



| 2024

# Community Health Improvement Plan

St. Vincent Regional Hospital



Intermountain  
Health



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## Executive Summary and Letter to the Community

Community Health Needs Assessment (CHNA) is a systematic approach to determining the health status, behaviors and needs of people living in our area. *The full report is available on our website <https://www.sclhealth.org/locations/st-vincent-healthcare/about/community-benefit/community-health-needs-assessment/>*

Following the needs assessment, we select health priorities to impact community health through direct and/or collaborative efforts. The Community Health Improvement Plan (CHIP) is the strategic document that outlines the hospitals' plans, actions and anticipated impact on the identified health needs.

### Summary:

- The CHNA was conducted by Professional Research Consultants, Inc. from June to August 2022.
- The geographic focus area for the CHNA was Yellowstone County, MT.
- The CHNA was published on January 4, 2023.
- The Board of Directors formally adopted the 2023 CHNA on May 16, 2023.
- Eleven areas of opportunity were identified in the 2023 CHNA.
- Community members ranked three priorities at the top: Substance Use; Mental Health; Nutrition/Physical Activity/Weight
- St. Vincent Regional Hospital's Leadership Team selected the top four health priorities based on three factors: Community Priorities, Strategic Direction/Assets, and Current Efforts:
  - Access to Care
  - Behavioral Health
  - Healthy Weight
  - Violence and Injury
- Intermountain Health St. Vincent Regional Hospital's Community Health Improvement Plan was formally adopted by the Board of Directors on November 16, 2023.



## Letter from the Vice President of Mission Integration

Founded in 1898, St. Vincent Healthcare has faithfully served the Billings community and its surrounding region for 125 years. From its humble beginning as Billings' first hospital with a mission to care for the community and serve the poor to becoming an innovative nationally ranked hospital, St. Vincent remains steadfast in its mission of improving the health of those we serve, especially the poor and vulnerable.



Improving the health of our communities is a call to action embedded in our mission. Community members can most effectively live their healthiest lives possible when they live in healthy communities. As part of our ongoing commitment to community health improvement, we are working to address a growing obesity rate, increase access to mental health resources, decrease rates of injury and violence and ensure all residents have access to comprehensive and quality health services. Our Community Health Improvement Plan prioritizes these identified needs and provides actionable steps to address them.

As healthcare delivery continues to transform, we remain guided by our Catholic Mission to “reveal and foster God’s healing love by improving the health of the people and communities we serve, especially those that are poor or vulnerable.” As we carry on the tradition of the Sisters who came to Montana nearly 150 years ago, we continue to look forward to the good that is yet to be.

With gratitude and blessings,

A handwritten signature in black ink that reads "Tracy Neary".

Tracy Neary  
Vice President Mission Integration, St. Vincent Regional Hospital

## About Us

Founded in 1898, Intermountain Health St. Vincent Regional Hospital is a 286 licensed bed not-for-profit, faith-based, mission-driven hospital with 36 clinics, based in Billings, Montana. St. Vincent is the state's second largest tertiary care hospital and serves as a regional destination hospital with a comprehensive range of services including: a Level II Trauma Center, Heart and Vascular Center of Excellence; world-renown Neurosurgery; Orthopedic and Spine Center of Excellence; General Surgery with Robotics; Designated "Breast Center of Excellence"; only medical helicopter in Billings; one of the region's only multidisciplinary pediatric specialty clinics; a Level III Neonatal Intensive Care Unit and Montana and Wyoming's only 24/7 staffed Pediatric Intensive Care Unit.



One of Montana's leading comprehensive hospitals, St. Vincent Regional Hospital and its 431 medical staff, is a technological leader that serves a rural, sparsely populated four-state area with just over 1,748 employees caring for people during 400,000 plus hospital and clinic visits annually. As part of Intermountain Health, St. Vincent has direct access to best practices, resources, technology, talent, and strategic capital.

One of Montana's leading comprehensive hospitals, St. Vincent Regional Hospital and its 431 medical staff, is a technological leader that serves a rural, sparsely populated four-state area with just over 1,748 employees caring for people during 400,000 plus hospital and clinic visits annually. As part of Intermountain Health, St. Vincent has direct access to best practices, resources, technology, talent, and strategic capital.

## Our Mission

Helping people live the healthiest lives possible.

## Our Catholic Mission

We reveal and foster God's healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable.

## Our Values

**Caring Spirit** – We honor the sacred dignity of each person.

**Excellence** – We set and surpass high standards.

**Good Humor** – We create joyful and welcoming environments.

**Integrity** – We do the right thing with openness and pride.

**Safety** – We deliver care that seeks to eliminate all harm for patients and associates.

**Stewardship** – We are accountable for the resources entrusted to us.

## Community Health Needs Assessment

### Community Health Needs Assessment (CHNA) Methodology and Process

A Community Health Needs Assessment is a critical tool used to understand the health status of a population or community. It presents information and analysis on important data measures and identifies areas where action and intervention can make a difference. Intermountain Health St. Vincent Regional Hospital conducted the 2023 CHNA in partnership with Billings Clinic, a hospital located in Billings, MT, the city-county health department, RiverStone Health, and the Rehabilitation Hospital of Montana, a specialty hospital. The 2023 CHNA was a follow-up to similar studies conducted in 2020, 2017, 2014, 2011, and 2006. The 2023 CHNA was conducted by Professional Research Consultants, Inc. (PRC). PRC is a nationally recognized healthcare consulting firm with extensive experience conducting CHNAs in hundreds of communities.

