

Motivational Interviewing for Providers



Instructor: Denise N. Lash, PhD

Target Audience: Physicians and Advanced Practice Providers

LDSH Education Center Classrooms D, E & F | 8th Avenue and C Street, Salt Lake City, Utah, 84111

Monday, 3/9/2020 – 8:00am - 4:00 pm

Tuesday 3/10/2020 – 8:00am to 12:15 pm



Day 1- Monday March 10	Time
Welcome & Introductions	8:00-8:10 am
3 In a Row Exercise Introduction to Motivational Interviewing (MI)	8:10-9:55 am
Break	9:55-10:10 am
The Beginnings of MI A Taste of MI Exercise MI Video and Live Demonstrations	10:10- 11:55 am
Lunch	11:55-12:30
The OARS Motivational Interviewing and Assumptions within Medical Model The Role of Ambivalence in the Change Process	12:30-2:15 pm
Break	2:15-2:30 pm
OARS Reflective Listening Demonstration Reflective Listening Exercise Rowing with the OARS Exercise	2:30- 4:00 pm

Tuesday, March 11	Time
Background on Change Talk Change Talk Strategies Change Talk Exercise	8:00-10:00 am
Break	10:00-10:15 am
Sustain Talk Sustain Talk Exercise Providing Information in an MI Consistent Way	10:15-12:15 pm
Dismiss	

Course Director: Travis S. Mickelson, MD

Tonya A. Schaffer, RN, MBA

Objectives:

- 1- Support providers to practice and engage components of Motivational Interviewing
- 2- Participants will be able to identify sustain talk and change talk and execute techniques to support patients desired change.

To register for the conference, please visit

www.IntermountainIPCE.org.

For assistance, please call 801-442-3930 or 800-910-7262, or email ipce@imail.org



Please refrain from bringing infants or children.

The conference is not responsible for lost or stolen items.

Please share with your colleagues

Accreditation:



Intermountain Healthcare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians

AMA PRA Credit

Intermountain Healthcare designates this live educational activity for 11.0**AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. **Credit hours are subject to change and are based on actual learning hours and at the discretion of IPCE.