



Mission

We reveal and foster God’s healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable.

Vision

Inspired by our faith,

We will be distinguished as the trusted person-centered partner to those who engage with us in their physical, mental and spiritual health decisions.

We will share accountability with clinicians, associates and affiliated stakeholders to deliver exceptional care that is well-coordinated, accessible, affordable, safe, and results in optimal outcomes for individuals and populations.

We will grow as community-based health networks in partnership with others who share our vision and values and align with us to be an essential provider to those we serve.

Values

Caring Spirit – We honor the sacred dignity of each person.

Excellence – We set and surpass high standards.

Good Humor – We create joyful and welcoming environments.

Integrity – We do the right thing with openness and pride.

Safety – We deliver care that seeks to eliminate all harm for patients and associates.

Stewardship – We are accountable for the resources entrusted to us.



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Thank you for your generosity!

The end of a decade! 2019 marked the end of another decade for us all – a time of reflection, gratitude, and New Year’s resolutions as we prepare for a fresh and healthy 2020. At Lutheran Medical Center, we have so much to be proud of and thankful for at year’s end.

Much work has been done to align Lutheran’s programs and our associates through a five year strategic plan, Mission Forward 2025, which will allow the hospital to best suit the healthcare needs of our community. While the hospital looks towards the future of healthcare in our Denver West community, the Lutheran Medical Center Foundation is there every step of the way to financially support programs, services and patient needs to ensure the very best care is provided.

As Lutheran Medical Center looks toward our future, we anticipate new and exciting growth opportunities to share with our patients and community.

In 2019, over \$2M was raised to support Lutheran through the generosity of individual community donors, corporations, and grant makers. These funds help to support so much,

including associate education opportunities in advanced patient care and safety; created comfort and serenity for patients receiving hospice and palliative care; ensured patients in need could receive life-saving prescription medication at time of discharge; cancer services support and community health education.

As Lutheran Medical Center looks toward our future, we anticipate new and exciting growth opportunities to share with our patients and community. These advancements will ensure every patient receives state of the art care – whether they are seen in the emergency department, labor and delivery, or for an outpatient procedure. As you view the pages of our 2019 annual report we hope you will celebrate with us and know that your gifts have made a direct impact in the lives of many patients. Please accept our sincere thanks for your trust and support.

Warmest Regards,

Betsy Brew, MD
Chair, LMC Foundation Board of Directors

Kathie Repola, CFRE
Executive Director, LMC Foundation

Meeting a Community Need: Mental and Behavioral Health at West Pines

Every day we hear it on the news – mental and behavioral health has become a great healthcare concern for the nation, without many resources to support those who need help. These needs are no different in the Denver West community, and we are fortunate to have a beacon of light at West Pines Behavioral Health at Lutheran Medical Center.

West Pines provides compassionate treatment for mental, emotional and behavioral health disorders as well as addiction treatment. Through partnership with the **State of Colorado and Signal Behavioral Health**, patients can find support for their prevention, treatment and recovery options. **Over \$500,000** in grant funding supports several programs at West Pines: the Recovery Nurse Advocate, the Recovery Patient Navigator, Residential Treatment for those in need and an educational group for family members who have a loved one with addiction.

The **Recovery Nurse Advocate program** helps pregnant women who are substance addicted, particularly to opioids, to lead a healthier and happier life for themselves and their babies. This population of patients is often reluctant to engage because of fear of having their child taken away from them. In 2019, 35 women and their babies were provided services which included antepartum, labor and delivery and postpartum support, education and case management. The Circle of Parents support group met weekly and had between 5-12 mothers and 6-8



children in attendance. This program offers the opportunity for Lutheran to care for the whole person, regardless of their circumstance, and helps remove the stigma and fear from seeking addictions treatment.

The **Recovery Patient Navigator (RPN) Program** was developed in 2019 to provide ongoing counseling, case management and support to patients who have a substance abuse disorder. The RPN meets with patients while they are still in the hospital or in substance abuse treatment, follows-up with them upon discharge and continues this

follow up a week later and then every thirty days for a year. This program engaged 50 individuals in two months and is rapidly growing. The ability to continue monitoring these patients and provide support post-discharge should help this population of patients remain drug-free.

