

# Integrated Pain Symposium 2018

Nov. 30 – Dec. 1 | Park City Hospital



**AGENDA** | Online Syllabus | Visit [goo.gl/KUYGdE](http://goo.gl/KUYGdE) and use password: pain18 for PDFs of available presentations.

November 30		Min.*	
TIME	SPEAKER AND TOPIC		
7:00 AM	Registration & Breakfast		
8:00 AM	Welcome and Introduction <i>Timothy Houden, MD &amp; Bridget Shears, MBA-HM, MA, RN, Director Pain Management; and Marc Harrison, MD, President and CEO</i>		
8:15 AM	Optimizing the Biopsychosocial Model for Pain Relief and Opioid Reduction   <i>Beth Darnall, PhD</i>	90	
9:45 AM	Genomics and Pain Medicine   <i>Gary Stone, RN, FACHE</i>	60	
10:45 AM	Break and Exhibitors		
11:00 AM	Fibromyalgia and/or Chronic Fatigue?   <i>Lucinda Bateman, MD</i>	60	
12:00 PM	Lunch and Exhibitors		
Breakout Session I			
	Classroom A	Classroom B	
1:00 PM	Exploring Pain Through the Lens of Mindfulness <i>Vicki Kennedy-Overfelt, MA</i>	(A) Abuse-deterrent Medications   <i>Robin Ockey, MD</i>  (B) Inflammation & Pain: A Nutrition Approach <i>Daniel Burgess, MS, RDN, CD</i>	Lumbar Spine Clinical Exam <i>Michael Jaffe, MD</i>
2:30 PM	Break and Exhibitors		
Breakout Session II			
2:45 PM	Opioid Tapering Guidelines and Managing Withdrawal <i>Robin Ockey, MD</i>	Metamorphosis of an OB/GYN – Listening to Patients with Chronic Pelvic Pain <i>Audrey Jiricko, MD</i>	A Demonstration of Integrative Therapies for Chronic Pain Management <i>Kelly Woodward, DO</i>
3:45 PM	Break and Exhibitors		
Breakout Session III			
4:00 PM	Using Motivational Interviewing to Engage the Challenging Pain Patient <i>Steve Hunter, PT, DPT, OCS</i>	Migraine Treatment: Best Practices and Novel Therapies <i>Alyssa Lettich, MD</i>	Opioid Prescribing Dashboard <i>David Hasleton, MD</i> <i>Lynsie Daley, MS</i>
5:00 PM	Adjourn		

\*total minutes divided by 60 and carry the total hours to Claim for credit


December 1				Min.*
TIME	SPEAKER AND TOPIC			
7:00 AM	Registration & Breakfast			
7:50 AM	Welcome and Introduction <i>Timothy Houden, MD &amp; Bridget Shears, MBA-HM, MA, RN</i>			
8:00 AM	Medical Marijuana and Its Use in Chronic Pain <i>Sarah Yost, PharmD, BCPS &amp; Brad Winter, PharmD, BCACP</i>			60
9:00 AM	Panel Discussion on Outcomes of the Round Table on Opioid Prevention <i>Moderator - Angela Ito, BS, CHES; Trish Henrie-Barrus, PhD; Scott Whittle, MD; Michael Giovanniello, MD; Christopher Duncan, DC; James Leonard, DC</i>			60
10:00 AM	Break and Exhibitors			
Breakout Session I				
	Classroom A	Classroom B	Classroom C	
10:15 AM	CORE/REMS Training Opioid Prescribers <i>Timothy Houden, MD</i> <i>Robin Ockey, MD</i> <i>Jeremiah West, MD</i> <i>Gaylinn Breeze, NP</i> <i>Gary McDonald, MD</i>	Interventional Pain <i>Craig W. Davis, MD</i>	Home Monitoring of High Risk Opioid Patients... Isn't That Just Overkill? <i>Kim Bennion, MsHS, RRT, CHC</i>	60
11:15 AM	Break and Exhibitors			
Breakout Session II				
11:30 AM	4.0 CME (Meets Utah Controlled Substance prescribing requirements)	Medication Assisted Treatment (MAT) & Opioid Use Disorder (OUD) Assessment <i>Michael Crookston, MD</i>	Alternatives to Opioids for Chronic Pain <i>Johanna Thompson, PharmD, BCPS, BCGP</i>	60
12:30 PM	Lunch and Exhibitors			
Breakout Session III				
1:15 PM	Pain Psychology: An Introduction for Physicians and Other Medical Care Providers <i>Dennis Ahern, PhD</i>	Multimodal Analgesia & Acute Pain Management <i>Reed Nelson, MD, MPH</i>		60
2:15 PM	Summary/Adjourn			

This educational activity offers 12.0 nursing contact hours. Successful completion is claiming credit only for the number of full sessions attended.

NASW: This activity is applying for CEU's and is pending with the Utah Chapter of NASW upon approval.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

ADA: Primary Children's Hospital fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant of this program is in need of accommodation, please do not hesitate to call and/or write to the IPCE office at 801-442-3930 or [ipce@imail.org](mailto:ipce@imail.org) in order to receive service.

 Intermountain Healthcare is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. To receive credit, attendees must actively participate in active learning questions and complete an activity evaluation. All credit will be reported directly to CPE Monitor with 60 days of claiming CPE. Intermountain is not responsible for credit report failure as a result of incorrect NABP information. Please contact the Intermountain Interprofessional Continuing Education Department [IPCE@imail.org](mailto:IPCE@imail.org) or 801-442-3930 with questions.

The following knowledge-based topics are approved for ACPE credit. All activities are approved for 1.0 hour (0.1 CEU) of continuing pharmacy education (CPE) credit unless otherwise noted:

- Abuse-deterrent Medications 0.75 contact hours (0.075 CEU) - ACPE UAN 0582-0000-18-081-L01-P
- Alternatives to Opioids for Chronic Pain - ACPE UAN 0582-0000-18-079-L01-P
- Medical Marijuana and Its Use for Chronic Pain - ACPE UAN 0582-0000-18-080-L01-P
- Medication Assisted Treatment (MAT) for Opioid Use Disorder (OUD) Assessment -
- Migraine Treatment: Best Practices and Novel Therapies - ACPE UAN 0582-0000-18-086-L01-P
- Multimodal Analgesia & Acute Pain Management - ACPE UAN 0582-0000-18-084-L01-P
- Opioid Tapering Guidelines and Managing Withdrawal - ACPE UAN 0582-0000-18-083-L01-P
- Optimizing the Biopsychosocial Model for Pain Relief and Opioid Reduction 1.5 contact hours (0.15 CEU) - ACPE UAN 0582-0000-18-082-L01-P



Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Primary Children's Hospital, the Department of Pediatrics at the University of Utah School of Medicine, and Intermountain Healthcare. Primary Children's Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Primary Children's Hospital designates this live educational activity for a maximum of 12.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure: Primary Children's Hospital adheres to ACCME Standards regarding industry support of continuing medical education and disclosure of faculty and commercial sponsor relationships (if any) will be made known at the activity.

Nursing Continuing Education Hours: "Primary Children's Hospital is an approved provider of continuing nursing education by the Western Multi-State Division, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation." Arizona, Idaho, and Utah Nurses Associations are members of the Western Multi-State Division of the American Nurses Association. This activity is being jointly provided by Primary Children's Hospital, the Department of Pediatrics at the University of Utah School of Medicine, and Intermountain Healthcare. Any display or use of any commercial products in this education activity does not imply ANCC commission on accreditation or the WMSD endorsement of the products.