The holidays are almost here and COVID-19 has not gone away. Celebrating with your family is a part of our normal life, but this year it needs to look a little different. Assessing your risk for holiday celebrations will make it easier to decide how you move forward in the coming weeks.

**HIGH RISK**
- Shopping in-person for Christmas gifts
- Attending a Christmas play in-person
- Hosting or attending large indoor gatherings with people who do not live in your household when you cannot social distance and mask wearing is not involved
- Eating or drinking in the presence of non-immediate family

**MEDIUM RISK**
- Having a small, appropriately distanced, outdoor dinner with friends and family who do not live in your household at individual family tables or in different rooms. Make sure tables are at least six feet apart.
- Hosting a virtual dinner with your friends and family
- Purchasing your holiday gifts online
- Making gingerbread houses and holiday crafts from the comfort of your home
- Going sledding with your family in your household and building snowmen!

**LOW RISK**
- Having a small dinner with only people who live in your household
- Serve food individually; don’t have a communal buffet
- Stay home if you are sick (with anything) or have symptoms. Isolate and get tested.

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We tend to feel safe with families or people who “appear” to be healthy, but viral shedding can occur before symptoms manifest themselves and we can spread COVID without knowing it. Let’s safely enjoy the holidays without spreading COVID.