

Collaborating to Provide Free Mental Health Services for the Most Vulnerable *(cont.)*

Coordinator and Associate Professor, underscored the need, "At a staff meeting, we realized that our student clinicians were serving six clients who were presenting with suicidal ideation. Hearing this made me realize anew how critically important this service is for the clients we are serving as well as the learning experiences that our students are receiving."

The clinic currently serves on average 80 client contact hours per month with three to four clinicians providing services. Through collaboration with other social service agencies, students from the clinic also assist with group therapy

sessions for those organizations. St. Vincent Healthcare's support of the Walla Walla University-Billings Mental Health Clinic allows student therapists to receive invaluable educational experience while persons in need of mental health care receive needed services without any financial barriers.



Meeting Spiritual Needs with Clinical Pastoral Education

Chaplains are an integral part of the patient-centered care team. They serve the spiritual, emotional, religious and cultural needs of patients, their families, and healthcare staff. As a faith-based institution, St. Vincent Healthcare is committed to providing spiritual care, including training hospital and hospice chaplains and spiritual care providers.



the spiritual needs in their community. Marybeth, a student from Miles City, described the CPE program as life changing, "It puts you in touch with your whole self so you can give all of yourself to minister to patients."

Over the course of one CPE session, students complete 400 hours of service, which is divided into 100 hours of education and 300 clinical hours. The curriculum in the program helps students provide the best possible spiritual care. They learn to be conscious of emotions, identify feelings within themselves and those they are serving. "Through the program, participants realize it is a gift to be with people during vulnerable times," says Program Coordinator Chaplain Terry Hollister. "They understand the greatest asset you can bring forth to a patient is yourself."

Since 2014, St. Vincent Healthcare has offered Clinical Pastoral Education (CPE) to individuals across the state of Montana. As the only accredited CPE provider in Montana, St. Vincent Healthcare offers an opportunity for individuals to complete the training required to become a Board Certified Chaplain, as well as invaluable training for individuals wanting to enhance their ability to serve

Please visit the St. Vincent Healthcare website to access the full Community Health Needs Assessment: <https://www.sclhealth.org/locations/st-vincent-healthcare/about/community-benefit/>



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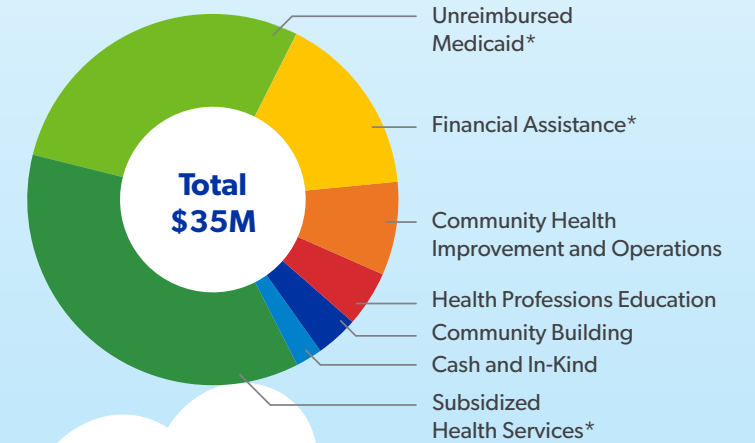
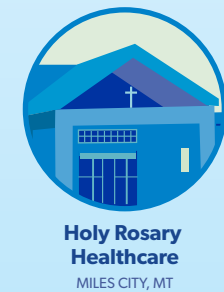
We reveal and foster God's healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable.

Community Benefit 2017
Investing in the Social Determinants of Health

Improving the health of our communities is a call to action embedded in our mission. As a Catholic health system we realize that wrapped within this call to action is a need to address the number of factors that impact overall health beyond access to healthcare. These social determinants of health include: economic stability, education, social and community context, and neighborhood and built environment. In 2017, St. Vincent Healthcare addressed these social determinants through investments in education, housing stability, food security and poverty reduction.

