

DETAILED FINDINGS – LDS HOSPITAL

Located in urban Salt Lake City, in Salt Lake County, LDS Hospital has 250 staffed beds and offers a broad spectrum of inpatient and outpatient services. In 2022, they participated in a community health needs assessment to understand how to help people live the healthiest lives possible[®]. This hospital participated in a collaborative, system approach to identify health indicators, gather community input, and determine the significant health needs to address over the next few years. LDS Hospital identified the significant health needs as: **Improve Mental Well-Being, Improve Chronic & Avoidable Health Outcomes, and Address & Invest in the Social Determinants of Health.**

What we heard from this community - participants in the community input meeting identified the following issues as key health needs in their community:

- Mental health affecting children and adults:
 - o Isolation as a result of COVID-19 changes and stress;
 - o Environmental factors and political unrest;
 - o Social isolation in children;
 - o Leads to untreated health conditions;
 - o Considered a top priority for community leaders;
 - o High motivation to remove barriers; and
 - o Lack of diverse voices regarding access to mental health needs and resources.
 - o "I've heard from folks of refugee background, for example, is that they're unaware of the resources around them. So folks of refugee and immigrant background, just don't have the network or the connections into what resources are available. And which is one reason I mentioned community health workers and other folks to make those to help people make the right connections into resources that are already available, I think we find that there are a lot of resources that are going unused or untapped. It's not that people don't want them, it's that they don't know they're there"
- Other community concerns include:
 - o Access to healthcare;
 - o Access to Spanish speaking providers;
 - o Homelessness; and
 - o Intergenerational poverty.
- Community Strengths include:
 - o Arts and cultural events;
 - o Access to outdoor recreation;
 - o Strong social connections; and
 - o Celebration of diversity.
- Community Opportunities
 - o Affordable, safe quality housing;
 - o Emergency preparedness;
 - o Low crime, safe neighborhoods;
 - o Affordable health care;
 - o Health Literacy; and
 - o Engaging Intermountain in policy work

A snapshot of health-related indicators and outcomes can be accessed through this link: <u>https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/AllIndicators/GeoLHD/4.html?PageName=</u>_____