a catheter, or small tube. It is a great treatment option for those predicted to be at risk for serious complications with open-heart surgery.

"We have put together a hybrid team of people trained in heart surgery, cardiology, and imaging to implement Dixie's new TAVR program," said Dr. Jason Bowles, a heart surgeon at Dixie Regional. "TAVR has become a great treatment option for an increasing number of patients."

Performing a TAVR procedure requires a skilled team of two doctors. In 2017, Dr. Bowles and Dr. Blake Gardner together performed Dixie Regional's first TAVR procedure.

As part of the hospital's expansion project, a new hybrid surgical suite was created with full imaging capabilities to enhance special surgical procedures such as TAVR. This surgical suite was made possible by generous donations from grateful patients.

"Having a hybrid surgical suite opens the door for Dixie Regional to do a lot of similar procedures," said Dr. Gardner. The hospital plans to introduce mitral valve replacement and Watchman™ Device implantation next year. "We are extremely grateful to the community for making this new surgical suite possible."

Patients like Betty are also grateful. "I feel so much better," said Betty. "I feel lucky and grateful to have been so well taken care of at Dixie Regional."

Betty Ott truly has a special place in her heart for — and new valve in her heart from — Dixie Regional Medical Center. ❖





# MEET THE RENOUFS

## *Jack & Barbara*

and their grandson, Walter Gute



By Amey Vance



*W*alter Gute is the apple of his grandpa's eye. Jack Renouf, chair of the Intermountain Foundation Board at Dixie Regional Medical Center, calls Walter his miracle grandbaby. Today Walter is a happy, healthy, and energetic four-year-old because of the excellent start he got in the

newborn intensive care unit at Dixie Regional Medical Center.

"I know that my daughter and little Walter are alive and well because of the timely and excellent treatment they both received," said Renouf, who is also a generous supporter of the hospital's expansion project. "It is wonderful to have



excellent healthcare services here.”

A few years ago, Jack and Barbara Renouf’s daughter, Catherine Gute, was experiencing an exceptionally difficult pregnancy in another state.

“We encouraged Catherine to come and receive care at Dixie Regional close to our home,” said Renouf. “We knew Dixie would offer a safe environment and a marvelous NICU would be available if her baby came too early.”

“I’d had problems with previous pregnancies,” added Catherine. “The pregnancy before

Walter was stillborn, so we were especially anxious. When I contacted Dixie’s NICU and they told me what they could do to help Walter, I knew

that is what we should do.”

Walter, the Gutes’ fifth child, arrived via emergency C-section at Dixie Regional seven weeks premature — and just 20 minutes after Catherine got to the hospital from the Renoufs’ home.

“We absolutely adored our experience at Dixie,” said Catherine. “Walter was born at 32 weeks, 5 days. He spent just over two weeks in the NICU. The care he received was incredible. All the caregivers were so attentive. We feel Walter got the best possible start.”



Dixie Regional’s NICU focuses on making sure babies live the healthiest lives possible by providing a nurturing, healing environment. The medically fragile or premature are the most vulnerable of patients and the NICU makes it their mission to help them thrive.

“Parents of babies are not visitors in our NICU,” said Dr. Holly Strike, Medical Director of the Dixie Regional NICU.

“Parents are our partners in healing. They participate in the care of their babies and are a part of our multidisciplinary

team. Parents bring a critical ingredient to our successful unit — they bring their love.”

Because of the generosity of many like

**FINISH**  
at or near  
**THE TOP**  
  
**in 10 of 17**  
**Vermont Oxford**  
**MEASUREMENTS**

the Renoufs, the NICU will continue to offer extraordinary care in a beautiful new space. This new NICU will be even more family friendly.

“I honestly believe Dixie Regional Medical Center is one of the best hospitals in the world,” said Renouf. “My miraculous experience with the birth of little Walter and the NICU gives me great joy. I am thankful that my family has been the beneficiary of the services at Dixie and that’s why I will continue to support Dixie Regional in the future.” ❖

## Advancing to a Level II Trauma Center — **AMBER KOHNHORST'S** *Story*



**Dixie Regional is certified  
as a Level II Trauma Center**



**D**ixie Regional recently certified as a Level II Trauma Center. "Time to treatment is critical," said Dr. Greg Watson, who directs trauma care for Dixie. "It is so important to have the state-of-the-art equipment and skilled trauma team right here."

