

## Community Benefit 2017

### Investing in the Social Determinants of Health

Improving the health of our communities is a call to action embedded in our mission. As a Catholic health system, we realize that wrapped within this call to action is a need to address the number of factors that impact overall health beyond access to healthcare. These social determinants of health include: economic stability, education, social and community context, and neighborhood and built environment. In 2017, Holy Rosary Healthcare addressed these social determinants through investments in education, transportation, food security and poverty reduction.

#### Montana Region Community Benefit 2017

\*These numbers include clinic contributions not included on 990 schedule H



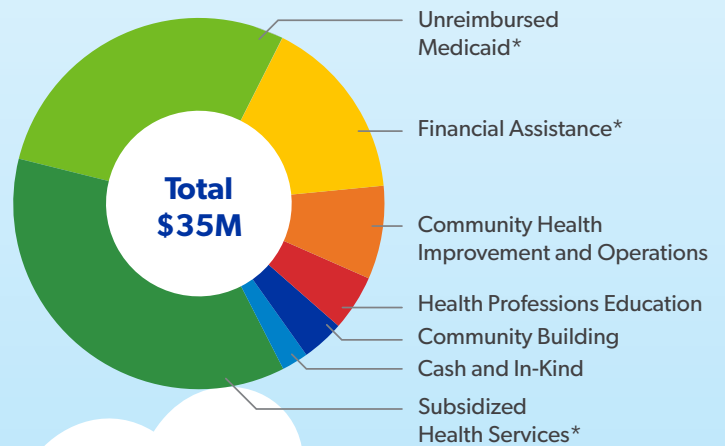
**Holy Rosary Healthcare**  
MILES CITY, MT



**St. James Healthcare**  
BUTTE, MT



**St. Vincent Healthcare**  
BILLINGS, MT



#### Holy Rosary Healthcare – Miles City, MT

In 2017, **27** Holy Rosary Healthcare leaders performed

over **2,000**

hours of service in the community,

benefiting more than **50** organizations and

serving on **16** boards.



# Mental illnesses are among the most common health conditions in the United States.

## In 2017, SCL Health made strides to address mental health needs

in the communities it serves by offering a variety of mental health trainings to community members. As a system, SCL Health was able to provide mental health education to over **1,600 individuals** across **3 states** and **17 counties**.

SCL Health **trained 4 new Mental Health First Aid instructors** (including one for Eastern Montana) to continue educating their communities and sustain the initiative well beyond the grant year.



**Just over 20%** of children have had a seriously debilitating mental disorder.

**1 in 5** Americans will experience a mental illness in a given year.

**Suicide** is often associated with symptoms of mental illness. **10th leading cause of death in the U.S.** **2nd leading cause of death among people aged 15-34.**

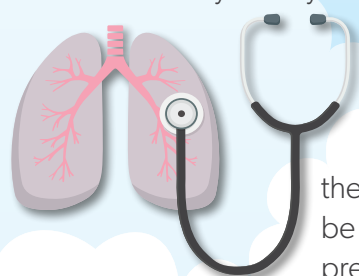
## Holy Rosary Healthcare Initiatives

### ACCESS TO CARE *Outpatient Palliative Care Program*

This program establishes patient-centered care services to address the needs of chronically ill individuals through primary care providers, in-home visits, resource referrals and other social supports.

**1,571 patient visits in 2017**  
Serving patients from Holy Rosary Healthcare Clinic, Billings Clinic (Miles City) and OneHealth

### TOBACCO USE *Diagnosing Lung Cancer at the Earliest Stage*



Holy Rosary Healthcare began offering low dose CT scans to screen for abnormal areas in the lungs that may be cancerous. This preventive screening is a significant service to the 17% of adults who report as smokers in Custer County.

**12 patients screened for lung cancer**

**1 cancer found and treatment started**

### CARING FOR COMMUNITY *Miles City Soup Kitchen*

Holy Rosary Healthcare supports the Miles City Soup Kitchen to address food access for vulnerable populations, including implementation of a high school lunch program.