The **Community Reinforcement and Family Training (CRAFT)** program is a weekly educational offering for family members and loved ones who have addictions. This program helps participants to effectively communicate and manage

West Pines provides compassionate treatment for mental, emotional and behavioral health disorders as well as addiction treatment.



challenges faced with the patient who has an addiction. Over the course of the year, over 50 individuals participated in this weekly group.

Through a long time partnership with **The Daniels Fund**, West Pines is able to provide inpatient substance abuse treatment to underinsured patients. This is a huge need for the Denver West community, as inequities in income and health insurance coverage remain persistent, leading to poor outcomes for our community. Through a \$90,000 grant in 2019, West Pines was able to provide 889 days of substance abuse treatment to 65 patients.

Community First Foundation provided over \$85,000 to support the launch and evaluation of the Screening, Brief Intervention and Referral to Treatment program (SBIRT) at Lutheran Medical Center. This evidenced-based practice is used to help reduce substance abuse and is a pilot of the U.S. Department of Health and Human Services Substance Abuse and Mental Health Service Administration's SBIRT model. This model has been piloted across the state for over ten years, but has never been used in a clinically integrated health care setting.

Over the next year, Lutheran will launch this program at West Pines Behavioral Health – training over 50 medical staff in the SBIRT model, with a goal to screen over 1,000 patients for substance abuse risk through the Emergency Department, medical floors, and at West Pines. The program should help identify patients needing substance abuse treatment and over time should show a reduction in substance abuse disorders.

West Pines Behavioral Health is meeting the needs of some of our most vulnerable and stigmatized populations.

Signal Behavioral Health, Daniel's Fund and Community First Foundation are vital partners in Lutheran's ability to treat and manage behavioral health and addictions treatment options for our community. West Pines Behavioral Health is one of the only stand-alone behavioral health facilities in the Denver West area, meeting the needs of some of our most vulnerable and stigmatized populations. West Pines is one of the ways that Lutheran provides compassionate, whole person care to our patients.

Honoring the Lives of John & Roberta Nyberg

Volunteers are the back bone of Lutheran Medical Center. A force that is 475 individuals strong, Lutheran's volunteers provide over 45,000 hours of support to the hospital. One of these volunteers was Dr. John Nyberg, a local community member and dentist who found his role delivering mail to departments at Lutheran.

John was a volunteer at Lutheran for nearly 5 years prior to his passing in the Spring of 2019. John's passing was especially hard for his family, who lost their mother Roberta Nyberg just days following while in the care of Collier Hospice Center.

John and Roberta's daughters wanted to memorialize their parents with a gift to the hospital. Through their generosity, the family established The John and Roberta Nyberg Junior Volunteer Scholarship Endowment fund. This fund will provide educational scholarships to junior volunteers at Lutheran. As a Lutheran volunteer, John saw the importance of engaging youth in volunteer work, and this endowment will help countless students as they continue their education. The family also provided funds to

renovate the garden at Collier Hospice Center, one of Roberta's favorite places while receiving care at Collier. Both of these investments were matched with the Lutheran Foundation's Matching Gift Program.

As a Lutheran volunteer, John saw the importance of engaging youth in volunteer work, and this endowment will help countless students

Through these gifts, the Nyberg family has created a lasting memory of John and Roberta that will touch many lives. A gift our hospital and community will not soon forget.



Dr. John & Roberta Nyberg

Awards & Recognition

Thirty six Lutheran nurses were nominated for the **Nightingale Award for Excellence in Nursing**; three were selected as Luminary Finalists.

