



| 2024

# Community Health Improvement Plan

Holy Rosary Hospital





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## Executive Summary and Letter to the Community from the President

Community Health Needs Assessment (CHNA) is a systematic approach to determining the health status, behaviors and needs of people living in our area. *The full report is available on our website <https://www.sclhealth.org/locations/holy-rosary-healthcare/about/community-benefit/community-health-needs-assessment/>*

Following the needs assessment, we select health priorities to impact community health through direct and/or collaborative efforts. The Community Health Improvement Plan (CHIP) is the strategic document that outlines the hospitals' plans, actions and anticipated impact on the identified health needs.

### Summary:

- The CHNA was conducted by the Montana Office of Rural Health from October 2022 – February 2023.
- The geographic focus area for the CHNA was Custer County, MT and the communities of Forsyth, Terry, Glendive, Ekalaka, Plevna, Baker, Broadus, and Jordan.
- The CHNA was published on May 12, 2023.
- The Board of Directors formally adopted the 2023 CHNA May 16, 2023.
- Seven areas of opportunity were identified in the 2023 CHNA.
- Community members ranked these priorities at the top: Mental Health, Alcohol/Substance Use, Chronic Disease, Awareness of Health Services/Resources/Education, Access to Healthcare, Domestic Violence/Sexual Assault/Intimate Partner Violence, Housing Affordability.
- Holy Rosary Hospital's Leadership Team selected the following top three health priorities based on community priorities, strategic direction/assets, and current efforts: Access to Care, Behavioral Health (Mental Health and Substance Use), Chronic Disease Management and Prevention.
- Holy Rosary Hospital's Community Health Improvement Plan was formally adopted by the Montana Market Board of Directors on November 16, 2023.

## Letter from our President

For more than a century, Holy Rosary Hospital has been committed to improving the health of those we serve across eastern Montana. Our legacy began August 15, 1910, when the Presentation Sisters assumed management and later purchased the County Hospital in Miles City, renaming it Holy Rosary Hospital. Through the years, the hospital continued to grow and evolve. In 2022, Holy Rosary Hospital became part of Intermountain Health, a non-for-profit system of nearly 60,000 caregivers who serve the healthcare needs of people across the Intermountain West.



Throughout this growth and evolution, one thing has remained constant; Holy Rosary Hospital continues to identify and meet the needs of the community. Improving the health of our communities is a call to action embedded in our mission. Community members can most effectively live their healthiest lives possible when they live in healthy communities. As part of our ongoing commitment to community health improvement, we are working to improve access to healthcare services, increase behavioral and mental health resources, increase the use of preventive cancer screenings, and continue to provide care for the poor and vulnerable of our community.

As a care site of Intermountain Health, Holy Rosary Hospital has direct access to best practices in healthcare delivery, resources, technology, talent and strategic capital. Together, the physicians, providers, associates and volunteers of Holy Rosary extend God's healing love in the tradition of the Presentation Sisters, the Sisters of Charity, and our own rich history of providing care in eastern Montana.

With gratitude and blessings,

A handwritten signature in black ink that reads "Karen Costello". The signature is written in a cursive, flowing style.

Karen Costello  
President, Holy Rosary Hospital

## About Us

Founded in 1910, Intermountain Health Holy Rosary Hospital is eastern Montana's healthcare destination. Holy Rosary operates a 25-bed comprehensive acute-care critical access hospital, physician-based clinic, residential living/skilled nursing facility, and outpatient palliative and hospice care services. These robust offerings provide a complete continuum of care to a 10-county region of eastern Montana.



As part of Intermountain Health, Holy Rosary Hospital has direct access to best practices, resources, technology, talent, and strategic capital. The hospital offers expertise in Family Health and Wellness, Women's Health, Imaging, Cancer Care and Rehabilitation services.

## Our Mission

Helping people live the healthiest lives possible.

## Our Catholic Mission

We reveal and foster God's healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable.

## Our Values

**Caring Spirit** – We honor the sacred dignity of each person.

**Excellence** – We set and surpass high standards.

**Good Humor** – We create joyful and welcoming environments.

**Integrity** – We do the right thing with openness and pride.

**Safety** – We deliver care that seeks to eliminate all harm.

**Stewardship** – We are accountable for the resources entrusted to us.

## Community Health Needs Assessment

### Community Health Needs Assessment (CHNA) Methodology and Process

The 2023 CHNA was conducted by Holy Rosary Hospital and One Health in conjunction with the Montana Office of Rural Health. A Steering Committee consisting of representatives from public health, faith communities, government, social services, and businesses provided guidance for the entire CHNA process.

