

## Community Benefit 2017

### Investing in the Social Determinants of Health

Improving the health of our communities is a call to action embedded in our mission. As a Catholic health system, we realize that wrapped within this call to action is a need to address the number of factors that impact overall health beyond access to healthcare. These social determinants of health include: economic stability, education, social and community context, and neighborhood and built environment. In 2017, St. James Healthcare addressed these social determinants through investments in education, housing stability, food security and poverty reduction.

#### Montana Region Community Benefit 2017

\*These numbers include clinic contributions not included on 990 schedule H



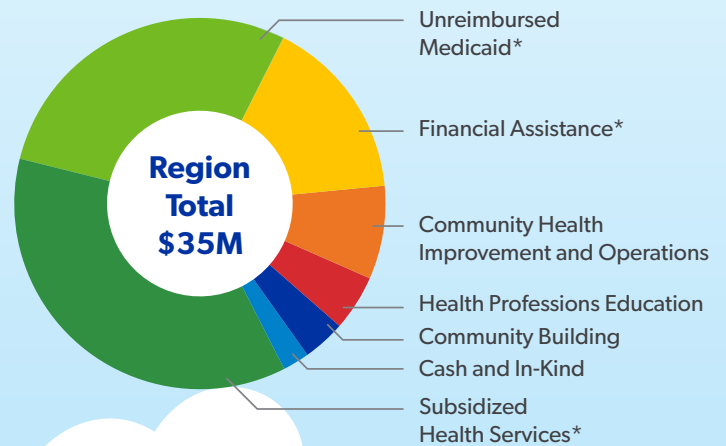
**Holy Rosary Healthcare**  
MILES CITY, MT



**St. James Healthcare**  
BUTTE, MT



**St. Vincent Healthcare**  
BILLINGS, MT



#### St. James Healthcare – Butte, MT

In 2017, St. James Healthcare supported over

**40**

organizations in

**Butte**  
and **Southwest Montana**

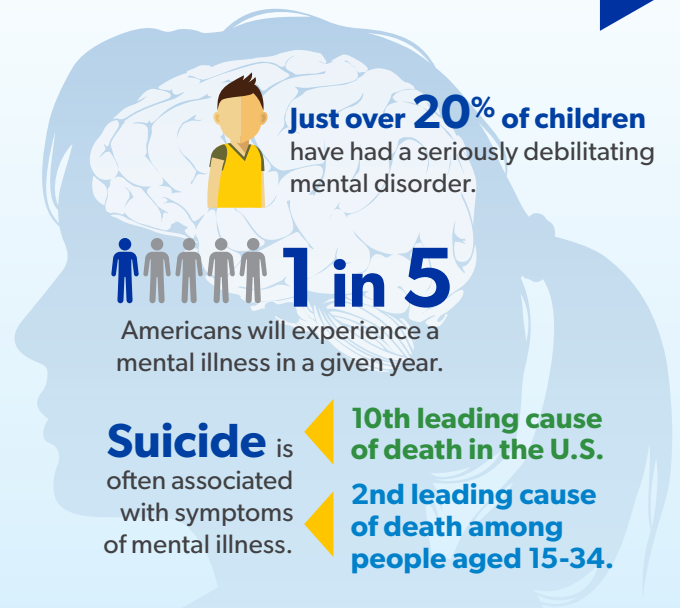


# Mental illnesses are among the most common health conditions in the United States.

## In 2017, SCL Health made strides to address mental health needs

in the communities it serves by offering a variety of mental health trainings to community members. As a system, SCL Health was able to provide mental health education to over **1,600 individuals** across **3 states** and **17 counties**.

SCL Health **trained 4 new Mental Health First Aid instructors** to continue educating their communities and sustain the initiative well beyond the grant year.



**Just over 20%** of children have had a seriously debilitating mental disorder.

**1 in 5**

Americans will experience a mental illness in a given year.

**Suicide** is often associated with symptoms of mental illness.

**10th leading cause of death in the U.S.**

**2nd leading cause of death among people aged 15-34.**

## St. James Healthcare Initiatives

### ACCESS TO CARE

#### Addressing Food Insecurity

St. James Healthcare provides support to the Heart of Butte Cafe to provide healthy meals and a welcoming atmosphere to community members where 23% of residents qualify as "food insecure."

**13,187 meals donated**

**\$102,766 community benefit contribution**

**437 staff hours donated**



### RESPONDING TO THE MENTAL HEALTH CRISIS

Through partnership with the Western Montana Mental Health Crisis Hotline, St. James Healthcare helped in providing support to the 30.5% of residents experiencing symptoms of chronic depression.

