



## HIGHLIGHTS

- Beautiful full-service hospital campus
- Rapid access to services for management of medical complications
- Amazing views from large, private patient rooms
- Outdoor gardens and walking paths for treatment and visiting
- Rehabilitation technology resources
- Peer mentoring and support groups
- Therapy services offered 7 days a week

## OUR TEAM

- Physicians**, board certified in Physical Medicine & Rehabilitation, and **Advanced Practice Providers** are highly trained to work in collaboration to provide advanced medical care
- Nursing staff**, including Certified Rehabilitation Registered Nurses, are specially trained in rehabilitation
- Occupational therapists** provide treatment to improve, regain and maintain the skills needed for self care, activities of daily living such as dressing, eating, bathing and problem solving
- Physical therapists** provide treatment to improve mobility, balance, coordination and strength
- Speech-language pathologists** provide treatment to improve communication, swallowing and cognitive deficits
- Social Workers and Care Managers** coordinate care in the hospital, arrange care after discharge and provide counseling as needed
- Dietitians** ensure proper nutrition for healing
- Comprehensive medical specialists** provide resources for consultation, follow up and ongoing care

## ADMISSION REQUIREMENTS

- Require daily physician care & 24-hour rehab nursing
- Need at least two forms of therapy (physical, occupational and/or speech)
- Be able to participate in three hours of therapy per day, five days per week
- Have potential to improve physical & functional skills

## WHAT TO BRING

- Shorts or loose-fitting pants, T-shirts or blouses, sleepwear, walking shoes, a light jacket or sweater
- Any personal items that will make your stay more comfortable, such as hygiene products, photographs or a blanket
- If you wear glasses, dentures, hearing aids, or use a CPAP at home, please bring these with you
- Please leave jewelry and other valuables at home**

## REHABILITATION UNIT LOCATIONS

- St. George Regional Hospital**  
1380 E Medical Center Drive St. George, UT 84790  
East Tower, Level 1  
**Liaison Contact: 435.251.4507**
- Utah Valley Hospital**  
1034 N 500 W Provo, UT 84604  
Pedersen Tower, Level 11  
**Liaison Contact: 801.357.7128**
- McKay Dee Hospital**  
4401 Harrison Blvd. Ogden, UT 84403  
Level 2  
**Liaison Contact: 801.648.2858**
- Intermountain Medical Center**  
5121 S Cottonwood Street Murray, UT 84107  
Building #5 Level 12  
**Liaison Contact: 801.507.1269**
- St. Mary's Regional Hospital**  
2635 North 7<sup>th</sup> Street Grand Junction, CO 81501  
Level 12  
**Liaison Contact: 970.298.2245**

More information available by scanning QR Code below or by contacting any liaison listed above



# ST. GEORGE REGIONAL HOSPITAL

## NEURO SPECIALTY REHABILITATION UNIT

### 2023 OUTCOMES

#### PATIENTS SERVED

**306**

- 137 Stroke
- 35 Spinal Cord Injury
- 15 Amputation
- 13 Other
- 57 Brain Injury
- 35 Orthopedic
- 14 Neurologic

#### TIME SPENT IN REHABILITATION

**3.4 Hours** Per Day 5 Days a Week

**12.5 Days** Average Length of Stay

#### DISCHARGES



**81%**

**Discharged home**

**96%**

**Living at home**

90 days after discharge

Less than 5% discharged to the hospital

#### ACCREDITATION



##### CARF

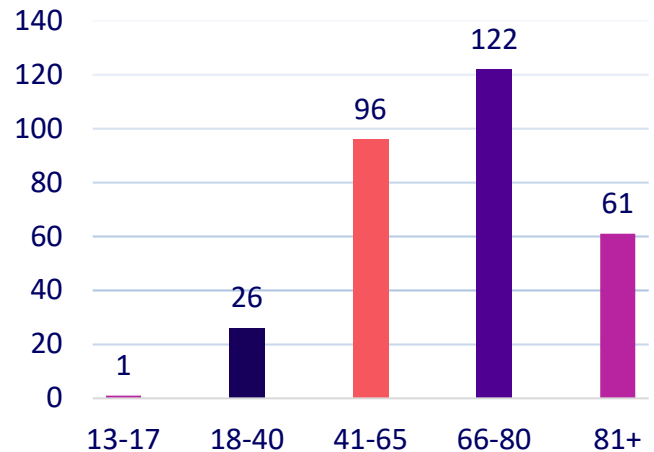
Comprehensive Integrated  
Inpatient Rehabilitation Program  
and Stroke Specialty Program



##### The Joint Commission

Advanced Primary Stroke Center

#### AGES TREATED



#### PROGRESS MADE

**96.9%** Improved ability to bathe,  
dress and care for themselves

**92.4%** Improved ability to walk  
or use a wheelchair

#### SATISFACTION AND AWARDS

**96.1%**

**Patient Satisfaction Score**



**Ranked among Top 5**  
**Hospitals in the state and**  
**Top 100 Hospitals for**  
**Rehabilitation in the Nation**