The CHNA study area includes each of the residential ZIP codes significantly represented by the number of inpatient and outpatient admissions including the communities of Miles City, Forsyth, Terry, Glendive, Ekalaka, Plevna, Baker, Broadus, Jordan, and Volberg.

The 2023 CHNA incorporated: 1) primary quantitative data (1,099 randomly selected household mailed surveys and an unrandomized online survey), 2) secondary quantitative data (existing public health data) and 3) primary qualitative data (key informant telephone interviews).



- 1) Primary Quantitative Data:** A total of 1,099 surveys were distributed amongst Holy Rosary Hospital's service area. One-hundred fifty-nine were completed for a 14.47% response rate. Based upon the sample size, we can be 95% confident that the responses to the survey questions are representative of the service area population, plus or minus 7.7%.

In addition to the randomized survey, Holy Rosary Hospital and One Health promoted an online survey with questions that corresponded to the randomized survey. The online survey had 81 respondents.



- 2) Secondary Quantitative Data:** A variety of existing (secondary) data sources were consulted to complement the research quality of the CHNA including US Census Bureau, CDC, National Center for Health Statistics, Kids Count Data Center, MT DPHHS, County Health Ranking, Behavioral Risk Factor Surveillance System, Kaiser State Health Facts, and Health Resources and Services Administration.



3) **Primary Qualitative Data:** Two focus groups were conducted with community representatives and three key informant telephone interviews were implemented to further gain perspective from community members and local organizations as part of the CHNA process. Twenty community stakeholders took part in the focus groups and key informant interviews.

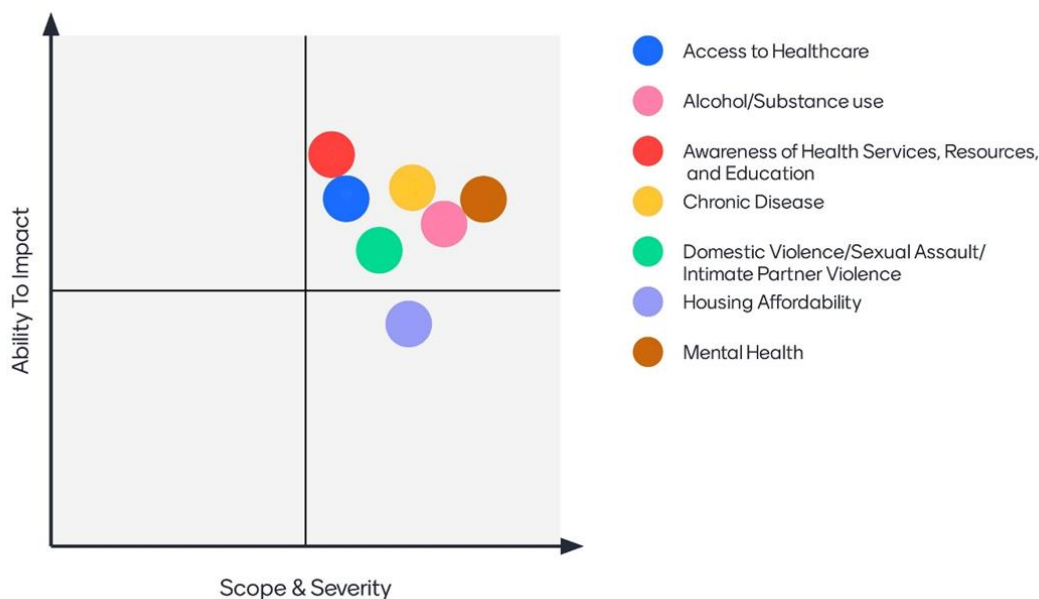
### Key Survey Results

Seven areas of need were identified through review of the primary data, secondary data, and key informant responses:

- Access to Healthcare
- Alcohol/Substance Use
- Awareness of Health Services, Resources, and Education
- Chronic Disease
- Domestic Violence/Sexual Assault/Intimate Partner Violence
- Housing Affordability
- Mental Health

### Community Stakeholder Prioritization:

Members of the community and members of the Holy Rosary Hospital Community Benefit Board Committee were presented with data from the CHNA and asked to prioritize the top needs based on two criteria: Ability to Impact and Scope/Severity of the Health Issue.



