

## St. Joseph Hospital Family Medicine Residency Program



### **Elin Kondrad, MD, Program Director**

Elin grew up in a small town in central New Hampshire and got her BA in English from Bryn Mawr College in Pennsylvania. She spent ten years at the University of North Carolina at Chapel Hill, where she went to medical school, completed her residency training, served as a faculty member after residency, and completed her faculty development fellowship.

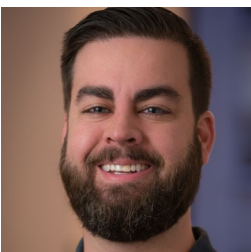
After her tenure at UNC, Elin served as a core faculty member at the St. Anthony North Family Medicine Residency Program for five years, three of which were spent as clinic medical director. She was drawn to St. Joe's because of the program's sense of community and commitment to caring for the underserved and joined the faculty at St. Joe's in 2015. She served as an associate program director starting in 2017 and took over as program director in 2019. She particularly enjoys primary mental health care and developing longitudinal relationships with patients and their families.

Elin has three children, so much of her free time is spent reading about Harry Potter's adventures, making slime, and going to cross country meets. Her grown-up interests include cooking, running, hiking, and reading novels.



### **Katie Seitz, MD, Associate Program Director**

Dr. Seitz grew up in Phoenix, Arizona. She is a big wildcat fan, having attended the University of Arizona for both college and medical school. After graduating from the Saint Joseph Hospital Family Medicine program in 2005 she did locum tenens, working as a small-town doc in several Colorado locations. Dr. Seitz has been faculty at St. Joseph since 2006 and completed the University of North Carolina Faculty Development Fellowship in 2008. She greatly enjoys teaching and mentoring residents during their training and has been the Associate Program Director since 2009. Specific medical interests include women's health, hospital medicine, geriatrics, and caring for underserved populations. She enjoys traveling, gardening, hanging out in the Colorado mountains, trying out new recipes and spending time with her family and friends.



### **Michael Matergia, MD, Associate Program Director**

Dr. Matergia grew up in small-town Pennsylvania. He completed his medical education at Harvard Medical School and trained here at Saint Joseph Hospital. As a family doctor, he is passionate about full scope patient care, resident education, and the design of healthcare delivery systems in resource-poor settings.

Together with his wife, Denna, Michael co-founded a non-profit dedicated to providing innovative health and education programs in the rural Eastern Himalayas. He continues to travel frequently to India where he is currently focused on implementing a CHW-led school health program and evaluating and scaling a community-based care system for child mental health.

Michael splits his time between the Center for Global Health at the University of Colorado and Saint Joseph Hospital where he continues to see patients and teach residents. Outside of work, Michael enjoys skiing, cooking, reading, and hanging out with friends and family.



### **Abria, Bonner, MD | Clinical Faculty**

Dr. Abria Bonner was raised in Matteson, IL, a south suburb of Chicago. She received her Bachelor of Science in Biochemistry from Bradley University in Peoria, IL. While attending Bradley University, she was very active in dancing and choreography for the Bravettes Dance Team. She continued her higher education in the Midwest and received her medical degree from the Indiana University School of Medicine, where she met her husband, Nick.

When choosing a residency, Abria wanted full scope training in an urban underserved area and found this with Saint Joseph Family Medicine Residency. She graduated from St. Joes in 2021 and went on to complete a Faculty Development Fellowship at St. Anthony North Hospital with a dual component through the University of North Carolina School of Medicine.

Dr. Bonner is passionate about family planning, prenatal care, representation in healthcare, and educating and supporting residents. In her spare time, she enjoys dancing, watching horror movies, playing boarding games, cooking, and playing with her dog Luna.



