

McKay-Dee Family Medicine Residency

Faculty



Gregory L. Gochnour, MD – Program Director

Dr. Gochnour received his medical degree from the University of Utah School of Medicine. He completed his family medicine residency in Duluth, Minnesota. Dr. Gochnour practiced rural medicine in Panguitch, Utah prior to joining the McKay-Dee Family Medicine Residency Program.

Dr. Gochnour joined the residency program in 1999 and became the Program Director in 2002. He also completed a faculty development fellowship at University of Washington School of Medicine. Dr. Gochnour has additional interests in Women's Health and Obstetrics, procedural training, Sports Medicine, International Health and Healthcare Policy.



Taylor J. Stoddard, MD, FAWM – Co-Associate Program Director

Dr. Stoddard was born and raised in Toledo, Ohio. She studied biochemistry with music and philosophy minors at Denison University, then went on to the University of Toledo College of Medicine and Life Sciences. For residency, she was grateful to train at McKay-Dee Family Medicine Residency, graduating in 2022. She is a Fellow of the Academy of Wilderness Medicine and organizes the annual MedWAR during resident orientation. Her other interests include obstetrics, LGBTQ+ care, and addiction medicine.



Ethan Baham, DO – Co-Associate Program Director

Dr. Baham is a Utah native who earned his undergraduate degree in Psychology and Chemistry from Weber State University. He went on to attend medical school at Des Moines University in Iowa before completing his Family Medicine residency in Denver, Colorado. After training, Dr. Baham returned to Utah to continue his medical career and began teaching at the McKay-Dee Family Medicine Residency Program in 2022, transitioning to a full-time role in 2026. He is passionate about mentoring future physicians, preparing them to become capable and positive impacts on the community.

Dr. Baham practices full-spectrum Family Medicine with an emphasis on preventive care and healthy lifestyle choices as the foundation of a happy and healthy life. He also has a special interest in Osteopathic Manual Therapy (OMT), using hands-on techniques to help improve musculoskeletal pain and function. Outside of the clinic, Dr. Baham enjoys spending time with family and friends, drumming, board games, and plenty of disc golf.



Brent Blaisdell, PhD – Behavioral Medicine Coordinator

Dr. Blaisdell received his behavioral health training from University of Utah and Brigham Young University. He completed his residency in psychotherapy at the Marriage and Family Counseling Service in Illinois. He has worked in inpatient and outpatient behavioral health hospital settings in the Midwest and Utah for the past 25 years.

He specializes in the treatment of anxiety, depression, and a variety of behavioral health issues related to interpersonal relationships. Dr. Blaisdell has specialized interest in physician-patient relationship factors, Motivational Interviewing, emotional and social intelligence, and physician well-being.



Kate Berg, MD – Core Faculty

Dr. Berg grew up on a farm near Hazen, North Dakota. She attended the University of North Dakota where she earned a bachelor's degree in electrical engineering with a biomedical focus. She attended medical school at the University of North Dakota School of Medicine and Health Sciences. She completed her family medicine residency in Ogden at McKay-Dee in 2022. She loves family medicine and the privilege to know people and their families across their lifetime. Her interests within medicine are helping people keep doing what they love to do, all while getting enough sleep, eating real food, and moving their bodies. Outside of medicine, you can find her and her husband doing just about anything outside and hanging out with their chickens.



Anne M. Hutchinson, MD – Core Faculty

Dr. Hutchinson earned her medical degree at University of Utah School of Medicine. She completed her residency at the Utah Valley Family Medicine Residency Program. She subsequently practiced medicine in the Boston, Massachusetts area for a few years before joining a group practice in South Ogden, Utah.

Dr. Hutchinson joined the McKay-Dee Residency Program in 2007. Her medical interests include chronic disease management, preventive medicine, research, teaching and issues related to women in medicine. She serves on the Board of the Utah Academy of Family Physicians.



Stephen D. Scharmann, MD – Sports Medicine Faculty

Dr. Scharmann, a native of Utah, received his medical degree from University of California, San Francisco, completed a three-year training program in Family Medicine in Santa Rosa, California, followed by a Family Medicine fellowship. He is also Board Certified in Sports Medicine.

Dr. Scharmann joined the residency program in 1996 as the Assistant Director. He serves as team physician for Weber State University and various high schools and is a member of the McKay-Dee Sports Medicine Leadership Committee. Dr. Scharmann's expertise in Sports Medicine is highly regarded throughout the community and region. Dr. Scharmann also serves on the Board of the Ogden Surgical Medical Society and is Chairman of the Utah Medical Association Financial Services Division.



Clark N. Madsen, MD, MS – Sports Medicine Faculty

Dr. Madsen attended the University of Utah where he earned a bachelor's degree in Biomedical Engineering. He studied medicine at the Cleveland Clinic Lerner College of Medicine where he also earned his master's degree in Clinical Research. He returned home to Ogden where he completed his residency in Family Medicine at McKay-Dee Hospital. Subsequently he also completed a Sports Medicine Fellowship at UCLA in Los Angeles, California. He is board certified in Family Medicine and Sports Medicine.

His interests include medical education, clinical research, and quality improvement processes. He also enjoys helping active individuals stay active and has treated all types of athletes from children to collegiate athletes, to Olympians. He is currently a team physician for Weber State University, Ben Lomond High School, and the Ogden Raptors.

Current research interests include exercise education, concussions, injury prevention, wearable technologies in sports, and novel uses of ultrasound in the physician's office.



Nallely Ruiz, MHA – Program Manager

Nallely earned a Master of Health Administration from Weber State University. She started her healthcare career in Porter Clinic shortly after finishing high school and returned to Intermountain Health to join the McKay-Dee Residency Program in 2024. She has extensive leadership experience in healthcare operations and career technical education. Known for her ability to keep complex processes running seamlessly, Nallely is an integral part of the residency program's success. Outside of work, she enjoys cheering on her children in their many activities, taking on DIY home improvement projects, and traveling.



Monica Nancollas – Residency Administrative Coordinator

Monica was born in Cordoba, Spain, where she attended Tagore College and earned a degree in Office Management and Computer Science. She started working in Porter Clinic in 1995 and shortly after, transitioned to working in the Residency Program, where she has seen more than 190 residents graduate. Outside of work, you can find her reading, learning new languages, traveling, hiking or her favorite thing, spending time with family and friends.