When Amber Kohnhorst left for a hike in the hills above Cane Beds, Arizona, she didn't expect to need that team.

"I've followed the great work done by the Best Friends Animal Shelter and

wanted to come out and volunteer to help for a week," said Amber, a 27-year-old nurse who works in the cardiac ICU at Mayo Clinic in Rochester, Minn. "I flew in on a Friday and had a few hours, so I asked directions to a nearby hike. I did fine going up, but when it came time to climb down, I realized I was in trouble."



Amber learned later that there is only one safe way up and down those hills. "I fell about 100 feet into a slot canyon," she said. "I woke up in the dark, hurting really bad." Amber had a broken back, pelvis and nose. When daylight came she tried to scramble out, with no success. The only way down was a sheer drop.

"I prayed and wrote goodbye letters to my mom and dad," said Amber. "I took a picture of me with my phone and wrote 'I'm sorry,' across it. I didn't think I'd ever see them again."

When she didn't return Friday, on Saturday morning her AirBnB family reported her missing and search and rescue began. "At dusk on Saturday I heard something," Amber said. "I had a whistle and blew it for all it was worth." Search and rescue found her from that whistling, more than 28 hours after the fall.

"Everyone was so great," Amber said. "I've made a strong recovery and am so grateful for the kind help of so many

strangers who have now become good friends. Thank you!"

Amber's trauma happened in May 2016. She was hospitalized for 10 days at Dixie Regional and another seven days at the Mayo Clinic in Rochester. By August she was recovered enough to start physical therapy. "It was slow and go," she said, "but I went from a bed, to a wheelchair, to a walker, to 'sticks,' and finally to walking independently."

After more than a year of healing, last summer Amber returned to Kanab, Utah, to finally complete those volunteer shifts she originally booked at Best Friends Animal Shelter. On her way she stopped by Dixie Regional with treats for those who cared for her during her hospital stay.

"I received amazing care every step of the way," Amber said. "From the search and rescue crew, to the trauma team, to all of the hospital caregivers, to my rehab crew, everyone has taken such good care of me. I feel very blessed." ❖



*L to R: Kathy Bozarth, Travis Talbot, Cassidie Reidhead, Ginger Winder, Debbie Green, Dr. Warren Butterfield, Amber Kohnhorst, Dennis Kohnhorst, Nanette Kohnhorst, Nicholas Kohnhorst, Travis Kohnhorst.*

# MEET THE MANSFIELDS

## *Ed & Cheryl*

Making Their Golden Years Count



By Amey Vance

Ed and Cheryl Mansfield used to be snowbirds from Minnesota before becoming full-time residents of southern Utah. Each had a career in medicine at the Mayo Clinic. Ed was a pharmacist for more than 30 years and Cheryl was a patient care assistant (PCA). Ed later developed his own successful and still thriving company in Minnesota. The Mansfields enjoy travelling and they continue to visit Minnesota often.

"Long ago we decided that we wanted to retire where we didn't have to

shovel snow or mow the lawn," said Ed. "We think St. George is the perfect spot. Having an excellent local hospital such as Dixie Regional Medical Center is an added benefit in retirement."

While enjoying their golden years in southern Utah, the Mansfields have utilized many of the services at Dixie — from cancer care to orthopedic surgery and the emergency room.

"I've had an excellent experience every time I've visited the hospital," said Ed. "Every physician has been down-to-



earth, well trained, and they know their business. They take time to understand my background and they let me take part in my own care. I appreciate that.”

Recently, with help from Dixie Regional’s mobile integrated healthcare program, Ed was able to make some healthy lifestyle changes and get on the right track toward feeling better and living healthier.

Mobile integrated healthcare is a free program Dixie provides to recent hospital patients to help manage congestive heart failure or chronic obstructive pulmonary disease (COPD). A paramedic visits patients at home to identify individual patient needs and offer assistance.

“Mobile integrated healthcare showed me what I needed to do and helped me make changes,” said Ed. “My progress was closely monitored and I lost more than 60 pounds. I now enjoy getting out and walking our dog.”

Eric Freiberg, Dixie’s mobile integrated healthcare coordinator, enjoyed working with the Mansfields. “Ed found this program so valuable, that he made a generous donation that has allowed us to continue to offer mobile integrated healthcare to more than 100 people in our community this past year.”

Making healthy choices and living life to the fullest is what the Mansfields are all about. They have enjoyed seeing Dixie Regional expand because knowing excellent medical care is available close to home is comforting.

