

Primary Children's Hospital  
Phone: 801.662.3504  
Pediatric Education Services  
Fax: 801.662.3522  
81 North Mario Capecchi Drive  
Salt Lake City, UT 84113



Name \_\_\_\_\_ Phone \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

### TUITION

\$125 Physicians  \$50 All others

Check (Made payable to Pediatric Education Services)

### CREDIT CARD

Visa  Discover  Mastercard  American Express

Authorized card holder name \_\_\_\_\_

Card number \_\_\_\_\_ CCV number \_\_\_\_\_

Expiration date \_\_\_\_\_ Credit card zip code \_\_\_\_\_

Signature \_\_\_\_\_

### ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the providership of Primary Children's Hospital. Primary Children's Hospital is accredited by the ACCME to provide continuing medical education for physicians.



**AMA Credit:** Primary Children's Hospital designates this live educational activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**UNA Credit:** Primary Children's Hospital is an Approved Provider (P14-02) of Continuing Nursing Education by the Utah Nurses Association, an Accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity offers 6.5 nursing contact hours. Members of the UNA pay \$40 for registration online or by mail. Successful completion is attendance at entire event.



#### National Association of Social Workers-Utah Chapter

This program is approved by the National Association of Social Workers-Utah Chapter for 6.5 Social Work continuing education contact hours.

Register Online Today. [www.primarychildrens.org/spiritualcare](http://www.primarychildrens.org/spiritualcare)

## 3<sup>rd</sup> ANNUAL PEDIATRIC SPIRITUAL AND EMOTIONAL CARE CONFERENCE

*A multidisciplinary perspective for caregivers who support children and their families through the journey of life, sickness, death, and bereavement.*

Friday, Oct. 23, 2015

Primary Children's  
Eccles Outpatient  
Building – King's Peak  
Conference Room



**Target audience:** Physicians, clinicians, caregivers and volunteers involved in the care of children and their families in hospitals, health agencies, hospices, bereavement programs; social workers, child life specialists, palliative care teams, bereavement counselors, chaplains, spiritual care volunteers, home health and hospice staff.

#### Program Objectives

- Discuss common concerns related to the spiritual and emotional care of children and families
- Summarize current best practice approaches in the delivery of pediatric spiritual and emotional care in culturally sensitive ways
- Learn proven ways to cope with the personal stresses of working with children and their families in high acuity settings
- Exchange ideas and resources with other pediatric healthcare providers

## FACULTY LIST

### Chaplain David Pascoe, MA, BCC

Pastoral Care Coordinator  
Family Support Services  
Primary Children's Hospital

### Vicki Kennedy Overfelt, MA

Mindfulness Instructor  
Mindfulness Utah

### Dominic Moore, MD

Associate Medical Director  
Pediatric Palliative Care  
Primary Children's Hospital  
Assistant Professor, Pediatrics  
University of Utah Department of Pediatrics

### Chaplain Jeff Fleming

Pastoral Care Coordinator  
Rainbow Kids Palliative Care Team  
Family Support Services  
Primary Children's Hospital

### Chaplain Vicki Pond, BA, BCC

Pastoral Care Associate  
Family Support Services  
Primary Children's Hospital

### Brian C. Miller, PhD

Director  
Pediatric Residential Services  
Primary Children's Hospital



### N. Lee Smith, MD

Director of Stress Medicine  
The Center for MindBody Health

### Lacee A. Harris, LCSW

First Nations Spiritual Services

### Emma Fernandez-Andersen, BA, CMI

Language Services Coordinator  
Primary Children's Hospital

## Conference Fees

Register Online Today!

Physicians: \$125

All Other Disciplines: \$50

Log on to the Pediatric Spiritual and Emotional Care Conference website and register online.

[www.primarychildrens.org/spiritualcare](http://www.primarychildrens.org/spiritualcare)

## AGENDA



7:30–8:00 Registration / Continental Breakfast

8:00–8:05 Welcome and Introduction to the Day

— Chaplain David Pascoe, MA, BCC

8:05–9:05 Keynote Address: The Power of Mindfulness: Intention, Attention, and Attitude — Vicki Kennedy Overfelt, MA

- Offer instruction in key mindfulness practices so as to facilitate an experiential understanding of key concepts
- Demonstrate the relationship between stress and mindfulness and how mindfulness can be helpful in relating to one's stress in a more responsive, less reactive way

9:05–9:50 Fearing the Spirit: Helping Physicians Engage with a Patient's Spirituality

— Dominic Moore, MD

- Discuss the barriers to spiritual history taking among physicians
- Explore the use of scripts and best practices in overcoming physician concerns

9:50–10:00 Break

10:00–10:45 Just What is it that Chaplains do?

— Chaplains Jeff Fleming, David Pascoe and Vicki Pond

- Articulate the unique role a chaplain fulfills on the clinical care team
- Appreciate the chaplain's ability to identify spiritual distress, foster difficult communication, and support loved ones in grief

10:45–11:45 The Deep Well: Defining Key Skills to Cultivate Compassion Satisfaction

— Brian C. Miller, PhD

- List five key skill domains for managing intense affect and reducing emotional agitation
- Describe how intense negative feelings can be "metabolized" so they do not produce negative and long-term effects

11:45–12:00 Pre-lunch Check In and STOP Meditation — Vicki Kennedy Overfelt, MA

12:00–1:00 Lunch and Networking – Thanks to Primary Children's Language Services

1:00–2:00 How Does Bringing Spirituality into Healthcare Work? Principles and Practices — N. Lee Smith, MD

- Identify and apply four core spiritual principles proven to elicit better health outcomes
- Describe some neurobiology of how this works for better health and wellbeing

2:00–2:45 Balance: Understanding Native Peoples' Approach to Healthcare

— Lacee A. Harris, LCSW

- Understand the historical and culture differences of first nation peoples
- Appreciate the concept of balance between western medicine and native beliefs for healing

2:45–3:00 Break

3:00–3:45 Cultural Competency with Latino Children and their Families

— Emma Fernandez-Andersen, BA, CMI

- Identify obstacles and difficulties in accessing healthcare services
- Address common cultural beliefs regarding healing

3:45–4:00 End of Day Reflection & Closing Comments

— Vicki Kennedy Overfelt and Chaplain David Pascoe