

Community Health Improvement Plan

St. Vincent Healthcare

2014-
2017



**St. Vincent Healthcare
Community Benefit plan
2014-2017**

St. Vincent Healthcare's Community Benefit Plan 2014-2017 is a document that presents short term strategies and objectives as part of a comprehensive long-term systematic plan to address the health problems of the broader community, with special emphasis on poor and vulnerable populations. The plan is based on the results of Yellowstone County's Community Health Needs Assessment (CHNA) and a community health improvement process which included participation across multiple sectors of the community and was supplemented by public health and health system partners. The outcome is a defined process through which priorities are selected, and strategies and measures are created, in order to address identified health issues. The plan is reviewed and approved by SVH's leadership team, Community Benefit Committee of the Board, and/or the St. Vincent Healthcare Board of Directors and is made publicly available on The St. Vincent Healthcare website. Action plans with specific measures in support of SVH Strategies are working documents that are reviewed regular by SVH Leadership and the Community Benefit Committee of the Board.

Goals Objectives and Strategies for Yellowstone County's Community Health Improvement Plan serve as the foundation for the SVH Community Benefit Plan.

SVH specific strategies are noted in **BLUE**, signifying work that is currently underway, or in **RED**, signifying work that will begin with the 2014-2017 plan.

The GOALS of the Yellowstone CHNA are:

1. Improve Access to care
2. Improve Mental Health and Reduce Substance Abuse
3. Improve Health Weight Status

1. THE GOAL: Improve Access to Health Services

Access to Care Objectives:

- 1) **By 2017, the proportion of adults in Yellowstone County who have a specific source of ongoing care will increase from 81.7% to 85%.** (HP AHS-5) (4.03% change); Question: Is there a particular place that you usually go if you are sick or need advice about your health? If Yes, what kind of place is it: A Hospital-Based Clinic, A Clinic That is NOT Part of a Hospital, An Urgent Care/Walk-In Clinic, A Doctor's Office, A Hospital Emergency Room, Military or Other VA Healthcare, or Some Other Place. For the next assessment, we will be redefining "on-going care".
- 2) **By 2017, the proportion of adults in Yellowstone County who have visited a dentist or dental clinic in the past year will increase from 62.9% to 69%** (HP AHS 6.3) (9.69% change; addressing key area of concern).
- 3) **By 2017, the proportion of adults in Yellowstone County who are without health insurance will decrease from 16.7% to 15%** (HP AHS 1.1; 10.18% change; addressing key area of concern)
- 4) **By 2017, decrease proportion of adults in Yellowstone County who have used the ED more than once in past year from 5.8% to 5.2%.** (10.34% change; CHNA 2014: 5.8%, 7.8% among low income households; 8.6% in CHNA '10).

Access to Health Services Overarching Strategies:

Public Health Policy

- Advocate for Medicaid Expansion
- Advocate for access to healthcare and dental service programs that assist those with financial need (e.g. Medicaid, Healthy Montana Kids, Medication Assistance Program, Community Health Access Partnership) through the development and advocacy of an Alliance legislative agenda
 - SVH develop joint advocacy strategy with Billings Clinic & Riverstone Health to include these priorities
 - SVH develop joint advocacy strategy with Montana catholic hospitals

Prevention and Health Promotion Efforts

- Develop a collaborative strategy to educate residents of Yellowstone County about what health insurance means and how to use it effectively (continuum of “covered to care”)
 - SVH participate in health insurance coverage collaborative

Access to Care, Particularly Clinical Preventive Services

- Explore avenues of asset mapping along the continuum of care that provides residents of Yellowstone County access to resources and services.
 - SVH increase the number of faith community nurses certified
 - SVH increase the number of CPE student units completed
 - SVH Rural Strategy
 - Evaluate requests for care delivery in rural areas of MT & WY, with special emphasis to underserved Native American populations and high need areas like the Bakken region.
 - Increase school based screenings by the Ronald McDonald Care Mobile from
 - Enhance use of telemedicine with emphasis on pediatric specialty outreach
- Encourage patient centeredness when making decisions related to location and hours of services.
 - SVH increase hours of service for urgent care access
 - SVH increase same day appointment availability in SVPN
 - SVH increase the number of patients using My Chart

