

## 2018 Open Classes

Counselor	Limit	Class	Location	Classroom	Date	Time - All P.M.
Marc Barney	40	How Full Is Your Bucket - Concepts and Strategies Towards Developing Personal and Career Well-Being	McKay-Dee Hospital	East Auditorium	March 1	5:00 - 7:00
Curtis Hooker	40	Thriving in Change	ESC	Classrooms 8 & 9	March 13	6:00 - 7:00
Dustin Palmer	30	Stress Free Kids	ESC	Classrooms 1 & 2	April 4	6:00 - 7:30
Elaine Hill	40	Strengthen Marriage in a Blended Family	Utah Valley Hospital	Sorenson Tower - Second Floor - Classroom 7	April 10	6:30 - 8:00
Trudy Draper	40	The Five Love Languages	ESC	Classroom 4	April 24	6:00 - 7:00
Lynda Silva	30	Combating Perfectionism	American Fork Hospital	Education Center	April 25	6:00 - 7:30
Curtis Hooker	40	Thriving in Change	ESC	Classrooms 8 & 9	May 8	6:00 - 7:00
Ingrid Brown	40	Secondary/Vicarious Trauma	ESC	Classrooms 6 & 7	May 15	6:00 - 7:00
Tamara Vitela	40	Getting The Love You Want	ESC	Classrooms 6 & 7	May 30	6:00 - 7:00
Diane Passey	40	Laughter Yoga	ESC	Classrooms 6 & 7	June 12	6:00 - 7:00
Kevin Davies	40	The Five Love Languages	McKay-Dee Hospital	Classroom 3	June 14	6:00 - 7:30
David Rathofer	40	Change You To Change Them	ESC	Classrooms 6 & 7	June 18	6:00 - 7:00
David Rathofer	40	Change You To Change Them	ESC	Classrooms 6 & 7	July 9	6:00 - 7:00
Marc Barney	40	How Full Is Your Bucket - Concepts and Strategies Towards Developing Personal and Career Well-Being	McKay-Dee Hospital	East Auditorium	July 26	5:00 - 7:00
Diane Passey	40	Laughter Yoga	ESC	Classrooms 6 & 7	August 7	6:00 - 7:00
Kevin Davies	40	The Five Love Languages	McKay-Dee Hospital	Classroom 3	August 16	6:00 - 7:30
Elaine Hill	30	Parenting Effectively in a Blended Family	Utah Valley Hospital	Sorenson Tower - Second Floor - Classroom 7	September 4	6:30 - 8:00
Lynda Silva	30	Emotional Intelligence	American Fork Hospital	Education Center	September 12	6:00 - 7:30

## 2018 Open Classes

Counselor	Limit	Class	Location	Classroom	Date	Time - All P.M.
Tamara Vitela	40	Getting The Love You Want	McKay-Dee Hospital	East Auditorium	September 20	6:00 - 7:00
Trudy Draper	40	The Five Love Languages	ESC	Classrooms 6 & 7	September 25	6:00 - 7:00
Ingrid Brown	40	Secondary/Vicarious Trauma	ESC	Classroom 4	October 16	6:00 - 7:00

ESC - Murray; Primary Children's Hospital - Salt Lake City; River Road Campus - St. George; Foremaster Building - St. George; Utah Valley Hospital - Provo; American Fork Hospital - American Fork; McKay-Dee Hospital - Ogden; Riverton Hospital - Riverton; Delta Community Medical Center - Delta; Fillmore Community Medical Center - Fillmore; Sanpete Valley Hospital - Mount Pleasant; Sevier Valley Medical Center - Richfield; Park City Hospital - Park City; Cedar City Hospital - Cedar City