The CHNA study area encompasses Yellowstone County and includes each of the residential ZIP codes significantly represented in the county. Yellowstone County is a common patient base among the four collaborating entities sponsoring this study. RiverStone Health's jurisdictional authority is only within the county, which is a shared primary service area with Billings Clinic, Intermountain Health St. Vincent Regional Hospital, and the Rehabilitation Hospital of Montana.

The 2023 CHNA incorporated: 1) primary quantitative data (a 400-household telephone community health survey and 294 online community outreach surveys), 2) secondary quantitative data (existing public health data) and 3) primary qualitative data (194 online key informant surveys).



**1) Primary Quantitative Data:** the sample drawn for this survey is representative of the adult Yellowstone County population in terms of demographic and socioeconomic characteristics, as well as geographical location. The maximum error rate associated with the total sample of 694 residents is  $\pm 3.7\%$  at the 95 percent level of confidence. Existing vital statistics and other data are incorporated into this assessment for Yellowstone County. Comparisons are also made, where available, to state and national benchmarks. Furthermore, wherever possible, health promotion goals outlined in Healthy People 2030 are included.



**2) Secondary Quantitative Data:** a variety of existing (secondary) data sources were consulted to complement the research quality of the community health needs assessment. Secondary data for Yellowstone County was obtained from the following sources: Center for Applied Research and Environmental Systems (CARES), Centers for Disease

Control & Prevention, Community Commons, ESRI ArcGIS Map Gallery, National Cancer Institute State Profiles, Open Street Map, National Center for Health Statistics, Montana Department of Public Health & Human Services, Montana Board of Crime Control, US Census Bureau, US Department of Health and Human Services and the US Department of Justice, Federal Bureau of Investigation.



3) **Primary Qualitative Data:** an online key informant survey was implemented to further gain perspective from community members and local organizations as part of the CHNA process. Participants included representatives from healthcare, public health, government, business, and community leaders, including faith communities. 86 community stakeholders took part in the key informant survey.

### Key Survey Results

Areas of Opportunity were identified based on the compiled data including input from the key informants, results of the phone survey and the secondary data. The areas of opportunity were determined after consideration of various criteria including standing in comparison with benchmark data (particularly national data); identified trends; the preponderance of significant findings within topic area; the magnitude of the issue in terms of number of persons affected; and the potential health impact of a given issue. Eleven areas of opportunity were identified in the 2023 CHNA:

- Access to Healthcare Services
- Cancer
- Diabetes
- Heart Disease and Stroke
- Injury and Violence
- Mental Health
- Nutrition, Physical Activity and Weight
- Potentially Disabling Conditions
- Respiratory Disease
- Sexual Health
- Substance Abuse

Yellowstone County has been growing in population with a 11.3% increase between the 2010 and 2020 US Censuses; this was a greater proportional increase than seen across both the state of Montana and the United States overall. Yellowstone County is



predominantly urban with 83.3% of the total population of 160,390 residents residing in urban areas.

89.2% of Yellowstone County residents are White, 4.0% are Native American, 2.8% are some other race and 4.1% are multiple races. A total of 5.9% of Yellowstone County residents are Hispanic or Latino and 0.3% are linguistically isolated.

Poverty levels show 9.6% of Yellowstone County adults and 11.5% of children living below the Federal Poverty Level. Individuals living in lower socioeconomic status reported more health problems and lower health status throughout the 2023 CHNA.

### Community Stakeholder Involvement

Community stakeholders were involved throughout the CHNA process. A CHNA Advisory Group and subcommittees were established consisting of individuals with expertise in engaging community members, data use and analysis and promoting the CHNA to end users. The Advisory Group members represented multiple sectors and provided input throughout the CHNA process.