Montana Region Community Benefit 2017

*These numbers include clinic contributions not included on 990 schedule H

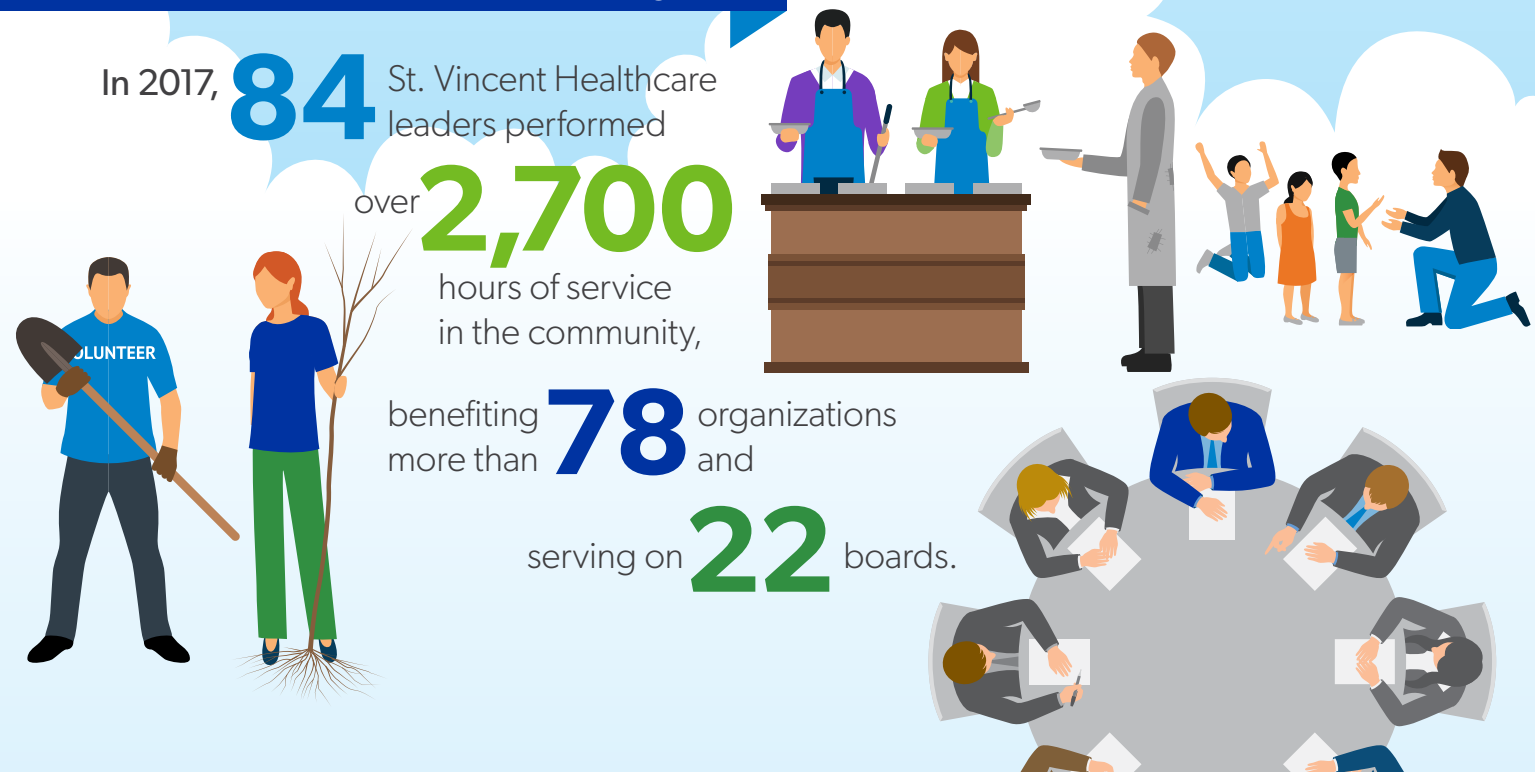


St. Vincent Healthcare – Billings, MT

In 2017, **84** St. Vincent Healthcare leaders performed over **2,700** hours of service in the community,

benefiting more than **78** organizations and

serving on **22** boards.

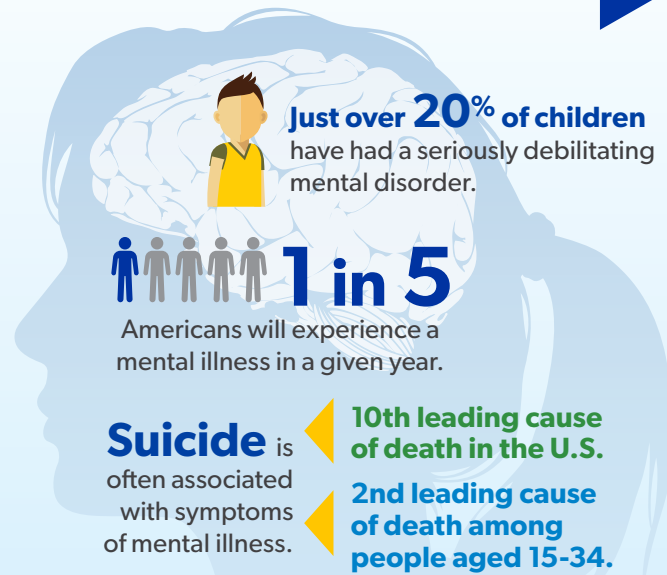


Mental illnesses are among the most common health conditions in the United States.