Yellowstone County’s Public Health and Healthcare System

- Promote the Montana Family Medicine Residency, Internal Medicine Residency and Dental Residency programs and consider the development of other residencies that may offer pathways to appropriate workforce development
 - SVH continue support of MFPR with finances, board leadership and clinical integration.
- Promote health insurance acquisition via the Health Insurance Marketplace or other avenues at each Alliance institution.
 - SVH continue resources to support patients & community members in enrollment efforts
 - SVH improve enrollment of Ronald McDonald Care Mobile Patients into Health Montana Kids
 - SVH include outreach to parents on the Ronald McDonald Care Mobile about health insurance enrollment
- Examine emergency department utilization across organizations and respond accordingly. Develop recommendations as appropriate. Identify high users and strategies to increase health outcomes and reduce costs.

- SVH participate in community collaborative
- SVH cooperate in processes to share health information to improve health of target population
- SVH reduce readmissions from patients who are high utilizers of services
- Support full implementation and evaluation of the Patient Centered Medical Home model in each Alliance member institution.
 - SVH increase number of patient centered medical homes
 - SVH increase the number of patients served with the Medication Assistance Program
 - SVH continue to invest in MAP program at RiverStone Health
 - SVH increase the number of patients with advanced care planning documents recorded in EMR

2. THE GOAL: Improve Mental Health and Reduce Substance Abuse

Mental Health Objectives:

- 1) By 2017, the proportion of adults in Yellowstone County who report their mental health as being good, very good, or excellent in the past 30 days will increase from 89.4% to 94%. (6.2% change-slightly over 2011 rate; 2011 BRFSS county baseline: “14 plus days in past 30 of ‘not good’ mental health” 10.8%; defined in BRFSS question as “stress, depression and other problems with emotions”; relates loosely to HP MHMD 4 “persons who experience MDE”; 2014 CHNA “overall mental health fair or poor”-10.6%)**
- 2) By 2017, the reported suicide rate in Yellowstone County will be reduced from 17.3 deaths per 100,000 to 16.3 per 100,000 population. (HP MHMD-1 LHI; 5.7% change from 2008-10 rates; aligns with 2007-09 rates)**

Substance Objectives:

- 1) By 2017, reduce the proportion of adults in Yellowstone County who report drinking chronically from 7.1% to 6.4%. (9.86% change; no chronic drinking HP 2020 or SHIP indicator; BRFSS: “Heavy Drinking” more than 2 per day-men; more than 1 per day-women: 4.9% in 2012; significant increase in 2014 CHNA; “chronic” defined as 60 or more drinks of alcohol in the month preceding)**
- 2) By 2017, pursue at least one policy focused opportunity related to chronic pain and opioid abuse that will positively impact the residents of Yellowstone County. (related to HP SA-19; measure: execution of steps of policy campaign)**

Tobacco Objectives:

- 1) By 2017, reduce the proportion of adults in Yellowstone County who report smoking cigarettes from 11.7% to 10.5%. (10.26% change; HP TU 1.1 LHI)**
- 2) By 2017, pursue at least one policy focused opportunity related to smoke free/tobacco free facilities, campuses, worksites, or public spaces (e.g. parks, housing) that will positively impact the residents of Yellowstone County. (HP TU-15; measure: execution of steps of policy campaign)**

Mental Health & Mental Disorders, Substance Abuse (including Tobacco) Overarching Strategies:

Public Health Policy

- Establish a county baseline and create community guidelines for prescribing controlled substances and discouraging nonmedical use of pain relievers in Yellowstone County. (HP 19.1; SAMHSA DSDUH report, 1/8/13 MT-4.83%; 4.6% nationally, with a range of 3.6-6.4%)
- Promote and encourage policy opportunities related to smoke free/tobacco free facilities, campuses, worksites, or public spaces (e.g. parks, housing) (HP TU-15)
- Support advocacy efforts to reduce gaps in prevention, as well as support treatment for co-occurring disorders and treatment of family units
 - *SVH will actively participate in the Yellowstone County Prescription Pain Task Force*

Prevention and Health Promotion Efforts

- Increase capacity for trauma-informed care education, promotion, collaboration and implementation
- Support suicide prevention by increasing the number of people in the community who have received suicide prevention training.
 - *SVH will oversee community level work in the development of trauma informed systems of care as supported by grant funding from OASH*
 - *SVH will facilitate suicide prevention training to care providers*

