

McKay-Dee Family Medicine Residency Program

Third Year Residents



Hannah Flagstad, DO

Medical School: Midwestern University Chicago College of Osteopathic Medicine

Undergraduate: University of Notre Dame

Hometown: Chicago, Illinois

I was born and raised in a small town in the north suburbs of Chicago, IL. I later left the Chicago area for my undergraduate education at the University of Notre Dame, but eventually made my way back to Chicago for medical school at Midwestern University Chicago College of Osteopathic Medicine. During medical school I found myself loving my family medicine rotations as well as ob-gyn rotations, which led to my pursuit of a broad-spectrum family medicine program out west. I grew up going to summer camp in the North Woods of Wisconsin and going on canoe trips in Minnesota's boundary waters, so the outdoor experience here in Utah was just another reason to make the move to Ogden for residency. I continue to be amazed by the kindness of the people I've met here, as well as the overwhelming support of my coworkers. My interests in residency include full-spectrum care including OB, reproductive health, inpatient medicine as well as wilderness medicine. While my partner and I were originally hoping to move somewhere more rural after residency, our experience here so far has left us wondering if we might stay awhile. In my free time, I enjoy hiking with my partner and my dog, camping, snowboarding, as well as attempting new recipes in the kitchen. When it's too cold outside, you'll find me cozied up on the couch with my newest knitting or crochet project in hand.



Ali Floyd, MD

Medical School: University of Louisville School of Medicine

Hometown: Louisville, Kentucky

I was born and raised in Louisville, Kentucky. I went to Miami University of Ohio for undergraduate where I played collegiate field hockey and studied nutrition. I then returned home to attend the University of Louisville School of Medicine. I had always hoped I could use my nutrition education to help patients in the primary care clinic setting but I also enjoyed many other medical school rotations like OB, ER, & inpatient. After completing my family medicine rotation in rural KY, I learned about full spectrum family care and I knew I had found the right fit. McKay Dee has a very robust curriculum that supports my interest in many different aspects of family medicine. Not to mention the incredible views here in Ogden & close proximity to the Wasatch Range!

I hope to stay in the mountain west to practice rural full spectrum care after residency. My hobbies include anything outdoors; hiking, backpacking, trail running, biking, water sports, tennis, yoga gardening, and am hoping to learn how to ski this year. Everything is better if I have my adventure buddies with me (our 2 dogs & my husband, John)!



Sam Jacobsen, DO

Medical School: Oklahoma State University
Undergraduate: Brigham Young University
Hometown: Edmond, Oklahoma

I was born and raised in Oklahoma. It wasn't until my undergraduate years that I moved out to Utah, where I attended Brigham Young University and pursued a degree in Physiology and Developmental Biology. During this time, I developed a love for Utah, its beautiful scenery, and unmatched outdoor opportunities. About halfway through college at BYU, I decided to pursue medicine, mainly because the field continually piqued my interest and I looked forward to the therapeutic abilities I would gain.

I was blessed to return home to Oklahoma for my medical education at Oklahoma State University, where I made many wonderful friends among the students and faculty. I am very appreciative of the education I received at OSU. During my medical education, I was always interested in family medicine and how its broad scope trained physicians to treat numerous ailments in various settings (inpatient, outpatient, urgent care, ER, obstetrics). When it came time to apply for residency, I knew I wanted to pursue a full-spectrum residency program and, if possible, return to live in beautiful Utah. As I learned more about the McKay-Dee program, and now that I am a part of it, I cannot express enough gratitude for being part of such a wonderful residency program full of highly qualified physicians and faculty who are willing to teach and treat you like family.



Jacob Ivan, MD

Medical School: Texas Tech University
Undergraduate: Brigham Young University
Hometown: Pleasant Grove, Utah

Born and raised in Pleasant Grove, Utah, I spent most of my time playing sports. That love for sports led me to pursue an athletic training internship that ultimately led me to a career in medicine. Medical school took me out to West Texas to attend Texas Tech University where I loved learning about every organ system and had a very hard time narrowing down what I wanted to do. I realized that family medicine was the field for me as I would be able to treat a wide array of diseases and build a lasting relationship with my patients. I'm excited to be at McKay Dee FMR as I truly believe it is one of the best training programs in the country.

Outside of medicine I enjoy spending time with my wife and three kids. We enjoy spending time outdoors and are excited to be back in Utah where there is a plethora of things to do here. When not corralling kids my wife and I enjoy playing card games and watching TV shows.



