

Our Residents

Utah Valley Family Medicine Residency Program

Class of 2027



Bret S. Andrew, MD Co-Chief Resident

Dr. Bret Andrew graduated medical school from the University of Washington. Dr. Andrew grew up in Casper, WY, and he and his wife love all things outdoors: hiking, camping, hunting, fishing, and skiing. Dr. Andrew also is a musician and in his spare time loves to perform live shows! Dr. Andrews' medical interests include full spectrum care, preventative medicine, and sports medicine. He and his wife are excited to be a part of Utah Valley.



Clay Watts, MD Co-Chief Resident

Dr. Watts was born and raised in Boise, Idaho and attended Creighton University for medical school. Dr. Watts and his wife have one daughter and consider themselves to be foodies while enjoying everything in the outdoors. Dr. Watts enjoys traveling and hopes to explore all over the world with his family.



E. Harper Christensen, MD

Dr. Harper Christensen grew up in Riverton, Utah. She attended the University of Utah School of Medicine and is married with three beautiful children. She enjoys the outdoors and spending time with family. Professionally, she is interested in full-spectrum family medicine including pediatrics, women's health, mental health, and sports medicine.



Katie E. Ernste, MD

Dr. Ernste grew up in Faribault, MN. She graduated from the University of Minnesota before attending the Medical College of Wisconsin. Her medical interests include women's health and obstetrics, pediatrics, and working with underserved populations. In her free time, she enjoys doing anything outdoors, especially going for hikes, playing volleyball and downhill skiing.



Boston E. Gubler, MD

Dr. Gubler went to medical school at the University of Colorado. He and his wife are both from small towns in the Southwest of Utah and they have two wonderful sons. When he's not playing with his family, Dr. Gubler enjoys to read, hike, play basketball or boardgames, and eat good food with fun people. Dr. Gubler's medical interests include OB, Rural and Sports Medicine.



Jonathan Nielsen, MD

Dr. Nielsen grew up in St George, Utah, earned his undergraduate degree from Southern Utah University, and medical degree from University of Texas Medical Branch in Galveston, Texas. Outside of medicine, he enjoys spending time with his wife and two children, watching sports, and playing all manner of games!



Bryce P. Snow, MD

Dr. Snow went to medical school at the University of Washington. He is interested in full scope Family Medicine but is particularly interested in lifestyle, longevity, and sports medicine, as well as emphasizing mental well-being. In his spare time, he enjoys skiing, biking, hunting, and reading.



Seddrick B. Weekes, DO

Dr. Weekes grew up in a small town called Middlebury in northern Vermont. He completed his undergraduate at Brigham Young University with a degree in exercise science. Dr. Weekes attended the Alabama College of Osteopathic Medicine for medical school and is interested in sports and family medicine. He enjoys spending time with his wife and daughters when he's not at work. In his spare time, he loves sports and enjoys soccer, basketball, football, snowboarding and pretty much anything that keeps him active.

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Jeremy Allred, MD

Dr. Allred is originally from Layton, Utah, and earned his undergraduate degree in Spanish from Brigham Young University. He completed his medical education at Virginia Commonwealth University in Richmond, Virginia. Dr. Allred has a strong interest in caring for Spanish-speaking patients and values building meaningful connections through language and culture. Outside of medicine, he enjoys spending time with his wife and young son, especially while rock climbing, snowboarding, and backpacking.



Dalton Beeson, DO

Dr. Beeson was raised in Cedar City, Utah, and earned his undergraduate degree from Southern Utah University. He went on to complete his medical education at Rocky Vista University College of Osteopathic Medicine. His clinical interests include full-spectrum family medicine, preventive care, sports medicine, and rural health. In his free time, Dr. Beeson enjoys spending time outdoors with his wife, engaging in activities such as hiking, hunting, and playing sports.



Rachel Coy, DO

Dr. Rachel Coy is a lifestyle medicine enthusiast who loves helping people live healthier, more balanced lives. She went to medical school at A.T. Still University and brings that holistic mindset into everything she does. Outside of work, she's always on the move—whether it's running, hiking, boxing, dancing, or traveling—and she's just as happy tackling a DIY home project or getting competitive at trivia night. Dr. Coy also loves live music, reading poetry and literature, and spending quality time with her family and friends.



Porter Edwards, DO

Dr. Edwards was raised in Alpine, Utah, and completed his undergraduate studies at Southern Utah University. He earned his medical degree from Rocky Vista University in Southern Utah, where he developed a strong foundation in patient-centered care. Outside of his medical practice, Dr. Edwards enjoys spending quality time with his wife and their two sons, often exploring the outdoors through hiking, camping, boating, and discovering slot canyons. An avid endurance athlete, he and his wife have both completed 50-mile ultra marathons, reflecting their shared commitment to health and perseverance.



Nathan Gottfredson, MD

Dr. Gottfredson was raised in St. George, Utah, and completed a two-year mission in Atlanta, Georgia before earning his undergraduate degree in Exercise Science from Dixie State University. He received his medical degree from the University of Central Florida College of Medicine in Orlando. His professional interests include lifestyle medicine and sports medicine, with a focus on promoting long-term wellness and physical performance. Outside of his medical practice, Dr. Gottfredson enjoys spending time with his wife and three children, exploring the outdoors through hiking, boating, fishing, and traveling.



