



Employee Assistance Program

Financial Assist

If you have questions about a financial issue, speaking with an expert can help. The Intermountain Health Employee Assistance Program provides you with access to professionals who provide free consultations on everything from credit and debt, to purchasing a home, or saving for retirement. This program is available to all caregivers, their spouse/partner, and dependents up to age 26.

Why use Intermountain EAP Financial Assist?

- Bankruptcy counseling
- Budgeting (to cope with reduction in household earnings; to reduce debt; to save; household budgeting)
- Buying a home for the first time
- College fund planning
- Credit card debt (lowering rates; consolidating debt)
- Foreclosure prevention
- Identity theft prevention
- Major life event planning
- Retirement planning

How It Works

1. Call our intake hotline between 8:00 am and 5:00 pm MST at 1-800-832-7733 and tell the agent you'd like to access Financial Assist.
2. Our agent will connect you with a financial assistance consultant who may be able to help resolve the issue or provide the needed resources. If not...
3. The financial consultant will schedule an appointment with a qualified financial counselor. You may receive information to review or worksheets to complete before your session.
4. On the day of the appointment the counselor will call the employee to begin the session.
5. Following the appointment, the counselor will follow up with a summary, goals and/or any other applicable information.



We'll connect you with the help you need!

- 📞 Call us at 800.832.7733
- ✉ eap@imail.org
- 🌐 Explore more online:



Scan the QR code to learn more