AHA Workplace **Health Achievement Gold Award**

Healthgrades 2019 **America's 50 Best Hospitals Award™** for the second year in a row

"A" grade from **The Leapfrog Group** for the fifth year in a row

Recognized by **The Women's Choice Award® for Clinical Excellence and Consumer Experience**

AHA/ASA **Get With the Guidelines® Stroke Gold Plus – Target Stroke Elite Plus Honor Roll award**

American College of Cardiology's NCDR Chest Pain – **MI Registry Platinum Performance Achievement Award**

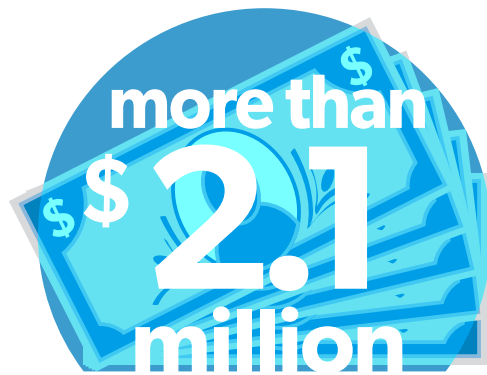
Twenty Lutheran physicians recognized in **5280 magazine's annual list of Top Doctors**

Lutheran Hospice became a **Three Star level partner** in the **"We Honor Veterans"** program, which is funded by the LMC Foundation

Certified as **Comprehensive Stroke Center** by DNV GL-Healthcare



2019 Measures of Impact



raised in 2019



transferred to Lutheran
Medical Center in 2019



in grants received in 2019



14,805



63,055



2,354



3,091



119,710



1,902

Financial Health



Balance Sheet

as of December 31, 2019

ASSETS

Cash and Cash Equivalents	\$	406,601
Accounts Receivables, Short-term		20,000
Total Current Assets		426,601

INVESTMENTS

Land, Buildings and Equipment, net	\$	12,492,225
Pledge Receivables, Long-term		7,938
		104,000

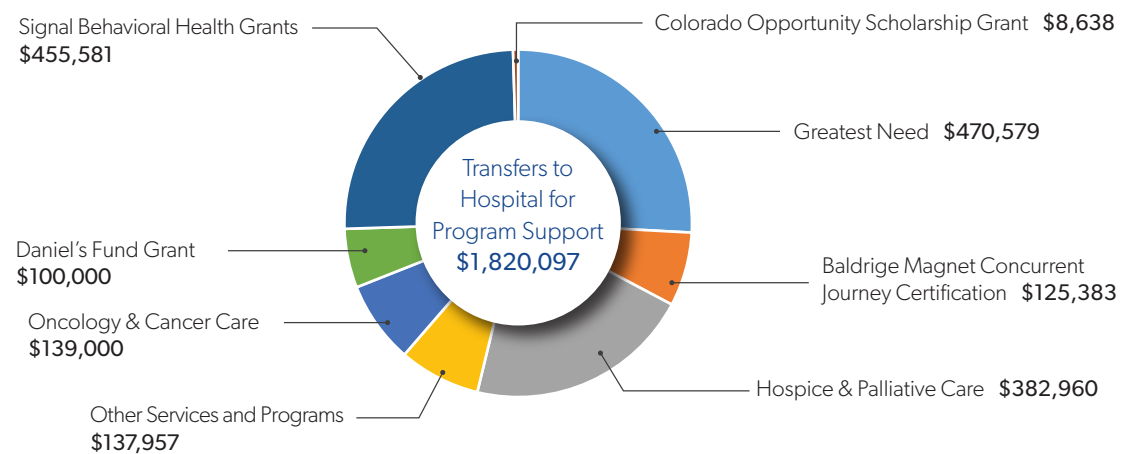
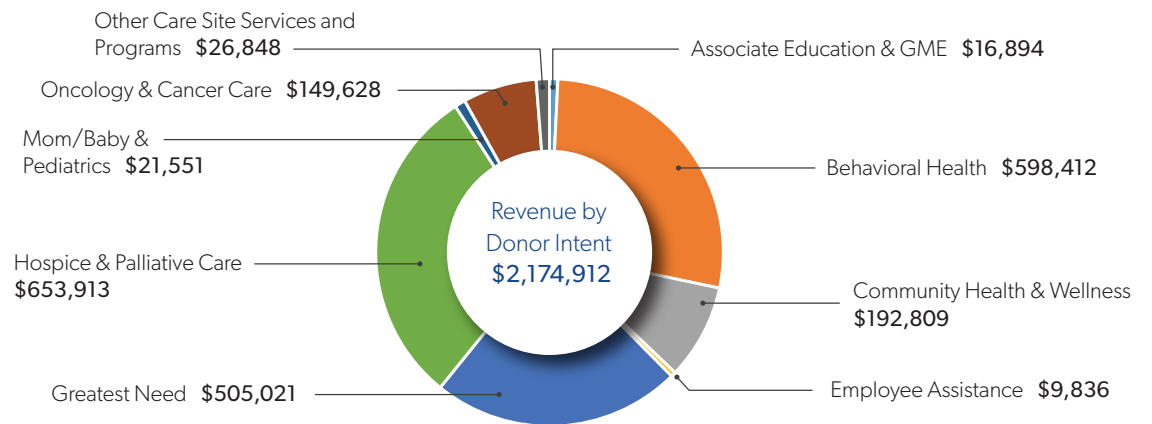
TOTAL ASSETS **\$ 13,030,764**