Rustin Limb, DO

Dr. Rustin Limb is a dedicated physician with a deep passion for rural medicine, combining his love for community care with a spirit of adventure and creativity. Outside of his medical practice, he enjoys hiking with his family, fly fishing, and cooking with cast iron and Dutch ovens. He also dabbles in woodworking, crafting wooden scoops, and stays active through pickleball, softball, spikeball, and mountain biking. Whether in the clinic, outdoors, or workshop, Dr. Limb brings curiosity, craftsmanship, and heart to everything he does.



Mariangela Santiago, DO

Dr. Santiago was born and raised in Venezuela before relocating to Utah with her husband. She earned her undergraduate degree from Utah Tech University and completed her medical education at Rocky Vista University. Her professional interests include preventive medicine, mental health, and providing care to underserved populations. In her free time, Dr. Santiago enjoys staying active through exercise and dance, traveling, and spending quality time with her family.



Easton Weaver, DO

Dr. Weaver was born and raised in Cedar City, Utah. He completed his undergraduate studies at Southern Utah University and earned his medical degree from A.T. Still University's Kirksville College of Osteopathic Medicine in Missouri. His professional interests include pediatrics, rural medicine, and preventive care. Outside of his medical practice, Dr. Weaver enjoys spending time outdoors with his wife and two young sons—camping, fishing, and hunting—as well as following sports, particularly baseball and Arsenal F.C.

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Luke Brockbank, DO

Dr. Luke Brockbank grew up in Sandy, Utah. He completed his undergraduate at Brigham Young University and then graduated from medical school at Texas Tech University Health Sciences Center School of Medicine. His professional interests include sports medicine, family practice, and caring for both Spanish and Portuguese speaking patients. Outside of work, he can most often be found accompanying his two sons at a local park or splash pad. He also enjoys hiking, reading, and trying new restaurants with his wife.



Mark Conley, DO

Dr. Conley is originally from Cottonwood Heights, Utah. He graduated from Texas College of Osteopathic Medicine at the University of North Texas. He is passionate about full-spectrum family medicine, sports medicine, and preventative care. Outside of medicine, Mark loves skiing, basketball, running, and spending time with his wife. He is proficient in Spanish and enjoys caring for patients in their native language whenever possible.



Madison Colvin, MD

Dr. Colvin was born and raised in Donaldsonville, a small town in southern Louisiana. She earned her undergraduate degree from Louisiana State University before going on to receive her medical degree from LSU Health in Shreveport. Her professional interests include lifestyle medicine, preventive medicine, and women's health, with a focus on promoting long-term wellness and disease prevention. Outside of medicine, Dr. Colvin enjoys exercising, cooking, and spending time outdoors with her family.



Sara Kayser, DO

Dr. Kayser was born and raised in Southern California. She attended UC Berkeley for undergraduate school where she earned her bachelors in nutritional science. She went on to attend medical school at Arizona College of Osteopathic Medicine, Midwestern University while also completing her masters in public health. She is interested in preventative medicine as well as women's health. Sara loves spending time with her husband and golden retriever, Buck. They enjoy bike rides, pickleball, hikes, and time outdoors. She also loves to cook and craft in her free time.



Anson Nebeker, DO

Dr. Nebeker is a Family Medicine physician who earned his medical degree from Rocky Vista University. Originally from Idaho Falls, ID, he is passionate about full-spectrum family medicine and values building long-term relationships with patients and their families. His professional interests include preventive care, women's health, chronic disease management, and helping patients make sustainable lifestyle changes to improve their health. Outside of medicine, he values spending time with his wife and three little children. His hobbies include golf, spending time outdoors hiking, fishing and camping, baking and cooking, especially smoking and grilling on his Traeger. He looks forward to caring for the members of the community and helping patients achieve their health goals.



Dylan Pierce, MD

Dr. Pierce is originally from central Wisconsin and recently graduated from the Medical College of Wisconsin—Central Wisconsin. He is a Family Medicine resident at Utah Valley Family Medicine with interests in full-spectrum family medicine, particularly rural practice, obstetrics, procedures, and point-of-care ultrasound. He enjoys building long-term relationships with patients and plans to practice in a rural community after residency. Outside of medicine, Dylan enjoys fly fishing, hiking with his wife, Erika, and their cocker spaniel, Baxter, as well as golf, board games, trivia nights, cooking, and tying his own flies.



Cesar Prugue, DO

"Dr. Prugue was born in Peru and raised in Orem, Utah. He earned his undergraduate degree in Chemical Engineering from Brigham Young University, where he met his wife, and completed medical school at Edward Via College of Osteopathic Medicine - Carolinas. His professional interests include full-spectrum family medicine, prenatal and obstetric care, and serving Spanish-speaking and underserved communities. Outside of medicine, he enjoys playing pickleball, hiking, and traveling."