This process led to a community prioritization of:

1. Mental Health
2. Alcohol/Substance Use
3. Chronic Disease
4. Awareness of Health Services, Resources, Education
5. Access to Healthcare
6. Domestic Violence/Sexual Assault/Intimate Partner Violence
7. Housing Affordability

### **Prioritization**

Holy Rosary Hospital's leadership team reviewed the data and prioritized needs based on the following criteria:

- Ability to impact (internal and community resources)
- Scope and severity of issue (prevalence and impact on community)
- Community prioritization of issues
- Potential community partners
- Alignment with current efforts and strategies

From this process, three priority areas were identified as a focus for the 2024-2026 Community Health Improvement Plan:

- Access to Healthcare
- Behavioral Health (Mental Health and Substance Use)
- Chronic Disease Prevention and Management

### **Publication and Adoption of the CHNA**

The full CHNA report, including the executive summary and CHNA process, methodology and prioritized list of health needs can be found on our website, <https://www.sclhealth.org/locations/holy-rosary-healthcare/about/community-benefit/community-health-needs-assessment/>

**The Montana Market Board of Directors formally adopted the 2023 CHNA on May 16, 2023.**



## Community Health Improvement Plan

### Community Health Improvement Plan Priorities

Holy Rosary Hospital's Community Benefit Committee of the Board reviewed the results of the CHNA and recommended three priority focus areas: Access to Healthcare, Improved Behavioral Health Status and Chronic Disease Management and Prevention. Those recommendations were provided to Senior Leadership and the three priority areas were adopted.

The draft Community Health Improvement Plan was presented to the Holy Rosary Hospital's Community Benefit Committee of the Montana Market Board of Directors for review and input on July 19, 2023. Feedback from this Committee was incorporated into the final Community Health Improvement Plan.

**Holy Rosary Hospital's Community Health Improvement Plan was formally adopted by the Montana Market Board of Directors on November 16, 2023.**

### Community Health Improvement Plan Guiding Principles

There are five Community health improvement core strategies that support program development. We want to:

- Leverage community benefit investments toward the greatest area of impact to achieve our mission (*alignment with CHNA and vulnerable populations*)
- Utilize intervention strategies that are evidence-based and work to answer the sustainability question during program build
- Encourage innovation pilots that can address "dual" or disparate health needs
- Expand collective impact opportunities by engaging multi-sector partnerships
- Improve community engagement by highlighting community impact stories, increasing digital-based communication and attention to diversity and inclusion initiatives

In addition, whenever possible we want to align measurement objectives with other community improvement efforts locally, regionally, and nationally.

## 2024-2026 Community Health Improvement Strategies Overview

### Priority: Access to Healthcare Services

#### Strategies:

1. Increase opportunities to access health services, both in person and virtually
2. Increase workforce capacity to provide healthcare services

### Priority: Behavioral Health

#### Strategies:

1. Improve access to mental health services and resources
2. Improve supports for substance use treatment and prevention

### Priority: Chronic Disease Prevention and Management

#### Strategies:

1. Increase access to interventions for chronic disease prevention
2. Increase access to individual interventions for chronic disease management for individuals living with chronic disease



<p><b>Priority:</b></p> <p><b>Access to Healthcare Services</b></p>	<p><b>Vision: All residents will have access to comprehensive health services.</b></p> <p><b>Outcome Goal(s):</b></p> <ul style="list-style-type: none"> <li>• The percentage of adults in Holy Rosary’s primary service area reporting needing but not getting or delaying healthcare services will decrease by 5%; from 35.3% to 33.5% in 2026 (CHNA)</li> <li>• The percentage of adults in Holy Rosary’s primary service area reporting having a routine checkup in the past year will increase by 5%; from 74.7% to 78.4% in 2026 (CHNA)</li> </ul>
<p><b>Access to Healthcare Services</b>  <b>Strategy: Increase opportunities to access health services, both in person and virtually</b></p>	
<p><b>Objective:</b></p> <p>Reduce barriers to accessing healthcare services, such as transportation or living in a Healthcare Provider Shortage Area</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Custer County High School</li> <li>• Intermountain Health Medical Group</li> <li>• Leona M. and Harry B. Helmsley Charitable Trust</li> <li>• Miles Community College</li> <li>• St. Vincent Regional Hospital</li> </ul> <p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 35.3% of adults in Holy Rosary’s primary service area report some type of difficulty or delay in obtaining healthcare services in the past year (CHNA, 2023)</li> <li>• 50.3% of adults in Holy Rosary’s primary service area feel more specialists would improve the community’s access to healthcare (CHNA 2023)</li> <li>• 53.7% of adults in Holy Rosary’s primary service area feel more primary care providers would improve the community’s access to healthcare (CHNA 2023)</li> <li>• 25.7% of adults report fair or poor knowledge of available health services in the community (CHNA 2023)</li> </ul>

