



LDSH 2020 Childbirth Education Class Schedule

Register on-line @ ihc.org or

call 801-507-7731 to register for any Intermountain Healthcare childbirth course of your choice.

BREASTFEEDING MONDAY	LOW INTERVENTION BIRTH WEDNESDAY
Taught: 2nd Monday of Each Month	Taught: Wednesday Evenings
Meets: Once	Meets: Once weekly; 4-weeks
Time: 7:00pm to 9:00pm	Time: 7:00 pm to 9:00 pm
Location: Classrooms ABC Education Building	Location: Classrooms DEF Education Building
Fee: \$20 per couple	Fee: \$55 per couple
<input type="checkbox"/> Jan 13 <input type="checkbox"/> Aug 10 <input type="checkbox"/> Feb 10 <input type="checkbox"/> Sept 14 <input type="checkbox"/> March 9 <input type="checkbox"/> Oct 12 <input type="checkbox"/> April 13 <input type="checkbox"/> Nov 9 <input type="checkbox"/> May 11 <input type="checkbox"/> Dec 14 <input type="checkbox"/> June 8	<input type="checkbox"/> Jan 8, 15, 22, 29 <input type="checkbox"/> March 4, 11, 18, 25 <input type="checkbox"/> May 6, 13, 20, 27 <input type="checkbox"/> Sept 2, 9, 16, 23
TUESDAY THIRD TRIMESTER	THIRD TRIMESTER SATURDAY TWO DAYS
Taught: Tuesday Evenings	Taught: Saturday
Meets: Once weekly; 4-weeks	Meets: Once weekly; 2-week sessions
Time: 7:00pm to 9:00pm	Time: 9:00 am to 1:00 pm
Location: Classrooms DEF Education Building	Location: Classrooms DEF Education Building
Fee: \$55 per couple	Fee: \$55 per couple
<input type="checkbox"/> Jan 7, 14, 21, 28 <input type="checkbox"/> March 3, 10, 17, 24 <input type="checkbox"/> April 28, May 5, 12, 19 <input type="checkbox"/> July 7, 14, 21, 28 <input type="checkbox"/> Sept 8, 15, 22, 29 <input type="checkbox"/> Nov 3, 10, 17, 24	<input type="checkbox"/> Jan 4, 11 <input type="checkbox"/> Nov 7, 14 <input type="checkbox"/> March 7, 14 <input type="checkbox"/> Dec 5, 12 <input type="checkbox"/> May 2, 9 <input type="checkbox"/> June 6, 13 <input type="checkbox"/> July 11, 18 <input type="checkbox"/> Aug 1, 8 <input type="checkbox"/> Sept 12, 19 <input type="checkbox"/> Oct 3, 10