



Frequently Asked Questions

CORCAL RESEARCH STUDY

Why was I contacted for this study?

Your Intermountain doctor is taking part in the CorCal Research Study. We are reaching out to the patients that may qualify to participate in this study, which was created to help prevent heart attack and stroke.

I don't currently have any heart issues that I'm aware of. Is this study for me?

This study's goal is to identify people that have plaque in the blood vessels that feed their heart. This is known as coronary heart disease. People with coronary heart disease are at a higher risk for a heart attack or stroke. People may or may not know that they are at risk. The tests may help discover heart problems so that events like a heart attack can be prevented.

Why is this study important?

About 1 in 3 people who die of coronary heart disease have no symptoms or warning before their heart attack or stroke. This study aims to find better ways to find people with coronary heart disease.

What is this study about?

This study will determine if adding a CT scan to the tests we already do will help discover more people that are at risk of heart attack and stroke. Right now, the standard method, based on cholesterol levels, uses an atherosclerotic cardiovascular disease (ASCVD) risk score to predict how likely you are to have a heart attack or stroke. Doing a CT scan will create a coronary artery calcium (CAC) score. Looking at both scores together may identify people with coronary heart disease better than just using one score. It is also possible that doing another test and looking at another score will not make any difference. Our goal is to find the test or group of tests that are the best at finding people with a risk of having a heart attack or stroke so they can be prevented.

See the next page or other side for more information.

Frequently Asked Questions *Continued*

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Can I sign up if I have not received an invitation letter from the study?

No, this study is by invitation only. If you did not get a letter or email, you will not be able to join this study. You may get a letter if your doctor is participating in this study and you meet the study guidelines for age, sex, etc.

What will I be asked to do?

Testing is different depending on the group you are placed in. You may be asked to take a lipid panel test to measure your cholesterol and/or do a CT scan to measure calcium. If you have already had one or both of these tests, your earlier results may be used. You will not need to pay for these tests. After testing, you will be asked to complete 5 short email surveys over the next 4 years.

What is the time commitment for participating in the study?

Your time commitment will depend on the group to which you are assigned. You may be asked to complete all, some, or none of the following tests:

- **Lipid panel:** 5 to 30 minutes
- **CT scan:** 45 to 60 minutes
- **Surveys:** 5 minutes

Will I be able to choose which group I'm assigned to?

No. When you sign up you will be randomly assigned to a group. We have no control over what group each patient is assigned to.

Will I have to pay for the testing?

No. Study testing is paid for by the Intermountain Heart Institute. After you get your test results, any other appointment or medication costs will be your responsibility.

What if the primary care doctor listed in my letter is not my current doctor?

You will be able to select your current Intermountain primary care doctor at the time you sign up. Most of Intermountain Healthcare primary care doctors are participating in the CorCal study, but some are not. Giving us the name of your current primary care doctor is very important, since this will be the doctor we send results and recommendations to.

After testing is complete, what happens next?

A cardiac (heart) specialist will look at your test and may recommend medication. The results and medication recommendation will be sent to you and your primary care doctor who will talk with you about what is next. You will be asked to complete a short online survey 3 months after you receive your recommendation and once a year for the next 4 years.