<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Specialty care outreach to rural communities	Intermountain Health Medical Provider Group  St. Vincent Regional Hospital	Number of communities served by specialist outreach (physical and virtual)	Target: Provide specialty outreach to six Eastern Montana communities annually  Outreach by 13 specialties
		Number of specialties providing outreach	Progress:
Virtual health visits to decrease barriers to access	Intermountain Health Medical Provider Group	Number of virtual health visits	Target: Provide an average of 1,000 virtual health visits annually
			Progress:
Provide skilled nursing long-term care and short-term transitional facility services	Holy Rosary Hospital Residential Living Unit	Number of beds provided	Target: 45 beds provided including one hospice bed
			Progress:
Recruitment of primary and specialty care providers to healthcare professional shortage area		Number of providers recruited	Target: Two providers recruited annually
			Progress:
Housing for Medical Providers in a designated healthcare professional shortage area		Number of providers or locums housed	Target: Housing will be provided for 20 medical providers annually
			Progress:

<p>Provide outpatient Hospice care services to a 20-mile radius</p>		<p>Hospice care services provided to community</p>	<p>Target: Services provided within a 20-mile radius</p> <p>Progress:</p>
<p>Provide cancer center services including a medical linear accelerator</p>	<p>Leona M. and Harry B. Helmsley Charitable Trust</p>	<p>Hospice care services provided to community</p>	<p>Target: Cancer Center will open by December 31, 2024</p> <p>Progress:</p>
<p>Increase awareness of available services</p>	<p>Community organizations</p>	<p>Communications tools to help increase awareness of services available locally including visiting specialists</p>	<p>Target: Tools will be developed and disseminated to help raise community awareness of locally available services</p> <p>Progress:</p>
<p>Provide robotic surgery services for Eastern Montana residents</p>	<p>Eastern Montana community hospitals</p>	<p>Robotic surgery services will be available to serve residents in Eastern Montana</p>	<p>Target: Robotic surgery services will be available by January 2024</p> <p>Progress:</p>
<p>Provide tele stroke services to residents in Eastern Montana</p>	<p>St. Vincent Regional Hospital</p>	<p>Tele stroke services will be available to serve residents in Eastern Montana</p>	<p>Target: CT scans may be read via tele stroke services to improve stroke outcomes</p> <p>Progress:</p>
<p>Provide athletic training and sports medicine support to local schools</p>	<p>Custer County High School</p>	<p>Athletic training services to prevent injury</p>	<p>Target: One athletic trainer will support local schools</p>

	Miles Community College		Progress:
Provide support groups for cancer patients, survivors, and caregivers		Number of support groups offered each month	Target: One cancer support group will be offered each month
			Progress:

**Access to Healthcare Services**  
**Strategy: Increase workforce capacity to provide healthcare services**

<p><b>Objective:</b></p> <p>Increase workforce capacity by serving as a training site for healthcare professions.</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Area High Schools</li> <li>• Miles Community College</li> <li>• Montana Area Health Education Center</li> <li>• Montana State University</li> <li>• RiverStone Health</li> <li>• Rocky Mountain College</li> <li>• University of Montana</li> <li>• WWAMI Education Program</li> </ul>
	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• Custer County is a Healthcare Provider Shortage area (HRSA, 2020)</li> </ul>

<i>Tactic(s)</i>	<i>Community Partner(s)</i>	<i>Metric</i>	<i>Status</i>
	Miles Community College	Number of students	Target: 17 nursing students at various

