Intermountain Health

St. Mary's Regional Hospital

Community Benefit Annual Report

As part of our commitment to Meas County and Western Colorado, St. Mary's Regional Hospital works to improve the health of the communities we serve, especially the poor and vulnerable. Our founders, the Sisters of Charity of Leavenworth, developed innovative ways to provide healthcare in their communities more than 150 years ago. Through a comprehensive assessment of community needs and strong local collaborations, we strive to continue that work today.

Ensuring Access to Care Changes Lives

Healthcare access is a significant health need in Mesa County, with capacity and cost identified as barriers to quality mental health care. With funding support from St. Mary's Regional Hospital, the Counseling & Education Center (CEC) is addressing this need by providing professional, affordable services for adults and youth in Mesa County, the majority of whom are considered low-income

An example of this model's success is a community member named Sarah who has received consistent and timely care from a trusted provider at CEC since 2019 despite financial, insurance, and life changes . She initially came to the CEC for treatment of traumas stemming from years of abuse. Over the past five years, she experienced bouts of homelessness, unemployment, and losing insurance coverage; however, with St. Mary's grant funding and other subsidies, her treatment continued uninterrupted.

This continuity in care has allowed Sarah significant access to health and healing. She is on track to complete a bachelor's degree and the ability to live her healthiest life possible.

2022-2024 Community Health Significant Health Needs

Every three years St. Mary's Regional Hospital works with public health stakeholders, community members, and other healthcare providers to understand and assess the most important local health needs.

Based on the most recent assessment in 2021, St. Mary's identified the significant health needs that will be the focus of the Implementation Strategy and the Community Benefit programs to address the following needs:

- **Education**
- **Health Implications**
- **Healthcare Access**

St. Mary's Regional Hospital – 2023 Community Collaborators

- Alzheimer's Association
- American Red Cross
- Back The Badge
- Clifton Transformation Group
- Colorado Discover Ability
- Colorado Mesa University
- Community Food Bank
- Counseling & Education Center
- Craig Memorial Hospital
- Delta Health
- Diocese of Pueblo
- Family Health West
- Food Bank of the Rockies
- Grand Junction Area Chamber of Commerce
- Grand Valley Catholic Outreach & Day Center
- Hilltop
- Holy Family Catholic School
- Homeward Bound
- HopeWest Hospice & PACE (Programs of All-Inclusive Care for the Elderly)
- La Plaza (Child & Migrant Services)
- Linus Project
- Marillac Health
- Mesa County Hunger Alliance
- Mesa County Multi Agency Collaborative (MAC)
- Mesa County Public Health
- Mesa County Suicide Prevention Coalition
- Mesa Valley School District 51 Foundation
- Mind Springs Health
- Montrose Memorial Hospital
- Palisade High School
- Pathways Village Family Center
- Project C.U.R.E. (Commission on Urgent Relief and Equipment)
- Quality Health Network
- Riverside Education Center
- Roice-Hurst Humane Society
- Sacred Heart Catholic Church
- Special Olympics Colorado
- The Center (Western Slope Center for Children)
- Toilet Equity
- United Way Mesa County
- Vitalant
- Western Colorado Community Foundation
- Western Slope Native American Resource Center

What is Community Benefit?

Community Benefit is integral to the mission of Catholic and other not-for-profit hospitals. It is an extension of our 'historic mission to the communities' especially the vulnerable and disenfranchised. The Internal Revenue Service (IRS) has federal requirements for not-for-profit hospitals to report their investments in Community Benefit activities, which are programs or activities that provide treatment and/or promote health and healing as a response to community needs:

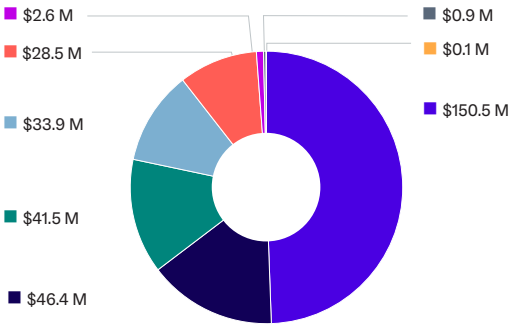
- Improve access to care
- Enhance the health of a community
- Advance medical or health knowledge
- Reduce the burden of health care on local, state, federal government, or other community efforts

When reporting to the IRS, Community Benefit investments are organized into the following general categories:

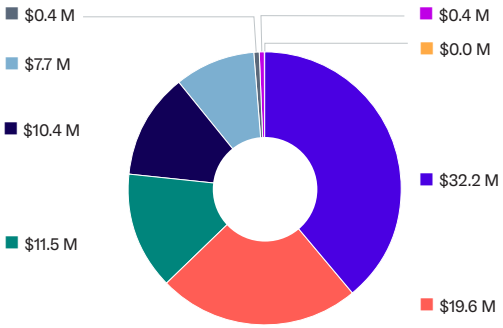
- Unreimbursed costs for care provided to Medicaid beneficiaries
- Charity care and financial assistance for patients who are unable to pay for care
- Cash and in-kind contributions to support identified community health needs
- Health professions education, including clinical training for nursing, pharmacy, and other health professions
- Subsidized health services, which are services provided at a loss but without which the community's access to care would suffer
- Means-tested government programs, which includes the unreimbursed care under means-tested programs like the Child Health Plan Plus (CHP+)
- Community building activities, including participating in community coalitions to advance health and physician recruitment to maintain health care access.
- Research, including studies or investigations that increase knowledge made available to the public. (Note: No Research investments were reported in 2023.)

2023 Community Benefit Investments

Intermountain Health Colorado: $304.5 Million



St. Mary's Regional Hospital: $82.2 Million



- Unreimbursed Medicaid
- Subsidized Health Services
- Health Professions Education
- Financial Assistance at Cost
- Cash and In-Kind Contributions
- Community Health Improvement Services and Community Benefit Operations
- Cost of Other Means-Tested Government Programs
- Community Building Activities

Statewide totals include clinic contributions not reported on hospital Form 990 Schedule H.

Significant Health Needs - By the Numbers

1,673

Individuals received injury prevention training for bike safety, Stop the Bleed, and fall prevention.

167

Community members experiencing homelessness were treated at the Day Center by caregivers from St. Mary's Residency Program.

1,718

Individuals served through Rose Hill Hospitality House, which provides overnight accommodations for out-of-town patients.

821

Students completed hands-on clinical rotations at St. Mary's in nursing, radiology, dietary nutrition, mental health, spiritual care, healthcare leadership, and emergency medical services.