### **Michael DaRosa, Board Certified Sports Medicine Physician**

Dr. DaRosa is a primary care sports medicine physician. He completed his residency training in family medicine at Saint Joseph Hospital in 2011. He then went on to complete a sports medicine fellowship at Indiana University followed by a faculty and sports medicine position with Community Health Network. In Indianapolis, Mike cared for athletes of all levels and was the team physician for the Indy Eleven professional soccer team and three local high schools. He also helped care for the Indy Fuel professional hockey team, Indianapolis Colts professional football team, as well as athletes at Purdue and IUPUI University.

In addition to seeing sports medicine patients in private practice at Denver Sports Medicine-SCL Physicians, Mike is part time faculty at St. Joseph's family medicine residency. Mike oversees the OMT (Osteopathic Manipulative Treatment) clinic, the sports medicine clinic, as well as the sports medicine track. Mike is a team physician for the Glendale Raptors men and women professional rugby teams and is a medical director of the Denver Public School's Sports Medicine Department where he supervises residents during weekly injury checks. Mike's love of OMT and athletics (former captain of college soccer team) lead him to a career in sports medicine. He is very passionate about teaching the residents how to keep their patients active and to get each of them back to the awesome Colorado activities they love.



### **Erika Burke, MD | Clinical Faculty**

Erika grew up in Sioux City, Iowa and went to Washington University in St. Louis for undergrad where she was an EMT and thought Emergency Medicine would be her calling. She went back to Iowa for medical school at the University of Iowa and developed a passion for primary care and the continuity it offers. During her fourth year of medical school, she did a sub-I here at St. Joe's, loved it, and came here for residency. She stayed in Denver for a few years after residency and then moved to Kansas for her husband's job, where she worked for a FQHC and then spent several years as faculty at a residency in Wichita, KS.

She is now very happy to not only be back in Denver, but also back at St. Joe's. She enjoys caring for an underserved population and all the teaching/interactions that happen in a residency clinic.

Outside of medicine, she enjoys spending time outside, traveling, cooking, and spending time with her husband, their 2 children, and their dogs.



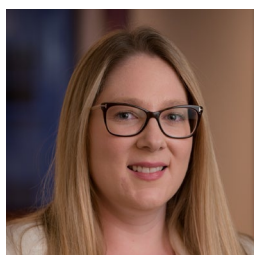
### **Rebecca Hainz, DO | Clinical Faculty**

Dr. Hainz grew up in Tampa, Florida where she attended the University of Florida for undergraduate and Lake Erie College of Osteopathic Medicine in Bradenton, Florida for medical school. She completed her residency training at the University of North Carolina in Chapel Hill and then continued north to Allentown, Pennsylvania where her husband was completing his residency. There she joined the faculty at the Lehigh Valley Family Medicine Residency, an MD/DO program, and after almost four years in the northeast, the decision was made to move in search of more sunshine. In the spring of 2018 she moved to Denver with her husband and prior to joining the faculty at Saint Joseph Family Medicine Residency she worked locums at a private practice office in downtown Denver.

Her clinical interests include full-spectrum family medicine and care of under-served and marginalized populations.

She believes in caring for the whole person and enjoys including behavioral medicine and OMT into her sessions. She has also had the privilege to take multiple international medical trips including a trip to Cambodia just prior to settling in Denver and hopes to continue this work especially in areas where she can improve her Spanish.

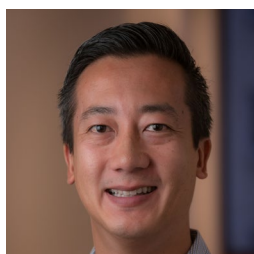
Outside of work she enjoys hiking, traveling, exploring local events and music and spending time outside with her husband Case and their dog Mate.



### **Megan Harper, MD, OB Fellowship Director**

Megan was born here at Saint Joseph Hospital and grew up in Golden, Colorado. She obtained her bachelor's degree in molecular biology from the University of Colorado in 2006 and graduated from the University of Colorado School of Medicine in 2011. She completed her residency and maternity care fellowship at Saint Joseph Hospital and was fortunate enough to return in 2017 as the Primary Care OB Fellowship Director.