“I still work as a consultant for my company in Minnesota,” said Ed. “So we travel a lot, but come home to St. George for healthcare. I’ve been successful in my career and business, and feel that I

should share my good fortune with others by supporting our local hospital.” Grateful and generous families, such as

the Mansfields, have contributed to Dixie Regional’s growth and expansion to show appreciation for the extraordinary medical care they have received. By doing so, they are helping future generations live the healthiest lives possible. ❖

“Dixie Regional Medical Center is the first Intermountain hospital with a Mobile Integrated Healthcare program.”

— Eric Freiberg



## An Even Better Ending

# CHAD'S *Story*

“The Wound Clinic actually saved my legs from being amputated from the knees down.”

— Chad

By McKoye Mecham



Chad was helping a friend work on an apartment building in Spokane, Washington, when he suddenly fell three stories. He suffered a severe injury that left him paralyzed from the waist down.

“It was a very life-changing event,” he said. “It’s been a challenge. It’s been a long road.”

After being treated in Washington, Chad was moved to Intermountain Dixie Regional Medical Center so he could be

closer to his parents in St. George. He spent time at the neuro specialty rehab unit, and he continues to receive care, including hyperbaric oxygen treatment, at Dixie Regional’s wound clinic.

“I ended up getting 14 pressure wounds on my legs and feet,” he said. “The wound clinic actually saved my legs from being amputated from the knees down.”

Chad has made friends with many of the caregivers at the wound clinic, and often shares his love of Seattle sports with



them — including his dedication to the Seattle Seahawks.

This prompted the wound clinic team to decide Chad needed to attend an NFL game. They bought a personalized no. 12 jersey and tickets to the Seahawk's game against the Arizona Cardinals. And then surprised him with the tickets at one of his appointments.

Chad didn't know what to say. He finally found words: "You're amazing. Thank you."

The day of the game finally came, and Chad traveled to Phoenix with

Dr. Carl Van Gils and Chris Thorup, a wound care tech, to see his beloved Seahawks play.

It was an entertaining game with an even better ending for Chad, as his team beat the Cardinals 22 to 16.

"It was very exciting," Chad said. "I had never been to a professional football game before. Our seats were good and the whole atmosphere was really exciting. I can't believe they did this for me. The people at the wound clinic are like a second family." ❧

**91.7%**  
**OF PATIENTS**  
who  
**received**  
**HYPERBARIC**  
**OXYGEN**  
**TREATMENTS**

**AVOIDED**  
**L I M B**  
amputation  
in the  
**FIRST**  
**YEAR**  
following  
  
**INJURY**



*Above: Dr. Carl Van Gils and Chris Thorup tailgating with Chad at the Seahawks game.*

*Left: The new hyperbaric chamber can now seat seven people.*



By Bailey McMurdie Parker

# THRIVING

## Camden Parker

Camden's Back!



726  
pediatric inpatients

were treated in  
2017

Camden Parker was born with Wolf-Hirschhorn syndrome, which means he has dealt with a lot of health issues in his 15 years.

"Camden has had 10 to 15 surgeries over the years," Alaina Parker, Camden's mom, said. "He has dealt with a lot of health issues on a regular basis that other little kids don't get like RSV, rotavirus

and more. We've been in and out of the hospital because of the syndrome."

Wolf-Hirschhorn syndrome symptoms vary from person-to-person. Camden cannot walk and is non-verbal, but his family has learned to communicate in other ways.

"He communicates by intonation and gesture," Alaina said. "We say that



he understands more than we think he does. We'll be having a conversation and someone will say something funny and he laughs just at the right time. He has a second wheelchair at home and he handles that like a boss."

Camden became very ill in 2017. He was hospitalized 10 times and had to be Life Flighted to Primary Children's Hospital in Salt Lake City twice.

On January 1, 2018, Camden was hospitalized at Dixie Regional and was Life Flighted again, eventually diagnosed with an internal hernia that was causing a complete gastric obstruction, pushing on his pancreas. He had major surgery to fix the obstruction and suffered from a lot of complications, leading to being hospitalized for the whole month of January. "We were in Dixie Regional's pediatric unit so often we were asking if we could cash in some frequent flyer miles," Alaina laughed.

Fortunately he's back to his regular teenage self again. "He's over the hump," Alaina said. "He can laugh and dance again. He is a teenager! He's bossy, moody and wants to sleep in. Seeing him start to thrive again is fun. Everyone that knows him says, 'Camden's back!'"

