



## Riverton Hospital 2019 Childbirth Education Class Schedule

Register on-line @ [ihc.org](http://ihc.org) or call 801-507-7731 to register for the classes of your choice.  
An on-line eLearning childbirth class is available for \$60.

| BREASTFEEDING CLASS   | SIBLING CLASS  | LOW INTERVENTION BIRTH CLASS   | BABY CARE CLASS  |
|---|--|--|--|
| <b>Taught:</b> 3 <sup>rd</sup> Tuesday of the Month   | <b>Taught:</b> 3 <sup>rd</sup> Tuesday of the Month  | <b>Taught:</b> Wednesday Evenings  | <b>Taught:</b> 2 <sup>nd</sup> Saturday Every Other Month  |
| <b>Meets:</b> Once a Month  | <b>Meets:</b> Apr – Sept (not held during flu season)  | <b>Meets:</b> Once weekly; 4-week sessions   | <b>Meets:</b> One Day  |
| <b>Time:</b> 7:00pm to 9:00pm   | <b>Time:</b> 5:30pm to 6:30pm  | <b>Time:</b> 7:00pm to 9:00pm  | <b>Time:</b> 10:00am to 12:00pm  |
| <b>Location:</b> Riverton classroom   | <b>Location:</b> Riverton classroom  | <b>Location:</b> Riverton classroom  | <b>Location:</b> Riverton classroom  |
| <b>Fee:</b> \$20  | <b>Fee:</b> \$6 per child  | <b>Fee:</b> \$55 per couple  | <b>Fee:</b> \$15 per couple  |
| <input type="checkbox"/> Jan 15 <input type="checkbox"/> July 16<br><input type="checkbox"/> Feb 19 <input type="checkbox"/> Aug 20<br><input type="checkbox"/> Mar 19 <input type="checkbox"/> Sept 17<br><input type="checkbox"/> Apr 16 <input type="checkbox"/> Oct 15<br><input type="checkbox"/> May 21 <input type="checkbox"/> Nov 19<br><input type="checkbox"/> June 18 | <input type="checkbox"/> Apr 16<br><input type="checkbox"/> May 21<br><input type="checkbox"/> June 18                               | <input type="checkbox"/> Jan 30, Feb 6, 13, 20<br><input type="checkbox"/> Mar 27, Apr 3, 10, 17<br><input type="checkbox"/> May 22, 29, June 5, 12<br><input type="checkbox"/> Sept 25, Oct 2, 9, 16<br><input type="checkbox"/> Nov 20, (skip 27), Dec 4, 11, 18 | <input type="checkbox"/> Nov 9   |
| THIRD TRIMESTER MONDAY  | THIRD TRIMESTER SATURDAY ONE DAY   | THIRD TRIMESTER SATURDAY ONE DAY   | THIRD TRIMESTER SATURDAY ONE DAY   |
| <b>Taught:</b> Monday Evenings  | <b>Taught:</b> 1 <sup>st</sup> Saturday of the Month<br>Every Couple of Months   | <b>Taught:</b> 2 <sup>nd</sup> Saturday of the Month   | <b>Taught:</b> 4 <sup>th</sup> Saturday of the Month   |
| <b>Meets:</b> Once weekly; 4-week sessions  | <b>Meets:</b> One Day  | <b>Meets:</b> One Day  | <b>Meets:</b> One Day  |
| <b>Time:</b> 7:00pm to 9:00pm   | <b>Time:</b> 9:00am to 5:00pm  | <b>Time:</b> 9:00am to 5:00pm  | <b>Time:</b> 9:00am to 5:00pm  |
| <b>Location:</b> Riverton classroom   | <b>Location:</b> Riverton classroom  | <b>Location:</b> Riverton classroom  | <b>Location:</b> Riverton classroom  |
| <b>Fee:</b> \$55 per couple   | <b>Fee:</b> \$55 per couple  | <b>Fee:</b> \$55 per couple  | <b>Fee:</b> \$55 per couple  |
| <input type="checkbox"/> Jan 28, Feb 4, 11, (skip 18), 25<br><input type="checkbox"/> March 11, 18, 25, April 1<br><input type="checkbox"/> May 13, 20, (skip 27), June 3, 10<br><input type="checkbox"/> Oct 21, 28, Nov 4, 11   | <input type="checkbox"/> Feb 2<br><input type="checkbox"/> Mar 2<br><input type="checkbox"/> May 4<br><input type="checkbox"/> Aug 3 | <input type="checkbox"/> Jan 12<br><input type="checkbox"/> Feb 9<br><input type="checkbox"/> Mar 9<br><input type="checkbox"/> Apr 13<br><input type="checkbox"/> May 11<br><input type="checkbox"/> June 8   | <input type="checkbox"/> Aug 24<br><input type="checkbox"/> Sept 28<br><input type="checkbox"/> Oct 12 |