



## Intermountain Medical Center 2020 Childbirth Education Class Schedule

Register on-line @ [ihc.org](http://ihc.org) or call 801-507-7731 to sign up for any Intermountain Healthcare childbirth course of your choice.

A free on-line eLearning childbirth class is available.

THIRD TRIMESTER SATURDAY 1 DAY	THIRD TRIMESTER MONDAY	THIRD TRIMESTER THURSDAY
<b>Taught:</b> Saturday One Day	<b>Taught:</b> Monday Evenings	<b>Taught:</b> Thursday Evenings
<b>Meets:</b> One Day	<b>Meets:</b> Once weekly; 4-week sessions	<b>Meets:</b> Once Weekly; 4-week sessions
<b>Time:</b> 9:00 am to 5:00 pm	<b>Time:</b> 6:30 pm to 8:30 pm	<b>Time:</b> 7:00 pm to 9:00 pm
<b>Location:</b> Classrooms 3, 4, 5 Doty Education Building	<b>Location:</b> Location: Classrooms 3, 4, 5 Doty Education Building	<b>Location:</b> Classrooms 6, 7, 8 or Aud. Doty Education Building
<b>Fee:</b> \$55 per couple	<b>Fee:</b> \$55 per couple	<b>Fee:</b> \$55 per couple
<input type="checkbox"/> Jan 25 <input type="checkbox"/> Aug 22 <input type="checkbox"/> Feb 22 <input type="checkbox"/> Sept 26 <input type="checkbox"/> Mar 21 <input type="checkbox"/> Oct 24 <input type="checkbox"/> Apr 25 <input type="checkbox"/> Nov 21 <input type="checkbox"/> Jun 27 <input type="checkbox"/> Jul 11	<input type="checkbox"/> March 9, 16, 23, 30 <input type="checkbox"/> April 20, 27, May 4, 11	<input type="checkbox"/> Jan 9, 16, (skip 23), 30, Feb 6 <input type="checkbox"/> July 9, 16, (skip 23), 30, Aug 6 <input type="checkbox"/> Sept 17, 24, Oct 1, 8 <input type="checkbox"/> Oct 29, Nov 5, 12, 19
THIRD TRIMESTER SATURDAY 2 DAYS	BREASTFEEDING CLASS	LOW INTERVENTION MONDAY
<b>Taught:</b> Saturdays	<b>Taught:</b> 1st & 3rd Wed of Select Months	<b>Taught:</b> Monday Evenings
<b>Meets:</b> Once Weekly; 2-week sessions	<b>Meets:</b> Once	<b>Meets:</b> Once Weekly; 4-week sessions
<b>Time:</b> 9:00 am to 1:00 pm	<b>Time:</b> 7:30 pm to 9:30 pm	<b>Time:</b> 6:30 pm to 8:30 pm
<b>Location:</b> Classrooms 6, 7, 8 Doty Education Building	<b>Location:</b> Classrooms 3, 4, 5 Doty Education Building	<b>Location:</b> Classrooms 3, 4, 5 Doty Education Building
<b>Fee:</b> \$55 per couple	<b>Fee:</b> \$20 per couple	<b>Fee:</b> \$55 per couple
<input type="checkbox"/> Jan 4, 11 <input type="checkbox"/> Feb 22, 29 <input type="checkbox"/> Aug 1, 8 <input type="checkbox"/> Sept 12, 19 <input type="checkbox"/> Oct 3, 10 <input type="checkbox"/> Nov 7, 14 <input type="checkbox"/> Dec 12, 19	<input type="checkbox"/> Jan 15 <input type="checkbox"/> June 17 <input type="checkbox"/> Feb 5 <input type="checkbox"/> July 15 <input type="checkbox"/> Feb 19 <input type="checkbox"/> Aug 19 <input type="checkbox"/> March 4 <input type="checkbox"/> Sept 16 <input type="checkbox"/> April 1 <input type="checkbox"/> Oct 7 <input type="checkbox"/> April 15 <input type="checkbox"/> Oct 21 <input type="checkbox"/> May 6 <input type="checkbox"/> Nov 4 <input type="checkbox"/> June 3 <input type="checkbox"/> Dec 2	<input type="checkbox"/> Jan 27, Feb 3, 10, (skip 17), 24 <input type="checkbox"/> June 8, 15, 22, 29 <input type="checkbox"/> Sept 21, 28, Oct 5, 12 <input type="checkbox"/> Oct 26, Nov 2, 9, 16