Access to Care, Particularly Clinical Preventive Services

- Continue to support the Community Crisis Center
- Increase access to behavioral health specialists in primary care settings
- Explore avenues of asset mapping to provide residents of Yellowstone County access to resources and services.
- Continue promoting depression screening and referral for adolescents over the age of 12 as well as adults (Increase depression screening HP MHMD 11)
 - *SVH will continue financial and in-kind support of the CCC*
 - *SVH will integrate at least one behavior health support into the primary care setting*
 - *SVH will enhance smoking cessation efforts for patients including exploration of electronic referral system with the Quit Line*

Yellowstone County's Public Health and Healthcare System

- Identify, support, convene, and/or engage in community-collaborative work focused on the area of mental health in order to address communication and treatment gaps. (Measure: membership and a related developed strategy)
- Examine emergency department utilization across organizations. Develop recommendation as appropriate. Identify high users and strategies to increase health outcomes and reduce costs.
 - *SVH will actively participate in Alliance workgroups tied to mental health & substance abuse supports*

3. THE GOAL: Improve Healthy Weight Status

Healthy Weight Status Health Objectives:

- 1) By 2017, the proportion of adults in Yellowstone County who have a healthy weight (Normal BMI range: 18.5-24.9) **will increase from 31.9% to 35%**. (HP NWS-8) (9.7% change; 35.8% reported in 2005 CHNA 2014)
- 2) **By 2017, the proportion of adults in Yellowstone County reporting no leisure-**

time physical activity in past month will decrease from 23.7% to 21.25%. (10.34% change; HP PA-1; leisure-time can be discussed publicly as “every day” activity)

- 3) **By 2017, the proportion of adults in Yellowstone County who eat 5 or more servings of fruit and vegetables per day will increase from 40% to 44%.** (10% change; Related: HP NWS-14 and HP NWS-15.1 LHI)
- 4) **By 2017, the proportion of children in Yellowstone County who are physically active for one or more hours per day (ages 2-17) will increase from 42.8% to 47%** (9.8% change; CHNA- “each of seven days preceding the interview”; Related to HP PA-3.1-“meet current physical activity guidelines for aerobic physical activity”)

Overarching Strategies:

Public Health Policy

- Encourage workplaces adopting Healthy By Design nutrition and physical activity guidelines and developing worksite wellness policies and healthy work environments
 - SVH provide leadership to Healthy By Design workgroup.
 - SVH provide two technical assistants to Healthy By Design demonstration project on worksite wellness with Big Sky Economic Development.
 - SVH expand the number of people served with Living Well program
- Support Yellowstone County area school-based efforts to increase students’ daily consumption of fruits and vegetables and increase student’s physical activity levels
 - SVH provide representation on SD #2 School Health Advisory Committee
 - SVH provide representation on Billings Action for Healthy Kids Coalition

Prevention and Health Promotion Efforts

- Promote the use of the 5-2-1-0 awareness campaign
 - SVH continue leadership of OWH grant including social marketing campaign design & distribution
- Encourage organizations to apply for Healthy By Design recognition
 - SVH continue co-leadership of community level work group
 - SVH support leadership community benefit events on HBD recognition workgroup
- Encourage awareness of and response to gender-based physical activity disparities including increasing awareness regarding incorporation and recognition of physical activity in everyday activity
 - SVH continue leadership of OWH grant including Active Living Every Day classes
 - SVH continue Kohl’s Cares for Kids grant partnership with priority schools
 - SVH explore grant opportunities for further physical activity & nutrition outreach into rural areas, especially American Indian communities
- Promote the use of active transportation where available
- Support the valuation of built environment as it relates to health and safety

Access to Care, Particularly Clinical Preventive Services

- Incorporate consistent recording of BMI and healthy weight discussions in Alliance partner electronic medical records
 - SVH continue Diabetes Prevention Program and increase number served

- SVH educate providers on motivational interviewing techniques

Yellowstone County's Public Health and Healthcare System

- Advocate access to healthy foods for low-income individuals and families (i.e. WIC, SNAP, food pantries, school-based approaches, etc.) (supported by The National Prevention Strategy)
 - SVH continue to provide fresh produce to non-profit organization through SVH Charity garden
 - SVH support leadership community benefit events at the Gardener's Market