

Hospital Bed and Trapeze:

Training and safety guidelines

Your hospital bed will provide a safe, comfortable place for you. It will make moving around in bed easier and safer. The trapeze can be used to help you sit up, change position, or get into or out of bed. Use your hospital bed and trapeze only as intended.

For your safety

Following these guidelines will help keep you safe.

Hospital bed

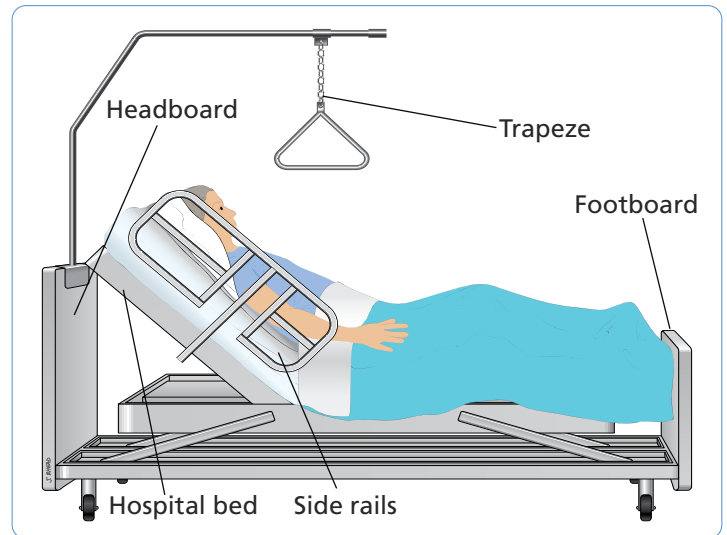
To stay safe while using the hospital bed:

- Plug the cord into a grounded outlet.
- Keep cords, tubes, bedding, and body parts away from moving parts of the bed.
- Keep the cord away from heated surfaces.
- Be aware of open spaces around the side rails where body parts could be caught — close off open spaces as necessary.
- Use the wheel locks to prevent the bed from moving.
- Do not put your full body weight on a raised portion of the bed.
- Be careful with liquids around the bed — unplug the bed if liquid is spilled.
- Push at the headboard or footboard to move the bed. **Only move the bed when no one is in it.**

Trapeze

To stay safe while using the trapeze:

- Regularly check the hardware where the trapeze attaches to the headboard and tighten if necessary.
- The trapeze should only be used to help you move around in and out of bed. **DO NOT put your full weight on it. It cannot hold more than 250 pounds.**



How to use the hospital bed

Make sure to follow these instructions:

- 1 Place a twin sheet on the mattress. (The twin sheet is not provided by Intermountain Homecare & Hospice).
- 2 Using the hand crank, raise the bed to a level that's easy for you to move in and out of the bed.
- 3 Keep the rails in an upright position while you are in the hospital bed. The handrails are not intended for restraint.
- 4 Use the control or hand crank to elevate the head or foot of the bed to maximize comfort. Keep the hand crank available in case of a power outage.

Refer to the manufacturer's website if you would like further information about your hospital bed and trapeze.

