

How do I know if my prep was successful?

You will know that your prep was successful if your bowel movements are watery and clear like urine (pee). If they continue to be brown or they still contain solid matter within 2 hours before your appointment, call the clinic.



Dark and murky
NOTOK



Brown and murky
NOTOK



Dark orange and semi-clear
NOTOK



Light orange and clear
ALMOST THERE



Yellow and clear
YOU ARE READY