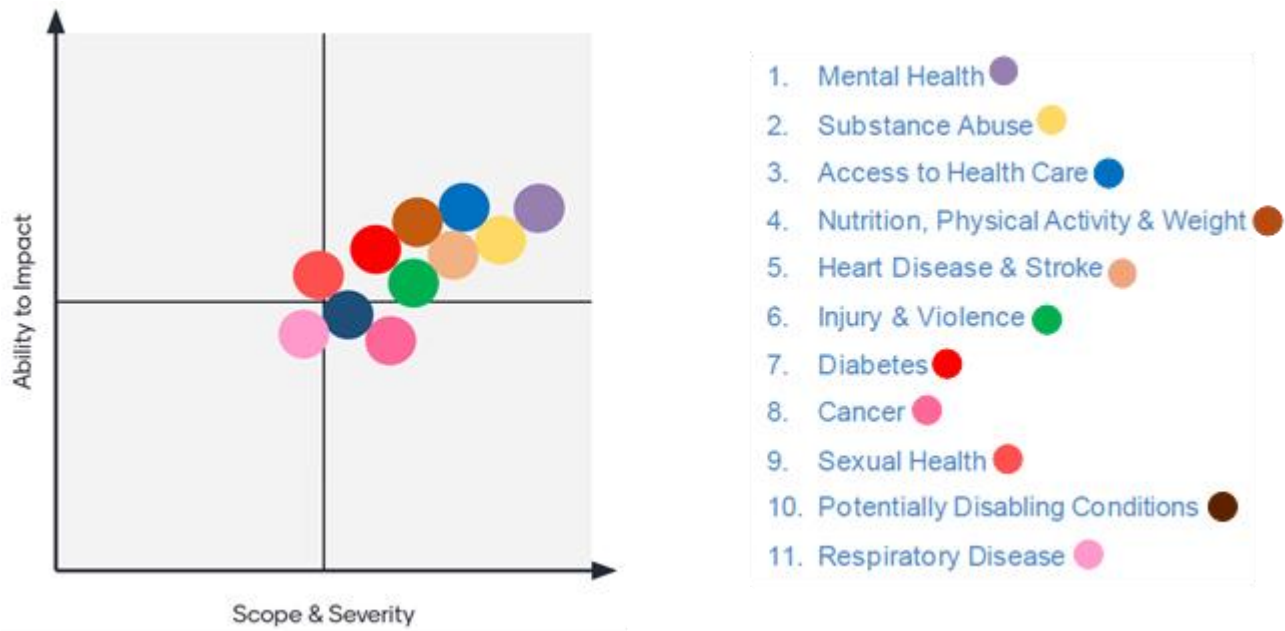
Prior to the public release of the CHNA results, a community-wide forum was convened on November 18, 2022, to garner input from the community on health improvement priorities and interventions. At the community meeting, with nearly 100 people in attendance, the CHNA results were shared, and community members provided their feedback via a formalized individual electronic voting exercise.





## Community Stakeholder Prioritization

Participants were asked to rank each item from 1 – 10, with 1 being a low score and 10 being the highest score. Each of the 11 areas of opportunity were scored based on two criteria: scope and severity, and ability to impact. A statistical mean was calculated and then plotted on a grid. The community prioritized the 11 areas as follows:



## Prioritization

St. Vincent Regional Hospital's leadership team reviewed the data and prioritized needs based on the following criteria:

- Ability to impact (internal and community resources)
- Scope and severity of issue (prevalence and impact on community)
- Community prioritization of issues
- Potential community partners
- Alignment with current efforts and strategies

From this process, four priority areas were identified as a focus for the 2024-2026 Community Health Improvement Plan:

- Access to Healthcare
- Behavioral Health (Mental Health and Substance Use)
- Physical Activity, Nutrition and Healthy Weight
- Violence and Injury Prevention

### Publication and Adoption of the CHNA

The CHNA was published on January 4, 2023. The full CHNA report, including the CHNA process, methodology and prioritized list of health needs, can be found on our website: <https://www.sclhealth.org/locations/st-vincent-healthcare/about/community-benefit/community-health-needs-assessment/>

Along with the publication of the report, an executive summary and infographic were also released to present material in an accessible way: [https://www.healthy-bydesignyellowstone.org/wp-content/uploads/2023/01/Report\\_2023CHNA\\_ExecutiveSummary\\_Final\\_2023.01.03.pdf](https://www.healthy-bydesignyellowstone.org/wp-content/uploads/2023/01/Report_2023CHNA_ExecutiveSummary_Final_2023.01.03.pdf)

The CHNA was publicized through a variety of channels, most notably through a press release and press conference hosted by Intermountain Health St. Vincent Regional Hospital, Billings Clinic, RiverStone Health, and the Rehabilitation Hospital of Montana.

**The Community Benefit Committee of St. Vincent Regional Hospital Board of Directors formally adopted the 2023 CHNA on May 16, 2023.**



*Photo credit: Visit Billings*

## Community Health Improvement Plan

A community process was undertaken to create an improvement plan for the Healthy By Design Coalition - available on the Healthy By Design website [www.hbdyc.org](http://www.hbdyc.org). The community-based Community Health Improvement Plan addresses the priority areas of healthy weight, mental health and substance use through a framework of healthy neighborhoods, healthy connections, healthy investments and strengthening partnerships.

St. Vincent Regional Hospital's Community Benefit Committee of the Board reviewed the results of the CHNA and recommended four priority focus areas: Access to Care, Behavioral Health, Injury and Violence, and Healthy Weight Status. Those recommendations were provided to Senior Leadership and four priority areas were adopted.

The draft Community Health Improvement Plan was presented to the St. Vincent Regional Hospital Community Benefit Committee for review and input on July 20, 2023. Feedback from this committee was incorporated into the final Community Health Improvement Plan.

