

Hospital Bed and Trapeze: Training and safety guidelines

Your hospital bed will provide a safe, comfortable place for you. It will make moving around in bed easier and safer. The trapeze can be used to help you sit up, change position, or get into or out of bed. Use your hospital bed and trapeze only as intended.

For your safety

Following these guidelines will help keep you safe.

Hospital bed

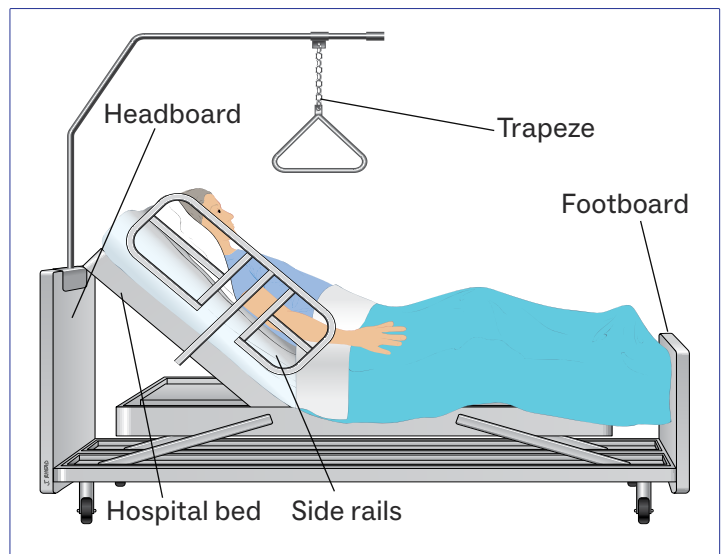
To stay safe while using the hospital bed:

- Plug the cord into a grounded outlet.
- Keep cords, tubes, bedding, and body parts away from moving parts of the bed.
- Keep the cord away from heated surfaces.
- Be aware of open spaces around the side rails where body parts could be caught — close off open spaces as necessary.
- Use the wheel locks to prevent the bed from moving.
- Do not put your full body weight on a raised portion of the bed.
- Be careful with liquids around the bed — unplug the bed if liquid is spilled.
- Push at the headboard or footboard to move the bed. **Only move the bed when no one is in it.**

Trapeze

To stay safe while using the trapeze:

- Regularly check the hardware where the trapeze attaches to the headboard and tighten if necessary.
- The trapeze should only be used to help you move around in and out of bed. **DO NOT put your full weight on it. It cannot hold more than 250 pounds.**



How to use the hospital bed

Make sure to follow these instructions:

- 1 Place a twin sheet on the mattress. (The twin sheet is not provided by Intermountain Homecare & Hospice).
- 2 Using the hand crank, raise the bed to a level that's easy for you to move in and out of the bed.
- 3 Keep the rails in an upright position while you are in the hospital bed. The handrails are not intended for restraint.
- 4 Use the control or hand crank to elevate the head or foot of the bed to maximize comfort. Keep the hand crank available in case of a power outage.

Refer to the manufacturer's website if you would like further information about your hospital bed and trapeze.

Bed control

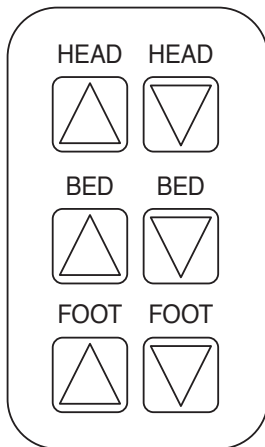
Your control will look similar to the image below. Make sure you know how to use it and how to adjust the bed manually if you lose power to the controls.

Raise or lower the headboard or footboard

Press and hold the “HEAD” or “FOOT” buttons to raise and lower the head or foot of the bed.

Raise or lower the bed

Press and hold the “BED” buttons to raise and lower the height of the bed (fully electric beds only).



Cleaning

When cleaning the bed:

- Always unplug the power cord.
- Never soak the electrical cord or hand control in liquid.
- Wipe down the mattress cover, headboard, footboard, rails, trapeze, power cord, and hand control with a damp cloth. **Make sure the power cord is unplugged.**

Call Intermountain Homecare & Hospice at 1-800-527-1118:

- If you notice signs of wear and tear.
- If you experience any problems with the hospital bed or trapeze.

Notes

Content created and approved by Intermountain Homecare & Hospice

Intermountain Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Se proveen servicios de interpretación gratis. Hable con un empleado para solicitarlo. 我們將根據您的需求提供免費的口譯服務。請找尋工作人員協助。

© 2011-2024 Intermountain Health. All rights reserved. The content presented here is for your information only. It is not a substitute for professional medical advice, and it should not be used to diagnose or treat a health problem or disease. Please consult your healthcare provider if you have any questions or concerns. FSHC018 - 12/24 (Last reviewed - 02/23) Also available in Spanish.