LIABILITIES

Accrued Salaries, Wages and Benefits	\$	41,668
Due to Hospital		638,323
TOTAL CURRENT LIABILITIES		679,991

NET ASSETS

Net Assets Without Donor Restriction	\$	2,772,855
Net Assets With Donor Restriction		9,577,918
		12,350,773
TOTAL LIABILITIES & NET ASSETS	\$	13,030,764



Board & Staff

2019 Board of Directors

Dr. Elizabeth Brew, *Chair*

Dr. Jennifer Caskey, *Vice Chair & Secretary*

Bob Van Wetter, *Treasurer*

Gary Shaffer, *Past Chair*

Anita Azari

Dr. Steven Brown

Christa Dobbs

Jared Mosher

Dr. Michael Pushchak

Kathie Repola, CFRE, *Executive Director*

Jahi Simbai

Mike Swartzlander

Frank Teunissen

Zachary Urban

Grant Wicklund, *Regional President Western Colorado and President Lutheran Medical Center*

Dr. John Witwer



Staff



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Melissa Edwards

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Ways to Give

The Lutheran Medical Center Foundation gratefully accepts gifts to support Lutheran Medical Center's mission. No gift is too small, and your gift will be used for the project or program of your choice. Your contributions are tax deductible, and you will receive a letter of acknowledgement for tax purposes.

Donate by Mail or Phone

Donations are accepted over the phone at 303-467-4800 or by mail at:
Lutheran Medical Center Foundation
8300 W. 38th Avenue
Wheat Ridge, CO 80033

Payments Accepted: Cash, Check, Credit/Debit Card, Cashier's Check or Money Order

Online Giving

Visit www.supportlutheran.org to make a secure, online donation today with a credit or debit card. One-time and recurring payment options are available.

Planned Giving

Planned gifts provide resources that create extraordinary opportunities and preserve our future. Planned gifts include cash and pledge gifts of bequests, trusts, life insurance, and retirement assets.

Corporate Giving

Help your company and your employees make an impact here at Lutheran Medical Center. Get involved with the Lutheran Foundation through contributions, grants, or events via corporate gifts and sponsorships.

Foundation and Corporate Grants

We welcome the opportunity to work with Foundations and corporations on philanthropic grants to the Lutheran Medical Center Foundation.

Stocks and Appreciated Securities

One way to boost your charitable contributions is to give shares of appreciated stock instead of cash. They are easily valued without an appraisal and easy to transfer. Donating appreciated securities before they are sold typically results in a tax advantage. A tax deduction is normally allowed based on the market value at the time of the gift. Since the deduction is based on current value, rather than cost, no tax is paid on the appreciation.

Tribute Gifts

Tribute gifts are giving in honor or memory of a special person – perhaps a caregiver, family member or friend. They are given in thoughtful remembrance of a life; in recognition of a special occasion; or in appreciation of service. These tributes serve as a permanent expression of love, honor and recognition.

Endowments

Endowments are invested for growth and income in a diversified portfolio and are strategically managed. Each endowment distribution is used according to the donor's intent as outlined in a formal agreement between the donor and the Foundation. Funds earned from an endowment may support a program and are distributed by the hospital annually in accordance with the policies established by the Lutheran Foundation.

Real Estate

The Lutheran Foundation accepts gifts of real estate, including houses, condominiums, commercial properties, farm land, rental property, and undeveloped land after a thorough review of the property and its potential usage by the Foundation.



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