**Intermountain Health St. Vincent Regional Hospital's Community Health Improvement Plan was formally adopted by the Board of Directors on November 16, 2023.**

### Community Health Improvement Plan Guiding Principles

There are five community health improvement core strategies that support program development. We want to:

- Leverage community benefit investments toward the greatest area of impact to achieve our mission (*alignment with CHNA and vulnerable populations*)
- Utilize intervention strategies that are evidence-based and work to answer the sustainability question during program build
- Encourage innovation pilots that can address "dual" or disparate health needs
- Expand collective impact opportunities by engaging multi-sector partnerships
- Improve community engagement by highlighting community impact stories, increasing digital-based communication and attention to diversity and inclusion initiatives

## 2024-2026 Community Health Improvement Strategies Overview

### Collective Community Health Improvement Plan – Healthy By Design Coalition



The collective Community Health Improvement Plan includes shared objectives for Billings Clinic, RiverStone Health, Intermountain Health St. Vincent Regional Hospital and numerous community partners to address mental health, substance use, access to healthcare and physical activity/nutrition/healthy weight status through three areas: healthy neighborhoods, healthy connections, and healthy investments. These collective strategies are an integral part of St. Vincent Regional Hospital's Community Health Improvement Plan and can be found at [www.hbdyc.org](http://www.hbdyc.org).

### St. Vincent Regional Hospital Community Health Improvement Plan Overview

#### Priority: Access to Healthcare Services

##### Strategies:

1. Increase opportunities to access health services, both in person and virtually
2. Increase workforce capacity to provide healthcare services

#### Priority: Behavioral Health

##### Strategies:

1. Improve access to mental health services and resources
2. Improve supports for substance use treatment and prevention

#### Priority: Healthy Weight Status

##### Strategies:

1. Improve access to physical activity opportunities and healthier food choices
2. Increase access to individual interventions for obesity prevention

#### Priority: Violence and Injury Prevention

##### Strategies:

1. Increase access to injury prevention education and outreach
2. Improve supports for violence and injury prevention



<p><b>Priority:</b></p> <p><b>Access to Healthcare Services</b></p>	<p><b>Vision: All residents will have access to comprehensive health services.</b></p> <p><b>Outcome Goal(s):</b></p> <ul style="list-style-type: none"> <li>• The percentage of Yellowstone County adults reporting difficulty or delay in obtaining healthcare services will decrease by 5%; from 45.4% to 43.1% in 2026 (CHNA)</li> <li>• The percentage of Yellowstone County adults reporting a routine check-up will increase by 5%; from 67.0% to 70.3% in 2026 (CHNA)</li> </ul>		
<p><b>Access to Healthcare Services</b>  <b>Strategy: Increase opportunities to access health services, both in person and virtually</b></p>			
<p><b>Objective:</b></p> <p>Reduce barriers to accessing healthcare services, such as transportation or living in a Healthcare Provider Shortage Area</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Cody Regional Health</li> <li>• DPHHS Emergency and Trauma System</li> <li>• Indian Health Services</li> <li>• Intermountain Health Medical Group</li> <li>• Holy Rosary Hospital</li> <li>• St. James Hospital</li> <li>• The Rehabilitation Hospital of Montana</li> <li>• Yellowstone County</li> </ul>		
	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 45.4% of Yellowstone County adults report some type of difficulty or delay in obtaining healthcare services in the past year (CHNA, 2023)</li> <li>• 67% of adults report a routine check-up in the past year compared to 74.9% in Montana overall (CHNA, 2023)</li> </ul>		
<p><b>Tactic(s)</b></p>	<p><b>Community Partner(s)</b></p>	<p><b>Metric</b></p>	<p><b>Status</b></p>

<p>Mobile Mammography Coach travels to rural and tribal communities to provide increased access to mammography screening</p>	<p>Crow Tribe Northern Cheyenne Tribe Rural communities</p>	<p>Number of community sites Number of mammograms performed</p>	<p>Target: 63 sites will be served by mobile mammography 3,500 mobile mammograms provided annually  Progress:</p>
<p>Primary Clinic access in rural communities</p>	<p>Intermountain Health Medical Group</p>	<p>Number of communities with primary care clinics</p>	<p>Target: Provide five rural communities with access to primary care clinics  Progress:</p>
<p>Walk-in Care access</p>	<p>Intermountain Health Medical Group</p>	<p>Number of walk-in clinics</p>	<p>Target: Provide five neighborhood walk-in clinics  Progress:</p>
<p>Specialty care outreach to rural and tribal communities</p>	<p>Rural communities Indian Health Service Crow Tribe</p>	<p>Number of communities provided specialty outreach Number of specialties</p>	<p>Target: Provide specialty outreach to 14 outlying communities Outreach by 16 specialties</p>

	Northern Cheyenne Tribe	providing outreach	Progress:
Acute In-patient rehabilitation services	Rehabilitation Hospital of Montana Billings Clinic Lifepoint Rehabilitation	Number of beds for treatment and recovery of individuals with loss of function due to injury or illness	Target: 34 beds to serve Montana and Wyoming
			Progress:
Outreach events for preventive screenings including diabetes and high blood pressure	Montana State University Billings Adult Resource Alliance Laurel Community Center	Number of events	Target: Provide four screening events annually
Virtual Health and Telemedicine Access	Intermountain Health Medical Group	Number of virtual health/telemedicine visits	Target: 12,000 virtual health visits annually

			Progress:
Increase access to emergency flight transport services	Cody Regional Health	Establishment of flight program to serve the Greater Wyoming Basin Region	Target: One rotor wing aircraft
			Progress:
Increase access to emergency ground transportation services	Yellowstone County	Establishment of ground transportation program	Target: One ambulance service to transport patients between hospitals
			Progress:
Enhanced trauma services	DPHHS Emergency and Trauma System	Services and specialists available to improve access and patient outcomes	Target: Increase patients receiving trauma care by 5%
			Progress:

**Access to Healthcare Services**

**Strategy: Increase workforce capacity to provide healthcare services**

**Objective:**

Increase workforce capacity by serving as a training site for healthcare professions.