Camden has received most of his care in the pediatric unit at Dixie and the Parkers say they feel like they are spoiled.

"When we were getting ready to get on Life Flight on New Year's Day, the

charge nurse went and got snacks for us because she knew that by the time we got off Life Flight, we wouldn't have time to eat," Alaina said. "Little things like that make you think 'Wow, that person really cares.' Especially in those tense moments, because he was very sick, just something little like that makes a big difference.

"Camden has been at the edge a couple of times and caregivers have either made the right decision to transport him or done what was needed to make sure that he was healthy and safe. Dixie Regional has extended our time with him and we are very grateful for the care we have received." ❖



# INTERMOUNTAIN

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Shoemaker-Glessner



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# INTERMOUNTAIN

## *Dixie Regional Medical Center*



### Awards and Recognitions

- Dixie Regional certified as a **Level II Trauma Center**.
- Dixie Regional's Surgical Assessment Center was featured as a **national model** in **Becker's Hospital Review**.
- Dixie Regional began performing **TAVR procedures** (Transcatheter aortic valve replacement).
- U.S. News ranked Dixie Regional a **High Performing Hospital** for **Knee Surgery**.
- Dixie Regional received the Society of Thoracic Surgery's **highest rating** for **CABG surgery — 3 stars** — and was featured in **Consumer Reports**.
- Women's Choice named Dixie Regional **America's Best** for **Bariatrics, Obstetrics, Patient Safety, Heart Care, Orthopedics, Stroke Care and 100 Best Hospitals for Patient Experience**.
- Dr. Lincoln Nadauld, Medical Director for Intermountain Precision Genomics, was awarded the **Innovation Award** by **Utah Business Magazine**.
- Dixie Technology College named Dixie Regional the **Star Employer of the Year**.
- Intermountain Precision Genomics **held the first OPeN Conference** with participants from several major health systems.
- Dr. Erick Ridout and Jeannette Cutner won **Intermountain Healthcare's Osler's Cloak Award** for **dramatically decreasing infection rates and improving care for preemies**.
- Intermountain Precision Genomics **launches prospective study** called **PRECISE**.
- **Becker's Hospital Review** named Intermountain a **150 Top Places to Work in Healthcare**.
- Dixie Regional's Frailty Project was published in the **2018 Research in Cardiovascular Medicine Journal**.
- **Becker's Hospital Review** included Dixie Regional in their list of **51 Hospitals** with the **Lowest Heart Attack Rates in the nation**.
- Dixie Regional's spine program **risk-adjusted outcomes** are in the **top 10% nationally (Neuropoint Alliance Data)**.
- Dixie Regional partnered with Dixie State University to **initiate a new physician assistant program**.
- Women's Choice named us one of their **2018 America's 100 Best Hospitals for Patient Experience**.
- Dixie Regional received the **Get With the Guidelines GOLD-Plus Award** for **Stroke Care** from the **American Heart Association**.
- Dixie Regional won the **Studer Group Excellence in Patient Care Award**.