Nursing students complete clinical rotations Holy Rosary Hospital			levels in their training annually
			Progress:
CNA students complete clinical rotations at Holy Rosary Hospital	Miles Community College	Number of students	Target: Six students annually
			Progress:
Lab students complete training at Holy Rosary Hospital		Number of students	Target: One lab student annually
			Progress:
Physical Therapy students training at Holy Rosary Hospital	University of Montana	Number of students	Target: One student annually
			Progress:
Dietary students complete training at Holy Rosary Hospital	Montana State University	Number of students	Target: One dietary intern annually
			Progress:
Pharmacy students complete training at Holy Rosary Hospital	University of Montana	Number of students	Target: One pharmacy student annually

			Progress:
Physicians, Physician Assistants, and Nurse Practitioners complete training rotations at Holy Rosary Hospital	Rocky Mountain College  WWAMI Education Program	Number of students	Target: One Physician or Advanced Practice Provider annually
			Progress:
Sponsor development of a Rural Training Track for the Montana Family Medicine Residency Program	RiverStone Health	Rural Training Track	Target: Rural Training Track will be developed and implemented by December 31, 2026.
			Progress:
Youth gain interest in medical careers	Montana Area Health Education Center  High Schools	Number of events	Target: One opportunity annually
			Progress:

<p><b>Priority:</b></p> <p><b>Behavioral Health (Mental Health and Substance Use)</b></p>	<p><b>Vision: All residents will have improved mental health and less reported substance use.</b></p> <p><b>Outcome Goal(s):</b></p> <ul style="list-style-type: none"> <li>The percentage of adults in Holy Rosary’s primary service area rating their overall mental health as fair or poor will decrease 5%; from 13.4% to 12.73% in 2026 (CHNA)</li> </ul>
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- The percentage of adults in Holy Rosary’s primary service area reporting a negative impact on their lives by substance use will decrease 5%; from 23.7% to 22.5% in 2026 (CHNA)

**Behavioral Health**

**Strategy: Improve access to mental health services and resources**

**Objective:** Increase access to mental health resources to improve mental health status

**Partners:**

- Behavioral Health Advisory Committee
- Custer County Extension
- Eastern Montana Mental Health Center
- Intermountain Health Medical Group
- One Health
- Suicide Prevention Coalition of Yellowstone Valley
- United Way of Yellowstone County

**Need Indicator(s):**

- 13.4% of adults in Holy Rosary Hospital’s primary service area report their overall mental health as “fair” or “poor” (CHNA, 2023)
- 15.4% of adults in Holy Rosary Hospital’s primary service area report feeling depressed on most days (CHNA, 2023)
- 5% of adults in Holy Rosary Hospital’s primary service area report feeling isolated or lonely most days or every day (CHNA, 2023)
- Suicide rate deaths per 100,000 population was 30.1 for Custer County; higher than the state rate of 23.9 (CHNA, 2023)
- Custer County has a Health Professional Shortage Area (HPSA) Score of 18 out of 25 for mental health (CHNA 2023)

<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Integrate behavioral health services into inpatient and primary care clinic to increase access and decrease stigma	Intermountain Health Medical Group  Eastern Montana Mental Health Center	Number of behavioral health providers	Target: One behavioral health provider
			Progress:
Prenatal mental health and substance use screening	Intermountain Health Medical Group	Percentage of obstetric patients screened for mental health needs and substance use	Target: 90% of obstetric patients will be screened for mental health and substance use during prenatal visits
			Progress:
Provide gatekeeper training such as Mental Health First Aid or QPR to community members	Behavioral Health Advisory Committee  Suicide Prevention Coalition of Yellowstone Valley	Number of trainings promoted	Target: Promote a minimum of one mental health training for community members annually
			Progress:
Create opportunities for increased social connection	One Health  Custer County Extension	Number of opportunities for social connection	Target: Holy Rosary Hospital will promote at least two social connections opportunities or events

	<p>Miles Community College</p> <p>Miles City Chamber of Commerce</p>	<p>promoted by Holy Rosary Hospital</p>	<p>for community members annually to decrease social isolation, especially for seniors</p>
<p>Increase knowledge of available community resources to address mental health concerns</p>	<p>988</p> <p>MT 211</p> <p>United Way of Yellowstone County</p>	<p>Number of promotions for 988</p> <p>Number of residents utilizing MT211</p>	<p>Target:</p> <p>Provide at least two promotional opportunities for 988 each year.</p> <p>Increase from 60 to 63 the number of individuals utilizing MT211 annually.</p>
			<p>Progress:</p>
<p>Tele crisis services for behavioral Health</p>	<p>Intermountain Health</p>	<p>Crisis behavioral health services for in-patient</p>	<p>Target:</p> <p>Tele crisis services available</p>
			<p>Progress:</p>