Megan's clinical interests include prenatal care, women's health, pediatrics, preventive care, and outpatient procedures. Outside of medicine, Dr. Harper enjoys spending time with friends and family, traveling, photography, hiking, and is an avid college sports fan.



### **Huy Ly, MD | Clinical Faculty**

Huy has spent a majority of his life in Oklahoma - growing up in Stillwater, then attending college in Norman at the University of Oklahoma, where he competed as a gymnast. He went on to earn his medical degree at OU in Oklahoma City and Tulsa. He was excited to venture out to a new state and be a part of the residency program at Saint Joseph Hospital from 2005 to 2008. In 2009, Huy rejoined the Saint Joseph Hospital team as a part-time faculty member.

His other time is spent as a float physician at outpatient practices in the Denver metro area. His special interests in medicine include global health and community medicine, serving those with limited medical resources. He loves to spend his free time outdoors snowboarding, hiking, running, or walking his dog. He will take any opportunity he has to travel around the US and around the world.



### **Stephanie Sandhu, MD | Clinical Faculty**

Dr. Sandhu was born in Toronto, Canada but moved to Boulder, Colorado at a young age. She completed a dual degree in English (Women's Literature concentration) and Neuroscience at the University of Miami and then returned to the University of Colorado for medical school. She is proud to have trained at the Saint Joseph Family Medicine Residency herself and greatly appreciates the program's commitment to serving people who are medically underserved.

After residency she spent five years at an FQHC in Aurora, Colorado where she focused on healthy equity, quality improvement and clinical risk mitigation. She believes healthcare is a human right and returned back as faculty in 2023 in hopes of fostering and supporting resident interest in social justice and high-quality healthcare for all.

She is passionate about reproductive justice, whole family primary care, clinical informatics, and physician wellness. Outside of work, she enjoys spending time cuddling with her toddler, traveling with her family, hiking, dancing and eating yummy food.



### **Allyson Westling, MD | Clinical Faculty**

Dr. Allyson Westling grew up in Eden Prairie, Minnesota. She completed her undergraduate degree in Biochemistry at Northwestern University in Evanston, Illinois. She then worked as the refugee women's program coordinator for a non-profit refugee resettlement agency in Chicago. She moved to Boston, Massachusetts, to attend Tufts University School of Medicine where she earned her Medical and Master's in Public Health degrees. Upon graduation from medical school, she came to Denver for residency training at the University of Colorado Family Medicine Residency Program- Denver Health track. She has worked as an outpatient primary care provider with the SCL Medical Group Central Park clinic prior to joining the St. Joseph's faculty team.

Allyson is passionate about improving health care access to underserved populations, food equity, LGBTQ+ care, refugee health, and graduate medical education.

Her clinical interests include women's health, gynecologic procedures, family planning, transgender care, pediatrics, preventative care, advanced care planning, and outpatient procedures.

In her spare time, she and her husband enjoy all things Colorado: hiking, downhill skiing, snowshoeing, trail running, camping and backpacking- just to name a few! When she is not in the mountains, you can often find her wandering around Denver's various museums or checking out a local coffee shop or brewery.



### **Sarah Pederson, DO | Maternity Care Fellow**

Sarah was born and raised in Boulder, Colorado and stayed there for her undergrad. Afterwards, she spent a few years living abroad in Germany, dabbling in different career paths, including counseling and neuroscience research, ultimately landing on medicine. Once Sarah was accepted to medical school at RVUCOM, she moved back to the States with her German husband. Full-scope family medicine was an easy choice after loving every clinical rotation during med school and finding joy in long-term relationships with the entire family. For residency, she was once again lucky enough to stay in beautiful Colorado at NCFM in Greeley. As a third-year med student, Sarah had her very first clinical rotation at St Joe's in General Surgery. She loved the patient population, community, and collegiality among the specialties; she couldn't be more excited to be back at the hospital where she had her first exposure to the OR.

