



LDSH 2019 Childbirth Education Class Schedule

Register on-line @ ihc.org or call 801-507-7731 to register for any Intermountain Healthcare childbirth course of your choice.
An on-line eLearning childbirth class is available for \$60.

BREASTFEEDING MONDAY	LOW INTERVENTION BIRTH WEDNESDAY
Taught: 2nd Monday of Each Month	Taught: Wednesday Evenings
Meets: Once	Meets: Once weekly; 4-weeks
Time: 7:00pm to 9:00pm	Time: 6:30 pm to 8:30 pm
Location: Classrooms ABC Education Building	Location: Classrooms DEF Education Building
Fee: \$20 per couple	Fee: \$55 per couple
<input type="checkbox"/> Jan 14 <input type="checkbox"/> July 8 <input type="checkbox"/> Feb 11 <input type="checkbox"/> Aug 12 <input type="checkbox"/> March 11 <input type="checkbox"/> Sept 9 <input type="checkbox"/> April 8 <input type="checkbox"/> Oct 14 <input type="checkbox"/> May 13 <input type="checkbox"/> Nov 11 <input type="checkbox"/> June 10 <input type="checkbox"/> Dec 9	<input type="checkbox"/> Feb 6, 13, 20, 27 <input type="checkbox"/> April 17, 25, May 1, 8 <input type="checkbox"/> Aug 7, 14, 21, 28 <input type="checkbox"/> Oct 23, 30, Nov 6, 13
TUESDAY THIRD TRIMESTER	THIRD TRIMESTER SATURDAY TWO DAYS
Taught: Tuesday Evenings	Taught: Saturday
Meets: Once weekly; 4-weeks	Meets: Once weekly; 2-week sessions
Time: 7:00pm to 9:00pm	Time: 9:00 am to 1:00 pm
Location: Classrooms DEF Education Building	Location: Classrooms DEF Education Building
Fee: \$55 per couple	Fee: \$55 per couple
<input type="checkbox"/> January 8, 15, 22, 29 <input type="checkbox"/> March 5, 12, 19, 26 <input type="checkbox"/> April 30, May 7, 14, 21 <input type="checkbox"/> Sept 10, 17, 24, Oct 1 <input type="checkbox"/> Nov 5, 12, 19, (skip 26), Dec. 3	<input type="checkbox"/> January 5, 12 <input type="checkbox"/> March 2, 9 <input type="checkbox"/> April 6, 13 <input type="checkbox"/> May 4, 11 <input type="checkbox"/> June 1, 8 <input type="checkbox"/> July 6, 13 <input type="checkbox"/> Sept 14, 21 <input type="checkbox"/> Nov 2, 9 <input type="checkbox"/> Dec 7, 14