

Homecare Grief Support Groups

Bereavement education groups offer emotional support, education about grieving, and an opportunity to become acquainted with others who have experienced the loss of a loved one who has died. We provide virtual and local in-person grief support classes throughout Utah and Burley, Idaho. Groups are open to all at no cost. If you need assistance with bereavement, please email ihcgriefsupport@imail.org or contact Brenda Dial at 385-887-6043. Listed geographically from North to South.

BURLEY, IDAHO 208-678-8844

Facilitators: Marcie Bedke and Carey Stoker Registration required. Please call to register.

• In-person class: please call for dates and times.

LOGAN, UTAH 435-553-5714

Facilitator: Shawna Flinders

Registration required. Please call to register.

- Online class: 1st Monday of each month, 4:00 p.m.
- In-person class: 2nd Tuesday of each month, 3:00 p.m., Logan Regional Hospital, 1400 N. 500 E.

OGDEN, UTAH 435-553-5714 or 385-400-2046

Facilitator: Shawna Flinders

Registration required. See registration link below.

- Online class: 3rd Monday of each month, 4:00 p.m.
- In-person class: 2nd Wednesday of each month,
 4:00-5:00 p.m. at Intermountain Homecare, 3776 Wall Avenue, Ogden

SALT LAKE COUNTY, UTAH 385-223-5665

Facilitator: Brandon Palmer (brandon.palmer@imail.org) Registration required. See registration link below for current class offerings.

- \bullet Online class: offered throughout the year.
- In-person class: offered throughout the year.

WASATCH & SUMMIT COUNTIES, UTAH 801-888-1095

Facilitator: Ron Cottle (Ron.Cottle@imail.org) Registration required.

 In-person class: Please call or email for dates and times.

Intermountain Health

UTAH COUNTY, UTAH 801-225-0584

Facilitators: Hospice Team Registration required.

• In-person class: Please call for information on dates and to register.

DELTA & FILLMORE AREAS, UTAH 435-743-5430

Facilitator: Doug Jenkins

Registration required. See registration link below.

In-person class: 2nd Wednesday of each month,
 12:00-1:00 p.m. at the Bird Senior Center, 240 W 100 S
 Rd, Delta

RICHFIELD, UTAH 435-893-0370

Facilitator: Doug Jenkins

Registration required. See registration link below.

• In-person class: 4th Wednesday of each month, 12:00-1:00 p.m. at the Richfield Senior Center, 890 N. 300 W. Richfield

SOUTHERN UTAH 435-231-1828 or 385-377-0128

Facilitators: Kirk Bitton (kirk.bitton@imail.org) and Holden Brimhall (Holden.Brimhall@imail.org) Registration required. Please call to register.

- Online class: every Tuesday, 4:00 p.m., See registration link below.
- In-person class: every Thursday, 4:00 p.m. at Intermountain Homecare, 555 S. Bluff St., Suite 100, St. George

Revised 5-17-24

To register, scan code.