**\$169,113 in financial support for the Western Montana Mental Health Crisis Hotline**

**580 crisis hotline calls**

**1,200 students trained annually in the Signs of Suicide program**

**Youth suicide attempts REDUCED from 17.4% to 12.6%**

### BUTTE SUPPORTIVE HOUSING COLLABORATIVE

In support of the 24.7% of residents experiencing difficulty in paying for housing, St. James Healthcare received a grant from the Montana Healthcare Foundation to facilitate data collection and sharing to gain a better understanding of trends, resources and services utilized and needed by these vulnerable individuals.

**\$60,000 awarded**

**15 agencies represented**



## Addressing Food Insecurity

For years the Butte Rescue Mission played a leading role in feeding the hungry in the Butte-Silver Bow community, but in the spring of 2017, the mission closed its doors. Knowing that the loss of the mission would be immense, a coalition of representatives from the Public Housing Authority of Butte, Action Inc., Butte Food Bank, St. James Healthcare, and St. John's Episcopal Church joined together to address the pending issues.

Through this coalition, a new stand-alone organization known as The Heart of Butte was formed to address the needs of community members. Sister Mary Jo McDonald sought the assistance of St. James Healthcare, specifically that of the Nutrition Services Department Manager, J.C. McPherson, to provide food for community members experiencing homelessness and food insecurity.

At first, McPherson and his team began providing bag lunches and other food supplies. After securing new locations to support the food service program and volunteers, the St. James Healthcare team was able to focus on providing and delivering a hot meal to be served by volunteers to individuals in need.



In addition, The Heart of Butte worked in partnership with an area property owner in Uptown Butte to create a Community Cafe which guarantees at least one hot meal every day to those in need. Members of the Butte community who have lunch at the cafe help cover operational expenses through donations for their meals.

Not only has The Heart of Butte provided healthy meals for those in need, it also provided a welcoming atmosphere for families to come together. Currently, the Community Cafe serves food from St. James Healthcare from 5:30 to 6:30 p.m., with the target audience being those who are in need of assistance.

## Community Action Team – Working Together to Improve Mental Health

In early 2014, after a third youth died by suicide over the span of five weeks, a suicide prevention committee was formed. Over time, that committee has evolved into a multi-agency entity called the Community Action Team (CAT). Working on issues related to mental illness and mental health has remained core to CAT's mission.

Currently, St. James Healthcare leaders are working with CAT to make Butte a more trauma-informed community so that our residents understand that early childhood trauma affects children for the rest of their lives, including the potential to shorten their life spans. These early childhood traumas include abuse, neglect, witnessing a parent being abused, being separated from a parent, and



a variety of other childhood tragedies. CAT believes that if residents understand the impact of early childhood trauma, we can work collectively to prevent it – and prevent what happens to a community when traumatized children grow into adulthood.

Butte School District No. 1 has done tremendous work

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## Community Action Team – Working Together to Improve Mental Health *(cont.)*

over the past three years, developing a multi-tiered system of behavioral and emotional supports for students. This includes introducing the PAX Good Behavior Game in grades one through six and the Signs of Suicide program for sophomores. The district has also established the Olweus Bullying Prevention program and is facilitating free Mental Health First Aid training for anyone requesting a session, supported in part by St. James Healthcare.

The county of Butte-Silver Bow has also formalized a Mental Health Local Advisory Council (LAC). A majority

of the council's members is comprised of people with lived experience of mental illness, either personally or by a family member. The LAC works to ensure that input from people with lived experience is heard in relation to how mental health systems and supports are designed. St. James Healthcare has established a "safe area" in which a licensed counselor is available for mentally ill patients or those struggling with substance abuse who come through the emergency department. St. James Healthcare also funds the crisis line at Western Montana Mental Health Center.

## Establishing Systems for Effective Care of the Chronically Homeless



A small group of individuals who consistently struggle to maintain a safe place to live account for a disproportionate amount of the total local healthcare, social services, and law enforcement costs. The \$60,000 FUSE — Frequent Users Systems Engagement — planning grant from the Montana Healthcare Foundation aims to help establish systems for more effective care and support for

individuals in this situation. Jay Doyle, President of St. James Healthcare, describes the challenge faced by the hospital and community: "The dedicated people in the Emergency Department are frequently caring for those in our community who do not require admission into the hospital. We then have to discharge them and many have no place to call home. In

turn, these members of our community do not get treatment that will help them completely recover."

When the Butte Rescue Mission closed, it created a lack of crisis beds available in the community. The planning grant received by St. James Healthcare has provided a way to strengthen collaborative care management. The funding and collaborative strategic planning will help to:

- facilitate data collection and data sharing agreements to enhance understanding of people who are high utilizers of healthcare, correctional and social services
- identify trends and resources
- create an operationalized system of coordinated care across agencies
- define the intensive collaborative case management for these vulnerable individuals

Please visit the St. James Healthcare website to access the full Community Health Needs Assessment:

**<https://www.sclhealth.org/locations/st-james-healthcare/about/community-benefit/>**



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**[sjh-mt.org](http://sjh-mt.org)**