Sam Johnson, MD

Medical School: University of Utah School of Medicine
Undergraduate: Utah Tech University
Hometown: Cottonwood, Arizona

I was born and raised in a small town in Arizona with the beautiful Sedona red rocks as the view from my back porch. I was first drawn to medicine while taking a sports medicine class in high school where I became fascinated with the anatomy and function of the human body. As I continued to explore medicine during my undergraduate and medical school years, I fell in love with the broad scope of family medicine and the lifelong relationships that can be developed between family physicians and their patients. After spending time with the McKay-Dee family medicine residents and faculty, I knew that this program would be perfect to help me develop those skills. Outside of medicine, I love to spend time with my wife and kids. Some of my hobbies include camping, fishing, playing sports, and DIY projects around my house. After completing residency, I hope to someday return to a small town like the one I grew up in to be able to provide broad spectrum care to patients of all ages.



Katia Kelty, DO

Kansas City University College of Osteopathic Medicine
Hometown: Sandy, Utah

I grew up in Sandy Utah, a beautiful suburb of Salt Lake City, at the base of Little Cottonwood Canyon. Being raised in a dynamic with many medical family members I developed an early appreciation for blood and pus, however I truly fell in love with medicine when I became a medical assistant in Family Medicine. I absolutely loved my patients and being a part of their healthcare journey, and I loved the breadth and scope of family medicine. While I attended the University of Utah for my undergraduate education I worked for a busy full-spectrum practice that served all ages and included obstetric care, which drove me to pursue medicine in a more serious way.

After a stint in Kansas City at KCU for medical school, I was thrilled to return home to Utah and train at one of the best full-spectrum family medicine programs in the west. My interests in medicine include LGBTQIA+ healthcare, women's health and obstetrics, bioethics, pediatrics, sports medicine, ultrasound, osteopathic manipulative medicine, and any procedure I can get my hands on (basically, everything)!

Outside of work you can find me spending time with my husband and family, walking my dog, reading, listening to audiobooks, hiking, drawing, painting, watching shows, cooking, eating, playing board games, playing tabletop RPGs with my weekly D&D group, or playing volleyball and pickleball. Most other times, you'll find me sleeping.



Josh Worley, DO

Medical School: Texas College of Osteopathic Medicine
Hometown: Providence, Utah

I was born and raised in Providence, Utah and am very proud of my Cache Valley roots! My medical education began at Utah State University where I received a B.A. in Human Biology. Go Aggies! I attended medical school in Fort Worth, Texas at The Texas College of Osteopathic Medicine. I enjoyed many of my specialty experiences in Texas and am so excited to build my skills in each of these areas over the next three years at McKay-Dee. I was drawn to McKay because of the robust broad-spectrum training that will give me the confidence to practice family medicine in whatever direction my career may take me. I am excited to use the skills I develop over the next three years to positively impact my community for many years to come. As a fluent Spanish speaker, I also hope to increase access of care to Spanish speaking patients wherever I practice. Upon completion of my residency training, I plan to pursue a fellowship in sports medicine. I am passionate about not only helping people live long lives, but also helping people live their best lives. I believe sports medicine plays an important role in helping people live life to the fullest and I hope to use these skills to keep people moving, happy, and healthy!

Outside of the hospital and clinic, I enjoy being outdoors hiking, wakeboarding, and snow skiing. My favorite spots include Glacier National Park, Flaming Gorge Reservoir, and Beaver Mountain. I enjoy reading and am a major Harry Potter nerd, will take a chance to travel to a Disney theme park whenever possible, and am excited to try all the new and different foods Weber County has to offer. Above all else, I enjoy spending time with friends, my wonderful wife, and our two beautiful children.

Second Year Residents



Carson Clark, DO

Medical School: Rocky Vista University
Hometown: Ogden, UT

I grew up right here in Ogden and went to high school and undergrad just a few miles from McKay-Dee! I was interested in medicine from a young age, but I really found my passion while working for a family medicine doctor. That's when I first saw the impact that I could have on my community through family medicine. I finished my undergrad degree in Psychology from Weber State and went down to southern Utah for medical school. During my rotations in medical school, I had the opportunity to rotate at McKay-Dee several times and realized how amazing this program is. I was attracted to the incredible culture, comprehensive training, and the opportunity to grow as a physician in the community I consider home. I truly believe that Ogden is a hidden gem that offers amazing access to the outdoors and has a great downtown experience with fantastic restaurants, breweries, and great entertainment!

