



LDSH 2020 Childbirth Education Class Schedule

Register on-line @ ihc.org or

call 801-507-7731 to register for any Intermountain Healthcare childbirth course of your choice.

BREASTFEEDING MONDAY		LOW INTERVENTION BIRTH WEDNESDAY	
Taught:	2nd Monday of Each Month	Taught:	Wednesday Evenings
Meets:	Once	Meets:	Once weekly; 4-weeks
Time:	7:00pm to 9:00pm	Time:	6:30 pm to 8:30 pm
Location:	Classrooms ABC Education Building	Location:	Classrooms DEF Education Building
Fee:	\$20 per couple	Fee:	\$55 per couple
<input type="checkbox"/> Jan 13	<input type="checkbox"/> Aug 10	<input type="checkbox"/> Jan 8, 15, 22, 29	
<input type="checkbox"/> Feb 10	<input type="checkbox"/> Sept 14	<input type="checkbox"/> March 4, 11, 18, 25	
<input type="checkbox"/> March 9	<input type="checkbox"/> Oct 12	<input type="checkbox"/> May 6, 13, 20, 27	
<input type="checkbox"/> April 13	<input type="checkbox"/> Nov 9	<input type="checkbox"/> Sept 2, 9, 16, 23 (7pm -9pm)	
<input type="checkbox"/> May 11	<input type="checkbox"/> Dec 14		
<input type="checkbox"/> June 8			
TUESDAY THIRD TRIMESTER		THIRD TRIMESTER SATURDAY TWO DAYS	
Taught:	Tuesday Evenings	Taught:	Saturday
Meets:	Once weekly; 4-weeks	Meets:	Once weekly; 2-week sessions
Time:	7:00pm to 9:00pm	Time:	9:00 am to 1:00 pm
Location:	Classrooms DEF Education Building	Location:	Classrooms DEF Education Building
Fee:	\$55 per couple	Fee:	\$55 per couple
<input type="checkbox"/> Jan 7, 14, 21, 28		<input type="checkbox"/> Jan 4, 11	<input type="checkbox"/> Nov 7, 14
<input type="checkbox"/> March 3, 10, 17, 24		<input type="checkbox"/> March 7, 14	<input type="checkbox"/> Dec 5, 12
<input type="checkbox"/> April 28, May 5, 12, 19		<input type="checkbox"/> May 2, 9	
<input type="checkbox"/> July 7, 14, 21, 28		<input type="checkbox"/> June 6, 13	
<input type="checkbox"/> Sept 8, 15, 22, 29		<input type="checkbox"/> July 11, 18	
<input type="checkbox"/> Nov 3, 10, 17, 24		<input type="checkbox"/> Aug 1, 8	
		<input type="checkbox"/> Sept 12, 19	
		<input type="checkbox"/> Oct 3, 10	