**Partners:**

- Billings Catholic Schools
- Billings Public Schools
- Carroll College
- City College - MSU Billings
- Great Falls College



	<ul style="list-style-type: none"> <li>• HOSA</li> <li>• Intermountain Health St. Joseph Hospital</li> <li>• Montana Area Health Education Center (AHEC)</li> <li>• Montana State University Billings</li> <li>• Montana State University Bozeman</li> <li>• RiverStone Health</li> <li>• Rocky Mountain College</li> <li>• Rocky Vista University Montana College of Osteopathic Medicine</li> <li>• University of Montana Missoula</li> </ul>
	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• Yellowstone County is surrounded by Healthcare Provider Shortage areas based on geographies and low- income (Montana Primary Care Needs Assessment, 2016)</li> </ul>

<i><b>Tactic(s)</b></i>	<i><b>Community Partner(s)</b></i>	<i><b>Metric</b></i>	<i><b>Status</b></i>
Medical student rotations at St. Vincent Regional Hospital	Rocky Visa University Montana	Number of students	Target: Student rotations beginning Fall 2025
			Progress:
Nursing students complete clinical rotations at St. Vincent Regional Hospital	Montana State University Billings  City College	Number of students	Target: 100 nursing students at various levels in their training annually

			Progress:
Pharmacy students and pharmacy residents complete training at St. Vincent Regional Hospital	University of Montana	Number of students	Target: Four students annually
			Progress:
Surgical tech students complete training at St. Vincent Regional Hospital	Great Falls College City College	Number of students	Target: Four students annually
			Progress:
			Progress:
Paramedic students complete training at St. Vincent Regional Hospital	City College at Montana State University Billings	Number of students	Target: Twenty students annually
			Progress:
Clinical Pastoral Education (CPE) students complete training at St. Vincent Regional Hospital	Faith communities in Montana Healthcare facilities in Montana	Number of students	Target: Eight students enrolled in CPE program
			Progress:
Montana Family Practice Residency students training at St.	RiverStone Health	Number of physician residents	Target: 24 resident physicians annually

Vincent Regional Hospital			
			Progress:
Surgical residents complete training at St. Vincent Regional Hospital	St. Joseph Hospital	Number of surgical residents	Target: One surgical resident annually
			Progress:
Physician Assistant students complete training at St. Vincent Regional Hospital	Rocky Mountain College  Intermountain Health Medical Group	Number of Physician Assistant students	Target: 45 PA students annually
			Progress:
Nurse Practitioner students complete training at St. Vincent Regional Hospital	Gonzaga University, Walden University, Chamberlain University, Frontier Nursing, Regis University	Number of Nurse Practitioner students	Target: 25 Nurse Practitioner students annually

			Progress:
Therapy students training at St. Vincent Regional Hospital	University of Montana  Rocky Mountain College	Number of physical therapy and occupational therapy students	Target: 10 therapy students annually
			Progress:
Dietary students complete training at St. Vincent Regional Hospital	Montana State University Bozeman	Number of students	Target: Two dietary interns annually
			Progress:
High School students at Career Center provided opportunities to explore medical careers	Billings School District 2	Number of students	Target: 120 students annually
			Progress:
Opportunities to explore medical careers	Billings Catholic Schools	Number of programs	Target: Two opportunities annually
	Montana AHEC  HOSA		Progress:



<p><b>Priority:</b></p> <p><b>Behavioral Health (Mental Health and Substance Use)</b></p>	<p><b>Vision: All residents will have improved mental health and less reported substance use.</b></p> <p><b>Outcome Goal(s):</b></p> <ul style="list-style-type: none"> <li>• The percentage of Yellowstone County adults rating their overall mental health as good, very good or excellent will increase 5%; from 79.3% to 83.3% in 2026 (CHNA)</li> <li>• The percentage of Yellowstone County adults reporting a negative impact on their lives by substance use will decrease 5%; from 43.4% to 41.2% in 2026 (CHNA)</li> </ul>
<p><b>Behavioral Health Strategy: Improve access to mental health services and resources</b></p>	
<p><b>Objective:</b> Increase access to mental health resources to improve mental health status</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Intermountain Health Medical Group</li> <li>• Community Crisis Center</li> <li>• Corporation for National and Community Service</li> <li>• Intermountain Health</li> <li>• Suicide Prevention Coalition of Yellowstone Valley</li> <li>• United Way of Yellowstone County</li> </ul> <hr/> <p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 20.7% of adults in Yellowstone County report their overall mental health is “fair” or “poor”; this response has increased significantly since 2005 (CHNA 2023)</li> <li>• 32.3% of adults in Yellowstone County have been diagnosed with a depressive disorder; higher than MT and U.S. rates (CHNA, 2023)</li> <li>• Average age-adjusted suicide rate deaths per 100,000 population was 26.0 between 2018 and</li> </ul>