# INTERMOUNTAIN

## Dixie Regional Medical Center



### Directory of Services

#### Patient Information . . . . . 251-1000

Emergencies . . . . . 911

River Road InstaCare . . . . . 688-6300

Acceleration . . . . . 251-2256

Administration . . . . . 251-2101

Behavioral Health Access Center . . . . . 688-4212

Billing Questions . . . . . 688-5300

Cancer Services . . . . . 688-4175

Communications . . . . . 251-2156

Diabetes Education . . . . . 251-2888

Employment Opportunities\* . . . . . 251-2122

Financial Counseling . . . . . 251-1065

Foundation . . . . . 251-2480

Human Resources . . . . . 251-2122

Imaging Services . . . . . 251-1701

Intermountain Homecare, Hospice & Medical Equipment . . . . . 251-2367

Intermountain WorkMed . . . . . 251-2630

Jubilee Homes . . . . . 251-2123

Lab . . . . . 251-5022

LiVe Well Center . . . . . 251-3793

LiVe Well Library & Resource Center . . . . . 251-3785

Medical Records . . . . . 251-2304

Nutrition Services — Community . . . . . 251-3789

Rehabilitation Services . . . . . 251-2250

Same Day Surgery . . . . . 251-1590

SelectHealth Insurance . . . . . 251-2126

Social Services . . . . . 251-2445

Southern Utah Neurosciences Institute . . . . . 251-6800

Speakers Bureau . . . . . 251-2156

Volunteer Opportunities . . . . . 688-4129

Women's and Children's Services . . . . . 688-4430

Wound Clinic . . . . . 251-4000

**dixieregional.org**

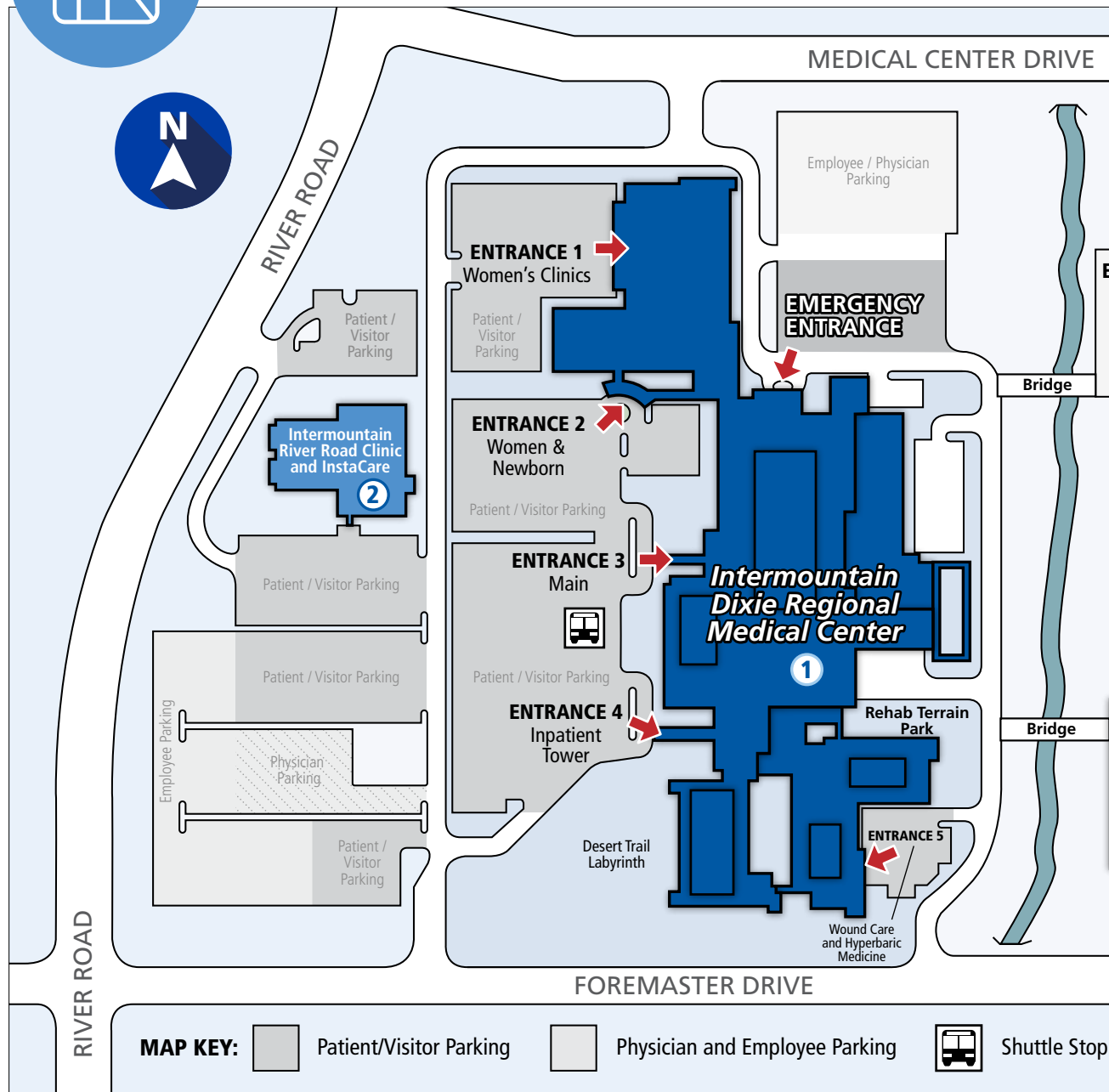
*\* Visit our website at [www.intermountain.jobs](http://www.intermountain.jobs) and follow us on Facebook and Twitter.*

