



Register Now!



Time	Title	
7:30 AM	Registration and Breakfast	
7:55 AM	Welcome and Schedule Overview	
8:00 AM	Central Sleep Apnea <i>Krishna Sundar, MD</i>	45
8:45 AM	Implantable Device for Central Sleep Apnea <i>Mark Neagle, MD</i>	60
9:45 AM	Break	
10:00 AM	Sleep Tech Boredom and Burnout <i>Alana Sherrill, RPSGT</i>	60
11:00 AM	Insomnia <i>Kelly Baron, PhD</i>	45
11:45 AM	Lunch	
12:15 PM	Panel Discussion <i>Mark Bushnoe, RPSGT</i> <i>Kaisha Fischer, RPSGT</i>	45
1:00 PM	Cardiology and Sleep <i>Dianna Goodman, APRN, FNP-C</i>	45
1:45 PM	Anesthesia and Sleep <i>Robert Stoker, MD</i>	60
2:45 PM	Break	
3:00 PM	Pulmonary Disease and Sleep <i>Ashley Garrett, MD</i>	45
3:45 PM	TBD <i>Robert Farney, MD</i>	60
4:45 PM	Adjourn	
		7.75

Course Director

A. Reauelle King, MD and Nikkie Benson, BS, RPSGT, RST

Purpose

This educational activity is to discuss current issues, trends, changes, and ways to better serve our patients in sleep medicine. Professionals who specialize in sleep medicine are scattered across the state of Utah and do not have a way to connect and learn from each other on a regular basis. A collaborative approach will allow caregivers to stay current with trends, changes, and provide the best possible care to our patients.

Objectives

Upon completion of this activity, participants should be able to:

- Demonstrate how sleep disorders can affect anesthesia and vice versa. They will be able to better educate their patients about potential risks and side effects.
- Describe the technology and applications of an implantable device to treat central sleep apnea. This will allow them to educate patients about treatment options so they can make an informed decision.
- Discuss various cases relating to sleep medicine and collaborate on solutions and treatment ideas.
- Apply education on boredom and burnout for sleep techs. They will be able to understand causes and ways to mitigate the symptoms.
- Define the relationship between sleep and cardiac health and be able to identify symptoms of this comorbidity as well as how to treat them.

Target Audience

Sleep techs — registered and non-registered, respiratory therapists, nurses, physician assistants, advanced practice nurses, nurse practitioners, physicians, and electroencephalogram techs.

Registration

Utah Sleep Society Members: \$55 (\$35 discount)

Non-Members: \$85

Credit Cards only, no journal entries, purchase orders or checks.

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Cancellation and Reimbursement Policy

Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the Senior CE Business Partner, IPCE Medical Director, and AVP for IPCE.



Accreditation: Intermountain Healthcare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Intermountain Healthcare designates this live educational activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: Intermountain Healthcare adheres to ACCME Standards regarding industry support of continuing medical education and disclosure of faculty and commercial sponsor relationships (if any) will be made known at the activity.

For assistance or questions please call Interprofessional Continuing Education (IPCE) at 801-442-3930 or 800-910-7262 or ipce@imail.org.

Please refrain from bringing infants or children.
The conference is not responsible for lost or stolen items.