



Intermountain Retiree Annual Enrollment 2027

November 2–13, 2026

Retiree Annual Enrollment is an important time to understand your benefit choices and choose options that work best for you and your family. Remember, changes to your retiree insurance benefits will only be accepted during this period.

2027 Premiums

As you prepare for this year's Open Enrollment, please be aware that some premiums are increasing, while others will remain unchanged. Changes for the 2027 year are outlined in the table below.

	2026 Premiums	2027 Premiums
Dental Plans		
Individual Dental	\$ 32.00	\$ 36.00
Double Dental	\$ 70.00	\$ 78.00
Family	\$ 120.00	\$ 135.00
Idaho Individual Dental	\$ 32.00	\$ 36.00
Idaho Double Dental	\$ 70.00	\$ 78.00
Idaho Family	\$ 120.00	\$ 135.00
Vision Plans		
Individual Vision	\$ 5.29	\$ 5.91
Double Vision	\$ 10.05	\$ 10.93
Family Vision	\$ 14.76	\$ 15.36

How to Enroll or Cancel

Happy with your benefits as is? Great! No action is required if changes aren't needed.

If you would like to enroll in dental/vision, visit intermountainhealth.org/careers/retirees to download an enrollment form. Completed forms can be sent to RetirementOps@imail.org and coverage will be effective starting January 1, 2027. Please note, you must enroll in the dental insurance plan to enroll in the vision plan.

New ID cards will be mailed to you after December 18, 2026.

If you no longer wish to enroll in dental insurance, life insurance, and/or the vision plan, please send an email to RetirementOps@imail.org and include your name, employee ID number, or last four digits of your Social Security number.

Get Additional Support through Marketplace

Intermountain Health is pleased to partner with Select Health and Via Benefits, a simplified complimentary service, to help you discover which health coverage is your best option. Please contact

Select Health at **1-800-538-5038** or visit **selectthehealth.org**. You can contact Via Benefits at **1-855-803-2540** or **discoverviabenefits.com**.

Access Savings through iDiscounts

iDiscounts is Intermountain Health's exclusive caregiver discount program, powered by Abenity. There are thousands of local and national discounts available to help you live your healthiest—and happiest—life possible. Self-register in the Abenity discount program using the "Register" button at **intermountain.abenity.com** or download the mobile app through **intermountain.abenity.com/GO**.

Stay Connected with Your Pension using PensionConnect

If you have taken your pension benefit in the form of an annuity, you have access to an online tool called PensionConnect to manage your pension. Through PensionConnect, you can update your home address, email, bank information, and tax withholding information. You can also connect directly to The Bank of New York website, where you can view your pension payment history, direct deposit statements, and annual 1099R tax form. Visit **intermountain.ehr.com/ESS** to get started.

Going forward, we will be using email for future correspondence. Please use PensionConnect to update your email address by visiting **intermountain.ehr.com/ESS** or emailing us at **RetirementOps@imail.org**.

Legal Problems? There's Insurance for That.

We are pleased to offer you legal insurance through MetLife. For more information, please contact the MetLife Client Service Center at **800-821-6400** Monday - Friday, 8a.m. to 8p.m., ET. You can also create an account online at **members.legalplans.com**.

Stay Connected

Get the latest updates on your Intermountain benefits, informational articles, and other helpful resources for retirees online: **intermountainhealth.org/careers/retirees**.

Questions?

For more information about the information in this letter, the retiree enrollment period, or your retirement benefits, please contact **RetirementOps@imail.org**.