# INTERMOUNTAIN

## *Dixie Regional Medical Center*



### Campus Map



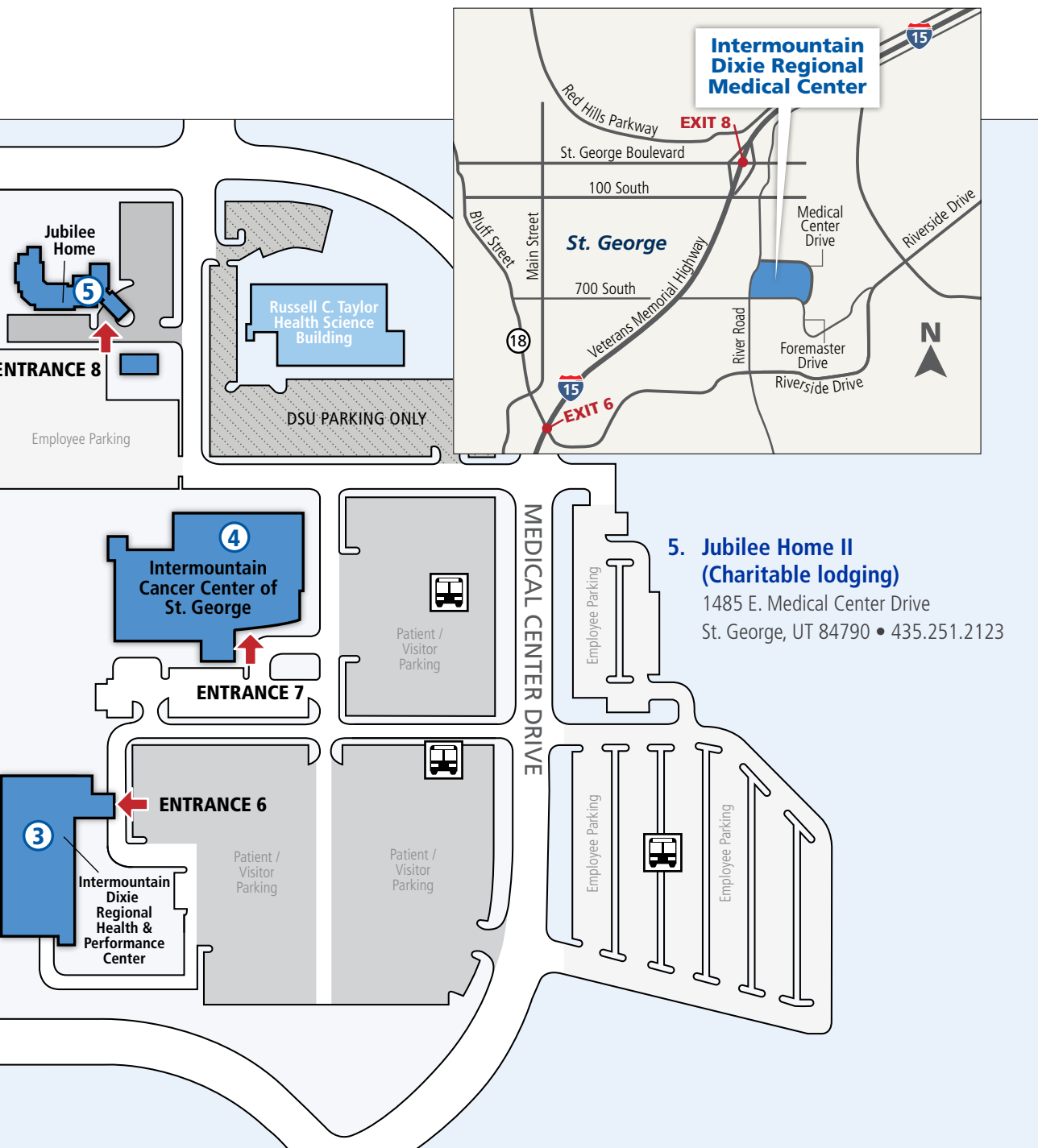
#### 1. Intermountain Dixie Regional Medical Center River Road Campus

1380 E. Medical Center Drive  
St. George, UT 84790 • 435.251.1000

#### 2. Intermountain River Road Clinic & InstaCare

577 S. River Road  
St. George, UT 84790 • 435.688.6300







1380 E. Medical Center Drive, St. George, UT 84790 • 435.251.1000

[dixieregional.org](http://dixieregional.org)