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# One conversation can change a life.

*Reducing access to  
lethal means can prevent  
a suicide.*

Counseling on Access to Lethal Means (CALM-Utah) is an effective way to reduce suicide risk. Learn this life-saving practice to put time and distance between an at-risk patient and a fatal method like a firearm.

Visit **[www.train.org/utah](http://www.train.org/utah)**, then search for CALM-Utah.

*Approved for AMA PRA Category 1  
Credit and NASW-Utah Credit*

