



HOLIDAY GUIDELINES

The holidays are almost here and COVID-19 has not gone away. Celebrating with your family is a part of our normal life, but this year it needs to look a little different. Assessing your risk for holiday celebrations will make it easier to decide how you move forward in the coming weeks.



HIGH RISK



Shopping in-person for Christmas gifts



Attending a Christmas play in-person



Hosting or attending large indoor gatherings with people who do not live in your household when you cannot social distance and mask wearing is not involved



Eating or drinking in the presence of non-immediate family



MEDIUM RISK



Having a small, appropriately distanced, outdoor dinner with friends and family who do not live in your household at individual family tables or in different rooms. Make sure tables are at least six feet apart.

Follow your local health department requirements for gathering sizes.



We tend to feel safe with families or people who "appear" to be healthy, but viral shedding can occur before symptoms manifest themselves and we can spread COVID without knowing it. Let's safely enjoy the holidays without spreading COVID.



LOW RISK



Having a small dinner with only people who live in your household



Hosting a virtual dinner with your friends and family



Purchasing your holiday gifts online



Making gingerbread houses and holiday crafts from the comfort of your home



Going sledding with your family in your household and building snowmen!



Wear masks at social events around family or friends



Physical distance while eating and limit your group size to local recommendations



Frequent handwashing, clean high touch surfaces



Serve food individually; don't have a communal buffet



Stay home if you are sick (with anything) or have symptoms. Isolate and get tested.