In 2017, SCL Health made strides to address mental health needs

in the communities it serves by offering a variety of mental health trainings to community members. As a system, SCL Health was able to provide mental health education to over **1600 individuals** across **3 states** and **17 counties**.

SCL Health **trained 4 new Mental Health First Aid instructors** to continue educating their communities and sustain the initiative well beyond the grant year.



St. Vincent Healthcare Initiatives

MEETING BEHAVIORAL HEALTH NEEDS

Partnering to Provide Mental Health Services for the Most Vulnerable

Through strategic community partnerships, St. Vincent Healthcare is addressing the mental health needs of the community, especially for the estimated 20,000 residents with fair or poor mental health.

\$327,613 community benefit investments for prevention and treatment

8 community partnering organizations with behavioral health expertise

11,843 individuals served in 2017

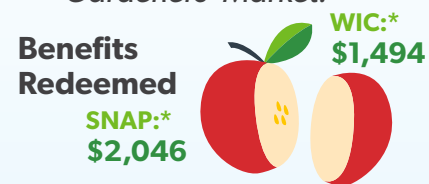
ACCESS TO CARE

Collaborating to Increase Healthy Food Access

As part of the Healthy By Design Coalition, St. Vincent Healthcare is improving access to fruits and vegetables, including the 35,138 individuals with low food access and 23.3% of residents who find it very or somewhat difficult to buy affordable fresh produce in Yellowstone County.

\$31,725 community benefit investments for healthy weight

3,516 community members served at the Healthy By Design Gardeners' Market:



*Programs that support healthy nutrition options for low income individuals:
SNAP - Supplemental Nutrition Assistance Program
WIC - Women, Infants, and Children

CPE: ENHANCING SPIRITUAL CARE FOR PATIENTS ACROSS MONTANA

Meeting Spiritual Needs with Clinical Pastoral Education

As the only accredited CPE provider in Montana, St. Vincent Healthcare offers training for hospital and hospice chaplains and spiritual care providers throughout the state.

\$136,727 invested in workforce training

23 Total Students
7 Montana Communities



Partnering to Increase Access to Healthy Foods

St. Vincent Healthcare is a member of the Healthy by Design Coalition, a community coalition focusing on increasing the number of residents at a healthy weight. One of the Coalition's activities is a gardeners' market which runs from June through October and is located in South Park which is within a USDA-identified food desert and low-income neighborhood. The Healthy by Design Gardeners' Market served nearly 200 residents each week



and accepted SNAP and WIC benefits to increase access to affordable fruits and vegetables. While the Healthy by Design Gardeners' Market is designed to bring healthy, fresh, local and affordable fruits and vegetables to

the community, it is also a social meeting place to celebrate health and nutrition with interactive and educational activities



for the whole family. The 2017 market featured cooking demonstrations, children's activities, live music, container gardening demonstrations, guided walks and active transportation challenges.

In addition to the Gardeners' Market, the Healthy by Design Coalition is working on community gardening projects and a grocery store analysis focused on a triangle of the South Side bounded by South 27th Street, First Avenue South and State Avenue.

Collaborating to Provide Free Mental Health Services for the Most Vulnerable

Walla Walla University-Billings Mental Health Clinic (WWU-BMHC) is a project that started in response to the need of mental health services for individuals within Yellowstone County. Under the supervision of a Licensed Clinical Social Worker (LCSW), Masters in Social Work (MSW) pre-and post-graduates provide free and low cost therapy to individuals in need of services in Yellowstone County. Initially developed under grant funding, St. Vincent Healthcare has provided financial support after the grant ended to maintain clinic operations.

Serving the most vulnerable in our community, 76% of the 220 clients served live in poverty. Nearly all clients show an ACE (Adverse Childhood Experience) score of at least one and 64% show a score of four or more, compared to 12.5% in the original CDC-Kaiser ACE study. A score of four or more increases the risk of disease and social-emotional problems. Pamela Bing Perry, Program

