



New DOT Information for Drivers

Please be aware of changes coming from the Department of Transportation

This sheet provides an overview of important changes taking effect in April 2016

To avoid "PENDING" status, bring letter/results from treating provider(s) regarding personal health concerns in the following areas:

Neurologic problem (e.g., seizures, stroke, TIA)	Cardiac problems (e.g., myocardial infarction)
Endocrine problems (e.g., insulin-dependent diabetes)	Chronic pulmonary problems (e.g., emphysema, fibrosis)
Eye disorders (e.g., macular degeneration) *If you wear or need glasses for driving BRING them	Uncontrolled hypertension (high blood pressure)
Musculoskeletal problems (e.g., arthritis)	Recent surgery
Mental health problems (e.g., depression, bipolar)	Sleep disorders (e.g., obstructive sleep apnea)
Refer to the web site listed for full details: https://nationalregistry.fmcsa.dot.gov/ResourceCenter/	

THERE ARE THREE TYPES OF EXAM OUTCOMES:

- I. Qualified Examination - Provider electronically submits MCSA-5850 to National Registry with one of the following three options:
 - a. Full 2 year card is issued.
 - b. **NEW REGULATION** – IF A TEMPORARY CARD IS ISSUED, A COMPLETE NEW EXAM AND FORMS WILL BE REQUIRED AT THE END OF THAT PERIOD. No extensions can be granted. WorkMed will be waiving the additional fees associated with a new exam *until* June 1, 2016.
 - c. Driver is disqualified.
- II. **NEW REGULATION** – Pending Examination: A medical card will **not** be issued at this time. Provider needs more information returned within a max of 45 days. Driver must return to *same* office with appropriate documentation. Driver is **not** authorized to drive during *Pending Period*. *Exception: a driver with a current/valid Medical Examiners Certificate may continue to drive until that card expires if no other issues are found during the examination.
- III. **NEW REGULATION** - Incomplete Examination: Medical examination was not completed (e.g., the driver leaves office in middle of the examination).
 - a. Provider must specify reason for the incomplete exam.
 - b. Provider must electronically submit MCSA-5850 to the National Registry.

New Forms

- I. **NEW FORM** - updated DOT long form (MCSA-5875 (MER)
- II. **NEW FORM** - updated Medical Card-will not be wallet sized (MCSA-5876 (MEC) certificate)

Save yourself \$65!

Avoid a repeat office visit and possibly not receiving a DOT medical card.

Due to changes mandated by the federal government, we can no longer provide extensions for temporary cards. Once a card expires, the complete exam must be repeated before a new card can be issued. Avoid charges for a repeat exam by bringing the documents listed below to your appointment.

If you currently have or have had:	You must bring documents showing:
Obstructive Sleep Apnea	CPAP Usage Report/CPAP machine printout
Diabetes	Annual A1C.
Heart Attack	Treadmill test within the past two years
Stent Placed in your Heart	Treadmill test within the past two years
Coronary Artery Bypass Graft (CABG)	Stress test is annual 5 years post op. Nothing needed in the first 5 years.
Angina	Treadmill test within the past two years

If this is your first DOT exam after any heart condition listed above, you must also bring results from your echo cardiogram, treadmill testing, and clearance from your cardiologist, all of which had to be done after your procedure or event.

Remember to bring your medication list! Pictures of your pill bottles taken with your phone work great!