**\$1,000 in community benefit investment**

**80 volunteer service hours provided annually**

**8,500 – 10,000 meals served per year**

**2 Holy Rosary Healthcare associates serve on the Board of Directors**



## Outpatient Palliative Care: Meeting the Needs of the Most Vulnerable

This program establishes a primary care provider relationship for frequent Emergency Department users, provides patient-centered care for chronically ill patients and offers education on disease/illness and anticipated progression. It helps to establish and continually update goals of care, acts in a case management role and partners with patients' providers for in-home visits between clinic appointments. Palliative care provides a relationship that can facilitate a smooth transition to hospice services if needed.



Custer County has a higher percentage of seniors than the state of Montana overall, with 19.2% of adults over age 65. "Joe," a retired truck driver, found himself in the emergency room several times because of difficulty managing his congestive heart failure. A referral was made

to the Palliative Care RN. By the time Joe was discharged, he had chosen a provider to work with and was looking forward to having the Palliative RN check in with him several times a week until the right medication was found and he was feeling better. The RN called weekly and came to Joe's home when necessary. She also attended one of his doctor visits to help Joe understand why he had to take so many medications. Joe's daughter, Suzy, was very pleased with the Palliative Care

RN who worked with Joe for the year he was receiving palliative care services. Whenever his health changed, the RN would notify Suzy, just as Joe wished. Several months later, Joe developed additional health issues and moved to an assisted living facility where he continues to receive palliative care services.

## Diagnosing Lung Cancer at the Earliest Stage to Save Lives

Across the United States, lung cancer is the second most common cancer in both men and women and the leading cause of death amongst all cancers. Custer County has a higher lung cancer rate than the rest of Montana. Current



and former smokers are at a higher risk of getting lung cancer as they age; however, if lung cancer is found at an earlier stage before symptoms appear, there's a better chance of living longer. Dr. Sylvia Lymburner, physician lead for Low Dose CT screenings, emphasized the importance of the screenings, "Symptoms don't always show up right away and can often go undetected, so early detection is crucial."



Dr. Sylvia Lymburner

Low Dose CT Scans (LDCT) can help identify abnormal areas in the lungs that may be cancerous. The U.S. Preventive Services Task Force has recommended yearly lung cancer screening with LDCT for people who have a history of heavy smoking, smoke currently or have quit within the past 15 years, and are between 55 and 80 years old. Heavy smoking means a smoking history of 30 "pack



## Diagnosing Lung Cancer at the Earliest Stage to Save Lives *(cont.)*

years” or more. A pack year is smoking an average of one pack of cigarettes per day for one year. For example, a person could have a 30-pack-year history by smoking one pack a day for 30 years or two packs a day for 15 years.

Smoking cessation information and tools are offered to

current smokers as part of the Low Dose CT Scan process. Holy Rosary Healthcare began offering the Low Dose CT Scan in November 2017. Since that time, 12 patients have been screened with one patient receiving follow-up care for lung cancer. We are excited to offer this valuable service to our community.

## Miles City Soup Kitchen – Support the Hungry, Poor and Lonely

In keeping with our mission to serve those most in need, Holy Rosary Healthcare has supported the Miles City Soup Kitchen (MCSK) since it started eight years ago. Beginning with a grant for startup equipment and five years later another grant to pilot providing lunches at the high school, this partnership has helped our community’s elderly, veterans, children and those with mental illness not only have a warm meal, but the social connections so vital for health.

The Miles City Soup Kitchen serves 8,500-10,000 meals each year with one paid employee. Volunteers from Holy Rosary Healthcare and the community are essential to the daily operations



of the MCSK. Holy Rosary Healthcare senior leaders and associates help to serve meals each year. Leaders from the hospital serve on the board of directors and provide assistance with fundraising efforts including the Cow Town Cook Off, a sanctioned Kansas City barbecue event.

Please visit the Holy Rosary Healthcare website to access the full Community Health Needs Assessment:

**<https://www.sclhealth.org/locations/holy-rosary-healthcare/about/community-benefit/>**



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