I am married to my high school sweetheart Abby, and we have a 14-year-old dachshund named Peanut who we treat as our child. Outside of medicine, I enjoy spending quality time with Abby and Peanut, disc golfing (Ogden has a world-famous course), computer games, and snowboarding.



Samantha Johnson, DO

Medical School: Western University of Health Sciences
Hometown: Woods Cross, UT

Samantha Johnson hails from Woods Cross, Utah, where the mountains are tall, the snow is deep, and apparently medical training wasn't challenging enough—so she also decided to throw herself down steep slopes on skis, a snowboard, or a mountain bike. With a degree in kinesiology, she knows how the human body is supposed to move, which makes watching her wipe out that much more entertaining. And despite the degrees on her wall, she's still proudly a stick-thrower at heart, happy to chase adrenaline, trails, and maybe her dog, Revy.

She chose McKay-Dee for its emphasis on training full-spectrum family medicine doctors, because here she feels like she can become whatever kind of doctor she wants. Her medical interests include lifestyle medicine and addiction medicine, but her personal interests mostly revolve around mountain adventures, partner Aaron, and Revy—who remains unconvinced that ski boots aren't chew toys. Whether she's in clinic, on the slopes, or running after Revy, Sam brings humor, energy, and a good dose of mountain grit to everything she does.



Merri Luczak, MD

Medical School: University of Utah
Hometown: Centerville, UT

Hi! My name is Merri! I'm originally from Centerville, Utah, and completed medical school at the University of Utah. I'm a Utah girl through and through! My love for medicine started when I had the opportunity to take care of my ill family members as a teenager. From there, I knew that caregiving in the role of a physician was what I wanted to dedicate my life to. I feel very fortunate to be completing my residency training here at McKay-Dee Hospital.

I have a deep love for the outdoors and enjoy running, hiking, snowshoeing, and just about any activity that gets me outside. In my free time, I also enjoy going to art museums, markets, festivals, and concerts as well as exploring new places through travel. I'm excited to get to know the people of Ogden and learn from the unique experiences each of my patients will bring. Building strong, trusting relationships with those I care for is important to me.



Rhett Schlader, MD

Medical School: University of Washington
Hometown: Cottonwood, ID

I grew up in a rural farming community located in north-central Idaho. School and athletics brought me to Eastern Oregon University, where I played collegiate basketball while completing my degree in Molecular Biology. Following undergraduate studies, I took a gap year living in Spokane, Washington, working and supporting my wife as she completed Physical Therapy school. I then moved to Moscow, ID upon matriculation into medical school at the University of Washington WWAMI program, where I spent two years of didactic training. The subsequent two years of medical school were spent traveling and completing my clinical rotations throughout the Pacific Northwest states.

After residency, I plan to move back to Cottonwood, Idaho, to provide full-spectrum family medicine care including emergency, hospital, obstetrics, and clinical medicine. McKay-Dee FMR is a perfect fit as it is important to me to get robust training in full-spectrum family medicine. Specifically, McKay-Dee provides phenomenal training in sports medicine and obstetrics, both of which I am passionate about. In my free time, you can find me playing golf, fly fishing, skiing, and exploring local breweries.



Ruben Sosa, MD

Medical School: University of Texas

Hometown: Las Vegas, NV

Ruben grew up in Las Vegas, a city known for its bright lights and showmanship. While the Strip may have offered a future in sleight-of-hand, Ruben was drawn instead to medicine, trading card tricks for the real magic of healing. With a degree in linguistics, he can switch between multiple languages with ease, though most people just ask him to translate medical jargon into plain English. When not at the hospital, you'll find him rock climbing (usually trying to keep up with his wife, who is objectively better), tossing discs on the disc golf course, or running for fun.

He picked McKay-Dee for its unbeatable sports medicine opportunities wrapped into a full-scope curriculum. His medical passions include serving underserved populations, ultrasound wizardry (the only magic he practices now), and sports medicine. At home, Ruben's proudest title is "Dad" to his adorable daughter and climbing sidekick-in-training. Whether scaling rocks, chasing discs, or navigating residency, Ruben proves you don't need a magic wand to pull off the impossible.



Zoe Stauffer, DO

Medical School: Noorda College of Osteopathic Medicine

Hometown: Spring Grove, PA

I grew up on a farm in Spring Grove, Pennsylvania, a small town known for cows, corn, and the sacred holiday of Drive Your Tractor to School Day. I attended college in Virginia and studied cellular, molecular, and physiological biology while competing in the heptathlon on the track and field team.