	<p>2020; similar to MT rates and higher than the national rate; higher than Healthy People 2030 target of 12.8 or lower. (CHNA, 2023)</p> <ul style="list-style-type: none"> <li>• 24.1% of adults overall, 32.4% of adults under the age of 40, 33.1% of low-income adults, and 41.7% of persons of color reported considering suicide (CHNA, 2023)</li> </ul>		
<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Integrate behavioral health services into primary care clinic locations throughout Montana to increase access and decrease stigma	Intermountain Health Medical Group	Number of communities with integrated behavioral health services	Target: Five communities with integrated behavioral health services
			Progress:
Increase knowledge of available community resources to address mental health concerns	988 MT 211 United Way of Yellowstone County	Number of promotion for 988  Number of residents utilizing MT211	Target:  Provide at least two promotional opportunities for 988 each year
			Increase from 4,073 to 4,276 the number of individuals utilizing MT211 annually
			Progress:

Provide support for community access to mental health services	Community Crisis Center	Number of resolved visits	Target: 10,000 resolved visits to the Community Crisis Center annually
			Progress:
Provide support for community organizations and coalitions addressing mental health needs	Suicide Prevention Coalition of Yellowstone Valley	Number of organizations addressing mental health needs supported by St. Vincent Healthcare	Target: Support at least three coalitions or organizations addressing mental health needs annually with in-kind and/or financial contributions
	Healthy By Design Coalition Substance Abuse Connect		
			Progress:
Prenatal mental health and substance use screening	Intermountain Health Medical Group	Percentage of obstetric patients screened for mental health and substance use	Target: 90% of obstetric patients will be screened for mental health and substance use during prenatal visits
	Substance Abuse Connect Coalition Healthy SPARK Coalition		
			Progress:

	Indian Health Services		
Support opportunities for increased social connection	Healthy By Design Coalition	Coordinate with Age Friendly Billings Coalition; Relaunch recognition initiatives	Target: Relaunch three Healthy By Design Recognition initiatives to increase the number of healthy events, food trucks, and workplaces  Finalize a coalition workplan
			Progress:
Provide mentoring for youth by low-income seniors through the Foster Grandparent Program	Corporation for National and Community Service  Northern Cheyenne Tribe  Crow Tribe  Ft. Belknap Tribe	Number of hours served by volunteers in the Foster Grandparent Program	Target: Foster Grandparents will serve 30,276 hours annually
			Progress:
Provide suicide prevention gatekeeper training	Suicide Prevention Coalition of Yellowstone Valley	Number of QPR or other gatekeeper	Target: A minimum of one gatekeeper training will be promoted annually

	Zero Suicide Initiative	trainings offered	
			Progress:
Tele crisis services for behavioral Health	Intermountain Health	Crisis behavioral health services for inpatient	Target: Tele crisis services available
			Progress:

**Behavioral Health**

**Goal: Improve supports for substance use treatment and prevention**

**Objective:** Collaborate with community partners to address substance use through prevention and treatment

**Partners:**

- Community Crisis Center
- Intermountain Health Medical Group
- Montana Healthcare Foundation
- Rimrock
- Substance Abuse Connect Coalition
- United Way of Yellowstone County

**Need Indicator(s):**

- 43.4% of adults in Yellowstone County report their lives have been negatively affected by substance use; higher than the U.S. average of 35.8%. 57.5% of persons of color reported negative impacts from substance use (CHNA, 2023)



<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Prenatal substance use and mental health screening	Intermountain Health Medical Group  Substance Abuse Connect Coalition  Healthy SPARK Coalition  Indian Health Services	Percentage of obstetric patients screened for substance use and mental health needs	Target: 90% obstetric patients will be screened for substance use and mental health during prenatal visits  Progress:
Integrate behavioral health services into primary care clinic locations throughout Montana to increase access and decrease stigma	Intermountain Health Medical Group	Number of communities with integrated behavioral health services	Target: 5 communities with integrated behavioral health services  Progress:
Increase knowledge of available resources to address substance use	988  MT 211  United Way of Yellowstone County	Number of promotion for 988  Number of residents utilizing MT211	Target:  Provide at least two promotional opportunities for 988 each year  Increase from 5,791 to 6,370 the number of individuals utilizing MT211 annually.

			Progress:
Provide support for community organizations addressing substance use	Community Crisis Center Substance Abuse Connect Coalition Healthy By Design Coalition Rimrock	Number of organizations addressing substance use supported by St. Vincent Healthcare	Target: A minimum of three organizations and/or coalitions addressing substance use will be supported in-kind and/or financially each year
			Progress:
Tele crisis services for behavioral Health	Intermountain Health	Crisis behavioral health services for inpatient	Target: Tele crisis services available
			Progress:

<p><b>Priority:</b></p> <p><b>Healthy Weight (Nutrition and Physical Activity)</b></p>	<p><b>Vision: All residents will be at a healthy weight.</b></p> <p><b>Outcome Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• Increase the proportion of residents who are at a healthy weight in Yellowstone County by 5%; from 26.7% to 28% by 2026 (CHNA)</li> <li>• Decrease the proportion of Yellowstone County residents who find it very/somewhat difficult to buy fresh produce from 27.4% to 26.0% by 2026 (CHNA)</li> <li>• Increase the proportion of Yellowstone County residents who are meeting physical activity guidelines from 29.3% to 30.8% by 2026 (CHNA)</li> </ul>
<p><b>Healthy Weight</b>  <b>Goal: Improve access to physical activity opportunities and healthier food choices</b></p>	
<p><b>Objective:</b> Increase intake of fruits and vegetables and increase rates of physical activity</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• City of Billings</li> <li>• Big Sky State Games</li> <li>• Billings School District 2</li> <li>• Billings Family YMCA</li> <li>• Education Foundation for Billings Public Schools</li> <li>• Healthy By Design Coalition</li> <li>• Montana Special Olympics</li> <li>• Trailnet</li> </ul> <hr/> <p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 27.8% of adults in Yellowstone County consume five or more servings of fruits or vegetables daily (CHNA, 2023)</li> <li>• 29.3% of adults in Yellowstone County meet physical activity recommendations (CHNA, 2023)</li> </ul>

	<ul style="list-style-type: none"> <li>46.1% of adults report spending three or more hours on screen time for entertainment in an average day, 63.9% of seniors report over three hours of screen time daily (CHNA, 2023)</li> </ul>		
Tactic(s)	Community Partner(s)	Metric	Status
Support efforts to create neighborhood focused efforts including creative place making and built environment to increase physical activity and healthy lifestyles	Healthy By Design Coalition	Mobilize the Magic City creative placemaking	Target: Playbooks for neighborhood cleanup and creative placemaking will be developed
		Complete neighborhood criteria	Complete Neighborhood criteria will be developed
		Bright Side Neighborhood Cleanup play-book	Progress:
Provide support for Kids in Motion Program to assist with bike repair for students	City-County Planning Department	Number of students served annually	Target:180 students will be served at eight locations annually
		Number of schools or locations served	Progress:
	School District 2		
	Education Foundation for Billings Public Schools		
	Local bike shops		

Special Olympics State Games	Montana Special Olympics	Number of annual state games supported	Target: Three years of State Games will be supported with sponsorship and in-kind donations
			Progress:
Support for organizations addressing physical activity and healthier nutrition	Big Sky State Games	Number of organizations supports in-kind or financially	Target: A minimum of four organizations addressing physical activity and/or nutrition will be supported each year
	Healthy By Design Coalition		Progress:
	TrailNet		

**Healthy Weight**

**Goal: Increase access to individual interventions and opportunities for obesity prevention and healthy lifestyles**

**Objective:** Increase adults and children reporting healthy weight status

**Partners:**

- Big Sky State Games
- Billings Family YMCA
- Healthy By Design
- Montana Department of Health and Human Services (DPHHS)
- Intermountain Medical Group
- Surgical Associates
- Special Olympics Montana
- Trailnet



	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 73.3% of adults in Yellowstone County are overweight or obese (CHNA 2023)</li> <li>• 27.8% of adults in Yellowstone County consume 5 or more servings of fruits or vegetables (CHNA 2023)</li> <li>• 29.3% of adults in Yellowstone County meet physical activity recommendations (CHNA 2023)</li> </ul>		
<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Diabetes and Heart Disease Prevention Program	Billings Family YMCA  Montana Department of Public Health and Human Services (DPHHS)	Percentage of participants losing an average of 5% of their starting body weight	Target: 50% of participants will achieve an average weight loss of 5% of their starting body weight by the end of the program  Progress:
Weight Management Clinic	Intermountain Medical Group  Surgical Associates	Average BMI reduction	Target: Bariatric patients will reduce average BMI from 44.5 to 33.6 at the one year post op anniversary  Progress:
			Progress:

<p>Active event support</p>	<p>Big Sky State Games</p> <p>Special Olympics Montana</p> <p>Rimrock</p> <p>American Foundation for Suicide Prevention</p> <p>TrailNet</p> <p>Family Tree Center</p>	<p>Number of active events with support from St. Vincent Regional Hospital</p>	<p>Target: In-kind and/or financial support for at least three active events per year</p> <hr/> <p>Progress:</p>
<p>Health Education</p>	<p>Healthy By Design Resilient Yellowstone</p> <p>Diabetes and Heart Disease Prevention Program</p>	<p>Number of educational offerings</p>	<p>Target: One educational opportunity focused on nutrition and physical activity will be offered annually</p>
			<p>Progress:</p>

<p><b>Priority:</b></p> <p><b>Violence and Injury</b></p>	<p><b>Vision: Rates of Injury and violence will be reduced for all residents.</b></p> <p><b>Outcome Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• Decrease the average age-adjusted unintentional mortality rate by 5% from 60.1 deaths per 100,000 population to 57.1 deaths per 100,000 population by 2026 (CHNA).</li> <li>• Decrease the percentage of residents who perceive their own neighborhood as slightly or unsafe by 5% from 22.2% to 21.09% by 2026 (CHNA).</li> </ul>
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**Injury and Violence**  
**Goal: Increase access to injury prevention education and outreach**