Sarah's passions in medicine include working with underserved communities, global health, women's health, primary care mental health, and physician wellness. As a true Colorado native, her interests naturally include hiking 14ers, skiing, biking, and climbing. Outside of medicine, her academic interests lie in learning other languages, history, and traveling. She is currently building out a sprinter van with her husband to take their mountain adventures to the next level.





### **Blaine Olsen, MD, Clinic Medical Director**

Dr. Olsen was born in Denver and grew up in Littleton, Colorado. He graduated from Colorado College in Colorado Springs (after watching a lot of Tiger hockey) with a B.A in Biochemistry. He then moved to Denver to attend the University of Colorado School of Medicine, from which he graduated in 2000. He completed his training at the Saint Joseph Hospital Family Medicine Residency. After finished residency, he enjoyed four years in private practice in Denver, where he practiced obstetrics and taught as a community preceptor for the residency. In 2007, he returned to the Saint Joseph Hospital Family Medicine Residency as a full-time faculty member. His interests include teaching surgical procedures, community medicine, geriatrics, and wilderness medicine.

Dr. Olsen speaks Spanish. In his spare time, he enjoys spending time in the outdoors skiing, biking, running or doing just about anything else with his wife, two daughters, and their dog, Oscar.



### **Matt Davis, PsyD, Manager of Behavioral Health Education**

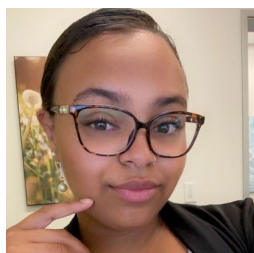
Matt grew up in the Pineywoods of East Texas, completed his BS in Psychology at the University of North Texas, and completed his MA and PsyD in Clinical Psychology at Biola University in southern California. He has lived in Colorado since moving here in 2010 for his doctoral internship at Community Reach Center in the north Denver suburbs.

He has worked at 2 different safety net clinics over the last decade as an integrated psychologist, including Bruner Family Medicine. He is passionate about working with immigrant and Spanish-speaking patients, integrating behavioral health into primary care, and training residents to work well with their patients who have traditionally not been well-understood by their medical teams.



### **Andrea Godina, Program Administrator**

Andrea started with the program in May 2022, after working for imaging facilities doing insurance authorizations. Andrea officially took the role of program administrator in September 2022 for the Saint Joseph Family Medicine Residency Program. She loves that she gets to wear many hats in this role while supporting residents in their educational journey. Outside of work, her family, soccer, and two dogs get all her time. Andrea looks forward to new challenges and rewards with each upcoming resident year.



### **Stacia Batth, Program Scheduler**

Stacia has been with the Residency Program since January 2023 and has been with Saint Joseph since June 2022. Since begin her career with Saint Joesph, Stacia started off with the Heart and Vascular Institute and transferred to Bruner Family Medicine. Shortly after transferring to Bruner Family Medicine, the clinic, the doctors, the residents, and the staff found a special place in Stacia's heart. She had started off as the program's Administrative Assistant, collecting and tracking data for each Resident to ensure that they meeting the requirement of the ACGME in order to graduate. In March 2024 Stacia has transitioned into the Residency Program Scheduler. In this position Stacia oversees all the changes and requests for the Residents', Faculty's, APPs', and outside Preceptor's schedule each month. It is a humble experience for Stacia to be a part of an exciting work environment and to watch the Residents grow and develop into wonderful doctors.



### **Kat Sposato, Administrative Assistant**

Kat started as the Administrative Assistant for the Bruner Family Medicine Residency Clinic in July 2024, and before that was a student at CU Denver. As an Administrative Assistant, Kat collects and tracks data to make sure that each Resident is on track to meet their ACGME requirements. She graduated with a degree in Philosophy, and in the future looks to further pursue this. She is happy to be a new addition to the Residency clinic and is excited to further learn about Residency Education and the Healthcare Industry. Outside of her professional life, her hobbies include darkroom photography, occasional knitting, and reading (of course, mostly Philosophy books).