I chose McKay-Dee for the full-scope chaos, rigorous training, and the promise of colleagues adventurous enough to wear Canadian tuxedos with me. Outside the hospital, I'm a fan of type 2 fun, which usually involves backcountry skiing, climbing, camping, and running.

My professional interests include rural medicine, wilderness medicine, and functional medicine—basically, I want to be able to take care of people anywhere, whether that's in a clinic, on a mountain, or around a poorly managed campfire. Fun fact: my family recently moved to Heber, UT to live out their ski bum dreams, proving that questionable life choices are, in fact, hereditary.



Jordan Tucker, MD

Medical School: University of Utah

Hometown: Sandy, UT

Jordan is proud to call Utah home. Born in California, he grew up in Sandy, Utah, surrounded by the stunning backdrop of the Rocky Mountains. Before medical school, Jordan studied microbiology and worked in aging and geriatrics research. Early in his medical training, he discovered a passion for family medicine, drawn by its breadth and the privilege of caring for patients across all stages of life—from pediatrics to geriatrics.

Jordan's dedication to family medicine deepened in medical school when he was selected as part of the inaugural cohort of Intermountain Population Health Scholars, concentrating on rural populations' healthcare challenges. His clinical interests also include sports medicine, lifestyle medicine, preventive care, and wilderness medicine, earning recognition as an Associate of Wilderness Medicine. He firmly believes family medicine provides a unique opportunity to positively impact individual lives and improve community health.

He is thrilled to join the McKay-Dee Family Medicine Residency program, attracted by its unopposed, full-spectrum training, outstanding sports medicine opportunities, and supportive community of faculty and residents. Jordan particularly values McKay-Dee's distinctive combination of rigorous medical education and compassionate, patient-centered care.

Outside of medicine, Jordan is the proud father of four energetic children and enjoys spending time outdoors with them, his incredible wife, and their Labrador retriever. He enthusiastically participates in snowboarding, splitboarding, skateboarding, biking, hiking, and camping. In his remaining free moments, Jordan does silversmithing, crafting jewelry using stone native to Utah.

First Year Residents



Braden Cunningham, DO

Medical School: Noorda College of Osteopathic Medicine

Hometown: Lindon, Utah

Braden grew up all over Utah and discovered medicine at a young age when a close family member unexpectedly passed. From there he knew he wanted to make a difference, especially in the lives of underserved populations, as a family physician to help bridge the gaps his own family experienced in his youth. He earned his medical degree at Noorda College of Osteopathic Medicine in Provo Utah and was selected as a National Health Service Corps (NHSC) Scholar, reflecting his commitment to work with underserved groups in Rural or inner-city areas.

Braden's clinical interests include full-spectrum family medicine, with interests in obstetrics, pediatrics, and rural health. He is especially passionate about addressing health disparities, improving health literacy, and advocating for policies that support both patients and physicians working in underserved areas. His experiences working with Spanish-speaking patients have further strengthened his dedication to culturally competent care.

Outside of medicine, Braden enjoys spending time with his wife and three children, being outdoors, and taking advantage of the mountains through hiking, camping, snowshoeing, and many other activities. He enjoys Sci-Fi and Fantasy audiobooks, running, tabletop role play games, and being a silly husband and father. He values balance, family, and community, and strives to bring those same principles into his patient care.



Chloe Dryden, MD

Medical School: University of Utah

Hometown: St. George, Utah

I was born and raised in sunny St. George, Utah. Wanting a change of scenery, I moved up to Logan, Utah and studied molecular and cellular biology at Utah State University. While I was there, I was lucky enough to have a fantastic biology lab partner – we are now married and have two little girls!

I completed medical school at the University of Utah. I feel incredibly fortunate to be continuing my training at McKay-Dee! I was drawn to this program by its robust, comprehensive training and its stellar group of passionate and kind residents and faculty. After residency, I hope to practice full-spectrum family medicine with obstetrics in a rural community. My medical interests include pediatrics, women's health, preventive medicine, addiction medicine, point-of-care ultrasound, and healthcare policy and advocacy.

Outside of work, you can likely find me at home having a dance party with my daughters, playing nerdy card games with my husband Aaron, or taking a catnap alongside my elderly chihuahuas. I also love to crochet, read, travel to historical sites, and pretend to be a movie critic.



Jonathan Knudsen, DO

Medical School: Rocky Vista University College of Osteopathic Medicine
Hometown: Bountiful, Utah

I'm Jonathan, and I was born and raised in Bountiful, Utah. I attended the University of Utah, where I earned my undergraduate degree in kinesiology, and later completed medical school at Rocky Vista University in southern Utah.