**Behavioral Health**

**Goal: Improve supports for substance abuse treatment and prevention**

**Objective:** Increase access to substance use screening and prevention

**Partners:**

- Eastern Montana Mental Health Center
- Intermountain Health Medical Group
- Opioid Reduction Community Association (ORCA)
- United Way of Yellowstone County

Need Indicator(s):			
<ul style="list-style-type: none"> <li>• 23.7% of adults in Holy Rosary Hospital’s primary service area report their lives have been somewhat or greatly affected by substance use (CHNA, 2023)</li> <li>• 25% of adults in Custer County report excessive drinking versus a state rate of 22% and national rate of 15% (CHNA, 2023)</li> <li>• 19.3% report smoking during pregnancy compared to 16.5% in Montana and 7.2% across the United States (CHNA, 2023)</li> </ul>			
<i>Tactic(s)</i>	<i>Community Partner(s)</i>	<i>Metric</i>	<i>Status</i>
Prenatal substance use and mental health screening	Intermountain Health Medical Group	Percentage of obstetric patients screened for substance use and mental health needs	Target: 90% of obstetric patients will be screened for substance use and mental health needs during prenatal visits
			Progress:
Integrate behavioral health services into in-patient and primary care clinic to increase access and decrease stigma	Intermountain Health Medical Group  Eastern Montana Mental Health Center	Number of behavioral health service providers	Target: One behavioral health service provider
			Progress:
Increase knowledge of available community resources to address	988  MT 211	Number of promotions for 988	Target:

substance misuse concerns	United Way of Yellowstone County	Number of residents utilizing MT211	<p>Provide at least two promotional opportunities for 988 each year.</p> <p>Increase from 60 to 63 the number of individuals utilizing MT211 annually.</p>
			Progress:

<p><b>Priority:</b></p> <p><b>Chronic Disease Prevention and Management</b></p>	<p><b>Vision: All residents will lead a healthy lifestyle to the best of their ability.</b></p> <p><b>Outcome Goal(s):</b></p> <ul style="list-style-type: none"> <li>• The obesity rate of adults in Custer County will decrease 5% from 30% to 28.5% in 2026 (CHNA)</li> <li>• Rates of physical inactivity for adults in Custer County will decrease 5% from 23% to 21.8% in 2026 (CHNA)</li> <li>• The percentage of adults reporting receiving a blood pressure check in the past year will increase by 5% from 62.9% to 66% in 2026 (CHNA)</li> <li>• The percentage of adults reporting receiving diabetes/blood sugar check in the past year will increase by 5% from 42.1% to 44.2% in 2026 (CHNA)</li> </ul>
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**Chronic Disease Prevention and Management**  
**Goal: Prevent chronic disease occurrence through obesity prevention, increased physical activity, and screenings for early detection.**

<p><b>Objective:</b> Increase access to interventions for Chronic Disease Prevention</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Custer County High School</li> <li>• Intermountain Health Medical Group</li> <li>• Miles Community College</li> <li>• Montana Department of Public Health and Human Services (DPHHS)</li> <li>• Montana Extension Office</li> </ul>
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<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 30% of adults in Custer County are obese (CHNA 2023)</li> <li>• 23% of adults in Custer County are physically inactive (CHNA 2023)</li> <li>• Custer County age adjusted colorectal cancer screening rate is 56.6% compared to 64.5% for Montana overall (CHNA 2023)</li> <li>• Custer County age adjusted mammography rate is 68.4% compared to 73.4% in Montana overall (CHNA 2023)</li> </ul>			
<i>Tactic(s)</i>	Community Partner(s)	Metric	Status
Healthy Lifestyles Program (Diabetes & Heart Disease Prevention Program)	Montana Department of Public Health and Human Services (DPHHS)  Intermountain Health Medical Group	Percentage of participants losing an average of 5% of their starting body weight	Target: 45% of participants will lose an average of 5% of their starting body weight by the end of the program
			Progress:
Provide support for youth physical activity through athletic trainers	Custer County High School  Miles Community College	Number of schools or youth organizations supported	Target: Support two schools with athletic trainers
			Progress:

Increase preventive cancer screenings	Intermountain Health Medical Group	Percent of patients receiving recommended screenings	Target: 76% screened for breast cancer 73% screened for colorectal cancer
			Progress:
Community education for healthy lifestyles		Number of events focused on educating the community on chronic disease prevention	Target: One educational event annually
			Progress:
Low dose CT Lung Cancer Screening	Intermountain Health Medical Group	Number of individuals screened	Target: 400 screened annually
			Progress:

**Chronic Disease Prevention and Management**

**Goal: Increase disease management for individuals with chronic disease.**

**Objective:** Decrease hospitalization rates for chronic disease including diabetes and stroke

**Partners:**

- Community-based organizations
- Dialysis Clinic Inc. (DCI)
- Intermountain Health Heart and Vascular
- Intermountain Health Medical Group

	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 27.6% of adults in Holy Rosary Hospital's primary service area report caregiving for someone with dementia/Alzheimer's or advanced age/infirmity/frailty pressure (CHNA 2023)</li> <li>• 17.2% of adults in Holy Rosary Hospital's primary service area report caregiving for someone with heart disease/hypertension/stroke (CHNA 2023)</li> </ul>		
<i><b>Tactic(s)</b></i>	<i><b>Community Partner(s)</b></i>	<i><b>Metric</b></i>	<i><b>Status</b></i>
Outpatient Medical Nutrition Therapy	Intermountain Health Medical Group	Number of individuals with diabetes, heart disease and obesity utilizing medical nutrition therapy	Target: Six patients per month
			Progress:
Nutrition services for End Stage Renal Disease patients	Dialysis Clinic Inc. (DCI)	Number of hours per month	Target: 20 hours per month
			Progress:
A1C monitoring	Intermountain Health Medical Group	Percentage of patients with diabetes who have uncontrolled diabetes	Target: Less than 24% of patients with diabetes will have an A1C greater than 9.0%
			Progress:



Blood pressure control for individuals diagnosed with hypertension	Intermountain Health Medical Group	Percentage of patients with hypertension who have controlled blood pressure	Target: 75% of patients with hypertension will have blood pressure less than 140/90
			Progress:
Cardiology outreach services	Intermountain Health Heart & Vascular Institute	Number of months with outreach services provided	Target: Outreach services provided all 12 months annually
			Progress:
Provide Cardiac Rehabilitation program	Intermountain Health Medical Group	Number of new patients receiving cardiac rehabilitation	Target: 56 patients will receive cardiac rehabilitation services annually
			Progress:
Community education for chronic disease management to increase awareness of locally available services	Community-based organizations	Number of educational sessions related to chronic disease	Target: One educational session related to chronic disease management will be offered annually

		manage- ment	Progress:
Palliative care services	Intermountain Health Medical Group	Number of individuals served annually with palliative care services for chronic disease	Target:40 individuals will be served annually
			Progress:
Provide Pulmonary Rehabilitation program	Intermountain Health Medical Group	Number of new patients receiving pulmonary rehabilitation services	Target: 22 patients will receive pulmonary rehabilitation services annually
			Progress:
Provide skilled nursing long-term care facility services	Holy Rosary Healthcare Extended Care Unit	Number of beds provided	Target: 48 beds provided
			Progress:

### Other Significant Needs Not Prioritized

Each of the health needs identified in the CHNA are important and Intermountain Health Holy Rosary Hospital along with numerous partners throughout the community are addressing these needs through various innovative programs and initiatives. Some examples of these are provided below.

The Intermountain Health Holy Rosary Hospital CHIP will only address the priority areas listed above in order to maximize resources, expertise and time to achieve meaningful impact.

### Areas of Opportunity

#### Awareness of Health Services, Resources and Education

Addressed throughout priority focus areas

#### Domestic Violence/Sexual Assault/Intimate Partner Violence

Addressed by community based organizational partners

#### Housing Affordability

Addressed by community economic development partners

### Continuing the Work

The Community Health Improvement Plan is a living document that provides community health improvement directions for Intermountain Health Holy Rosary Hospital, its partners, community organizations and residents of Custer County, MT and surrounding communities. As such, the CHIP is a working document and will be updated and amended on an annual basis as new programs, partnerships, and collaborations develop. The progress of our work will be evaluated on an on-going basis, not simply at the three-year mark. Strategies and actions that do not yield the intended outcomes will be revised and re-implemented.

**Contact:** April Keippel, Community Health Director MT/WY Market, 406-237-3378  
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