Jaxon Savage, DO

Dr. Savage grew up in St. George, Utah, where he earned his undergraduate degree from Dixie State University and his medical degree from Rocky Vista University College of Osteopathic Medicine. His professional interests include full-spectrum family medicine and preventative medicine. Outside of medicine, he enjoys spending time with his wife and three sons, hunting and fishing, and working on his golf game.

Faculty



Utah Valley Family Medicine Residency Program



Rob Mehl, DO, Program Director

Dr. Mehl was born and raised in Saugus, California. He went to Brigham Young University for his undergraduate degree and graduated with a bachelor's in neuroscience. He completed family medicine residency at Utah Valley and then worked in a rural clinic in Pittsfield, Illinois, for four and a half years before returning to the residency to be faculty. In 2016 he was named the residency program director. His clinical interests include obstetrics, pediatrics and global health. Dr. Mehl and his wife Becky have five children. He enjoys running, basketball, football, and any activity that involves water. He is fluent in Portuguese and Spanish.



Sarah Daly, DO, Assistant Director

Dr. Daly is originally from Canton, Ohio. She graduated from Slippery Rock University of Pennsylvania in 2001 with a bachelor's in biology. In 2006, she graduated from Ohio University College of Osteopathic Medicine. She is a 2009 graduate of the Utah Valley Family Medicine Residency and a former chief resident. Her professional interests include women's health, behavioral medicine, evidence-based medicine, and LGBTQ+ care. In her spare time, she enjoys mountain biking, reading, and spending time with her family.



Scott Black, MD

Dr. Black grew up in Pleasant Grove, Utah. He graduated with a bachelor's degree in history from Utah Valley University. He then graduated from Virginia Commonwealth University School of Medicine in Richmond, Virginia. He completed his residency training at the Utah Valley Family Medicine Residency and then worked for three years in a rural health clinic in La Pine, OR before returning to the residency as a faculty member. He enjoys snow skiing, mountain biking, and hanging out with his amazing wife and four awesome kids.



Rob Christensen, MD

Dr. Christensen practices full-spectrum family medicine including obstetrics. He enjoys running, fly fishing and watching his kids play sports.



Marlin Christianson, MD

Dr. Marlin Christianson, MD was born in Gainesville, Florida. He graduated from Brigham Young University in 1990 with a bachelor's degree in microbiology. He graduated from the University of Utah School of Medicine in 1994. Dr. Christianson completed a family practice internship and residency at Naval Hospital Camp Pendleton, California, in 1997, and a fellowship in complicated pregnancy from 1999-2000, at Florida Hospital in Orlando. He spent 11 years as a physician with the Navy, stationed in Guam, San Diego, and Naples, Italy. Dr. Christianson and his wife have five children. He enjoys hiking, fishing, sports, and reading. Medical School - University of Utah School of Medicine. Residency - Family Practice Residency at Naval Hospital Camp in Pendleton, CA. Fellowship - Complicated Pregnancy at Florida Hospital, Orlando, Florida



Nikki Clark, MD

Dr Clark is a 2002 graduate of UVFMR and former chief resident. She has completed a Geriatric Fellowship and is a board-certified geriatrician. Dr Clark has been at the Merrill Gappmayer Clinic for over 20 years. Her professional interests include geriatrics, women's health, chronic disease management and helping patients achieve their best health possible. In her free time she enjoys her 3 Australian Shepherds dogs.



Matt Eastman, DO

Dr. Matt Eastman is a Utah native and board-certified family physician. After earning his medical degree from Kirksville College of Osteopathic Medicine and completing residency training at Naval Hospital Camp Pendleton, he served as a U.S. Navy physician in Guam and North Carolina. Since 2005, he has practiced family medicine in a variety of settings, most recently with Intermountain's InstaCare network. Dr. Eastman is passionate about full-spectrum family medicine and medical education. He and his wife, Kim, have three children and 4 grandchildren, and he enjoys baseball and golf.



Cami King, MD, MBA

Cami is originally from Colorado. She is interested in all aspects of medicine but has a special interest in Rural and Women's Health. In her free time she loves hiking, fishing, being outdoors and spending time with her husband. Pregnancy at Florida Hospital, Orlando, Florida



Adam Johnson, PhD

Adam grew up nearby in Heber City, Utah. He went to Brigham Young University for his undergraduate degree, Utah State University for his master's degree, and East Carolina for his PhD in Medical Family Therapy. He joined the residency in 2021 and helps the residents and their families maintain their wellbeing during residency, while also collaborating our integrated care effort and teaching the behavioral science curriculum. Adam and his wife and kids try and make the most of the Utah mountains and red rock desert, and spend as much of their time as possible biking, skiing, and hiking.



Brittney Robles, GME Program Manager

Brittney Robles is the Program Manager for the Utah Valley Family Medicine Residency Program. She brings more than 20 years of healthcare leadership experience and is passionate about advancing Graduate Medical Education at Intermountain Health. She is currently pursuing a degree in Healthcare Administration and serves on the Board of Directors for the Association of Family Medicine Administration (AFMA). Outside of work, Brittney enjoys camping, spending time at the lake, and supporting her seven children in the activities they love.