<p><b>Objective:</b> Educate community members to increase injury prevention.</p>	<p><b>Partners:</b></p> <ul style="list-style-type: none"> <li>• Community Based Organizations</li> <li>• Emergency Medical Services</li> <li>• Rural Medical Providers</li> <li>• Schools</li> <li>• Senior Centers</li> <li>• St. Vincent Regional Hospital Foundation</li> </ul>
	<p><b>Need Indicator(s):</b></p> <ul style="list-style-type: none"> <li>• 41.1% of adults aged 45 or older have fallen one or more times in the past year (CHNA 2023)</li> <li>• 77.7% of adults in Yellowstone County report always wearing a seat belt when driving or riding in a vehicle (CHNA 2023)</li> <li>• 30.4% of residents report having an unlocked firearm in or around the home or vehicle (CHNA 2023)</li> <li>• 50% of children in Yellowstone County always wear a bicycle helmet (CHNA 2023)</li> </ul>

<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Stepping on Falls Prevention Program	Community Based Organizations	Percentage of participants reporting improved confidence, strength, and balance	Target: 75% of participants will report improved confidence, strength, and balance 3-months after completing the 7-week program
			Progress:
S.A.I.L. (Staying Active and Independent for Life) Program 12-week classes offered free to older adults	Senior Centers Community Based Organizations	Number of participants in evidence-based 12-week sessions annually	Target: 200 seniors annually
			Progress:
Distracted Driving	Schools Community-based Organizations	Number of sessions held annually	Target: 5 sessions annually
			Progress:
Impact Education	Schools	Number of schools reached annually	Target: Three schools will receive
			Progress:

			classroom education
			Progress:
Stop the Bleed	Community based events  Schools	Number of programs offered annually	Target: Ten educational outreach programs annually
			Progress:
Pediatric Safety Education	St. Vincent Regional Hospital Foundation	Educational opportunities  Slow down safety signs	Target:
			Progress:
Trauma Outreach Training to EMS and Rural Providers	Emergency Medical Services  Rural Medical Providers	Number of safety training programs	Target: Minimum of three programs annually
			Progress:



**Injury and Violence**

**Goal: Improve supports for violence and injury prevention**

**Objective:** Support community efforts to decrease violence and injury.

**Partners:**

- City of Billings
- Healthy By Design Coalition
- Substance Abuse Connect Coalition
- St. Vincent Regional Hospital Foundation
- YWCA Billings

**Need Indicator(s):**

- 22.2% of adults consider their neighborhood to be slightly safe or not safe at all (CHNA 2023)
- 15.4% of adults feel slightly safe or not at all safe walking alone in their neighborhood (CHNA 2023)
- 23.5% of Yellowstone County adults have been hit, slapped, pushed kicked or otherwise hurt by an intimate partner, worse than the national average and significantly increasing over time (CHNA 2023)

<b>Tactic(s)</b>	<b>Community Partner(s)</b>	<b>Metric</b>	<b>Status</b>
Provide support for community organizations addressing violence	Community Based Organizations	Number of community-based organizations or coalition supported	Target: A minimum of two organizations and/or coalitions addressing violence will be supported in-kind and/or

			financially each year
			Progress:
Provide St. Vincent Regional Hospital Public Safety Officers for de-escalation and diversion to decrease demand on City Police	City of Billings  Community Crisis Center	Escorts by Public Safety to community services  Staff training and education for de-escalation	Target: 300 individuals escorted to the Community Crisis Center annually  One annual training for de-escalation and violence prevention offered
			Progress:
Healthy Investments, Healthy Neighborhoods, Healthy Connections	Healthy By Design Coalition	Creative Placemaking, Increase civic literacy	Target: St. Vincent Regional Hospital will provide support for Healthy By Design initiatives
			Progress:

### Other Significant Needs Not Prioritized

Each of the health needs identified in the CHNA are important and Intermountain St. Vincent Regional Hospital along with numerous partners throughout the community are addressing these needs through various innovative programs and initiatives. Some examples of these are provided below. The Intermountain Health St. Vincent Regional Hospital CHIP will only address the priority areas listed above in order to maximize resources, expertise and time to achieve successful impact.

Areas of Opportunity	
<b>Cancer</b>	Mobile mammography; low-dose CT lung cancer screenings; head and neck cancer screenings; health education prevention efforts; infusion services
<b>Diabetes</b>	Diabetes and Heart Disease Prevention Program at Billings Family YMCA; diabetes screenings at MATE and Powwows; virtual diabetes consults; diabetes educators
<b>Heart Disease &amp; Stroke</b>	Stroke camp and stroke support groups; cardiac rehabilitation programs; cath lab, cardiac outreach; nutrition and physical activity interventions
<b>Potential Disabling Conditions</b>	Physical therapy; support of the LiveStrong Program at the YMCA; support of Dementia Friendly Billings
<b>Respiratory Disease</b>	Lung Association Freedom from Smoking classes; promotion of the QuitLine; pulmonary rehabilitation
<b>Sexual Health</b>	Support of LaVie Clinic

## Continuing the Work

The Community Health Improvement Plan is a living document that provides community health improvement direction for Intermountain Health St. Vincent Regional Hospital, its partners, community organizations and residents of Yellowstone County, MT. As such, the CHIP is a working document and will be updated and amended on an annual basis as new programs, partnerships and collaborations develop. The progress of our work will be evaluated on an on-going basis, not simply at the three-year mark. Strategies and actions that do not yield the intended outcomes will be revised and re-implemented.

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