I feel incredibly fortunate to train at McKay Dee Family Medicine Residency. I'm excited to take advantage of the program's full-spectrum training, work alongside supportive faculty and co-residents, and continue developing into a compassionate, well-rounded physician. I chose family medicine because I value building long-term relationships with patients, caring for individuals across all stages of life, and focusing on preventive care to improve overall health.

Outside of medicine, I enjoy spending time with my wife and chasing after our energetic (and adorable) toddler. In my free time, you can find me playing or watching sports, boating, exploring the sand dunes, or enjoying movies and games with friends and family. I have a deep appreciation for Utah—its people, outdoors, and communities—and I'm grateful to continue my training here.



Cruz Longoria, MD

Medical School: University of Nebraska College of Medicine
Hometown: Lincoln, Nebraska

I'm Cruz, I was born and raised in Lincoln, Nebraska where I was thoroughly conditioned to be a Husker fan. I'm excited to join the McKay-Dee Family Medicine program and am looking forward to full-spectrum training including behavioral health care, obstetrics, and lifestyle medicine. I'm passionate about caring for underserved patient populations and am working toward Spanish language fluency. Outside of medicine, I love to run, hike, golf, and follow Nebraska athletics.



Dominic Lundquist, MD

Medical School: University of New Mexico School of Medicine
Hometown: Albuquerque, New Mexico

I was born in Colorado Springs, Colorado, and grew up in Santa Fe and later Rio Rancho, New Mexico. Growing up in a medically underserved area allowed me to witness firsthand the barriers many individuals face in accessing healthcare, which strongly influenced my decision to pursue a career in medicine. Throughout my training, I became drawn to family medicine because primary care physicians serve on the frontlines of their communities, building meaningful relationships with patients while advocating for improved access to care and community health needs.

I chose the McKay Dee Family Medicine Residency because of its rigorous, full-spectrum training, which I believe will prepare me to serve patients and communities to the best of my ability. Equally important was the welcoming culture I felt from the residents and faculty. Spending a day with the program allowed me to experience the supportive environment and shared mission to train well-rounded family physicians dedicated to community-centered care.

Having been born in Colorado, I have always enjoyed spending time outdoors. Ogden's surrounding landscape provides incredible opportunities for running, biking, snowboarding, and hiking—activities that help me reset and maintain balance.



Jakob Pendleton, DO

Medical School: Rocky Vista University College of Osteopathic Medicine
Hometown: Ivins, UT

I grew up in southern Utah and completed my undergraduate training at Southern Utah University before attending medical school at Rocky Vista University in my hometown. As I completed my clerkships, I realized I enjoyed just about every rotation, which made family medicine feel like the obvious choice. I enjoy its variety and the opportunity to care for people across all stages of life. My clinical experiences and time in team-based care reinforced my interest in full-spectrum family medicine, with a focus on procedures, adaptability, and working closely with patients and their families. I am especially excited to train at McKay-Dee, a program my own dad completed years ago, and to be part of a place that has been meaningful to my family. Outside of medicine, I spend most of my time with my wife and our two daughters who keep life busy, loud, unpredictable, and a lot of fun. As a family, we are just starting to navigate life in the Deaf community and learning ASL along the way. After living in Brazil for a couple of years, I have learned to speak Portuguese and enjoy any opportunity to connect with people across language and cultural differences. When I'm not in the hospital or clinic, you'll usually find me hiking, camping, woodworking, or confidently starting projects I may or may not know how to finish.



Maura Perez, MD

Medical School: University of Utah School of Medicine
Hometown: Clearfield, UT

I was born on the island of Guam, which is where all of my family is from and is my cultural background. However, she moved to Clearfield, Utah when I was 3 years old, and I essentially consider myself a Utahn. I completed my undergraduate studies in Biomedical Engineering at the University of Utah and stayed on there for medical school as well. My passion for primary care started when I worked as a medical assistant at a family practice clinic and realized the breadth and depth that family medicine has to offer! All aspects of family medicine excite me, but I have particular interest in women's health and contraceptive care. I feel incredibly honored to be completing residency here McKay-Dee and the full-spectrum training they offer.

I have a great partner and two stepsons (twin boys!). My partner and I also welcomed our first daughter together, who will be turning 1 at the start of residency! We have a black Labrador Retriever as well as if three kids weren't enough to keep our hands full. Outside of medicine, I enjoy spending time with my family, hiking, camping, and trying new recipes.