

Columbia Suicide Severity Rating Scale (C-SSRS)—Adult/Adolescent (≥ 12 years) Quick Screen

Ask each question, then ask whether the patient has had these thoughts or behaviors in the past month if he or she doesn't provide that information.

Suicidal Ideation		
Questions	Past month	What a positive response indicates
Ask questions 1 and 2.		
1. <i>Have you wished you were dead or wished you could go to sleep and not wake up?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Wish to be dead. Subject endorses thoughts about a wish to be dead or not alive anymore, or a wish to fall asleep and not wake up. Example: "I've wished I wasn't alive anymore."
2. <i>Have you actually had any thoughts of killing yourself?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Non-specific active suicidal thoughts. General non-specific thoughts of wanting to end one's life/commit suicide. Example: "I've thought about killing myself."
If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.		
3. <i>Have you been thinking about how you might kill yourself?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Active suicidal ideation with any methods (not plan) without intent to act. Person endorses thoughts of suicide and has thought of at least one method. Example: "I thought about taking an overdose but I never made a specific plan as to when, where, or how I would actually do it...and I would never go through with it."
4. <i>Have you had these thoughts and had some intention of acting on them?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Active suicidal ideation with some intent to act. Active suicidal thoughts of killing oneself, and patient reports having some intent to act on such thoughts. Example: "I have had the thoughts, and I have considered acting on them." Not: "I have the thoughts but I definitely will not do anything about them."
5. <i>Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Active suicidal ideation with specific plan. Thoughts of killing oneself with details of plan fully or partially worked out and person has some intent to carry it out. Example: "Next Thursday when I know my husband will be at the office late, I am going to take the sleeping pills I keep in the upstairs medicine cabinet."
Suicidal Behavior		
6. <i>Have you ever done anything, started to do anything, or prepared to do anything to end your life?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Actual attempt. A potentially self-injurious act committed with at least some wish to die, as a result of act. Behavior was in part thought of as method to kill oneself. Intent does not have to be 100%. If there is any intent/desire to die associated with the act, then it can be considered an actual suicide attempt. There does not have to be injury or harm, just the potential for injury or harm. For example, if a person pulls the trigger with gun in mouth but gun is broken so no injury results, this is considered an attempt. Aborted or self-interrupted attempt. When person takes steps toward making a suicide attempt, but stops him/herself before he/she actually has engaged in any self-destructive behavior. Interrupted attempt. When the person is interrupted (by an outside circumstance) from starting the potentially self-injurious act. (If not for that, an actual attempt would have occurred.) Preparatory acts or behavior. Acts or preparation toward imminently making a suicide attempt.
<i>In the past 3 months?</i>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.		

Clinician Signature: _____ Date: _____ Time: _____

