

Columbia Suicide Severity Rating Scale (C-SSRS) — Pediatric (≤11 years) Quick Screen

Some questions include options for different wording. Ask one question for each, and use the alternate wording to probe further if appropriate.

Suicidal Ideation		
Questions	Past month	What a positive response indicates
Ask questions 1 and 2.		
<p>1. <i>Have you thought about being dead or what it would be like to be dead?</i> <i>Have you wished you were dead or wished you could go to sleep and never wake up?</i> <i>Do you ever wish you weren't alive anymore?</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Wish to be dead. Subject endorses thoughts about a wish to be dead or not alive anymore, or a wish to fall asleep and not wake up. Example: "I've wished I wasn't alive anymore."</p>
<p>2. <i>Have you thought about doing something to make yourself not alive anymore?</i> <i>Have you had any thoughts about killing yourself?</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Non-specific active suicidal thoughts. General non-specific thoughts of wanting to end one's life/commit suicide. Example: "I've thought about killing myself."</p>
If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.		
<p>3. <i>Have you thought about how you would do that or how you would make yourself not alive anymore (or kill yourself)?</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Active suicidal ideation with any methods (not plan) without intent to act. Person endorses thoughts of suicide and has thought of at least one method. Example: "I thought about taking an overdose but I never made a specific plan as to when where or how I would actually do it...and I would never go through with it."</p>
<p>4. <i>When you thought about making yourself not alive anymore (or killing yourself), did you think that this was something you might actually do?</i> <i>This is different from having thoughts but knowing you wouldn't do anything about them.</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Active suicidal ideation with some intent to act. Active suicidal thoughts of killing oneself, and patient reports having some intent to act on such thoughts. Example: "I have had the thoughts, and I have considered acting on them." Not: "I have the thoughts but I definitely will not do anything about them."</p>
<p>5. <i>Have you ever decided how or when you would make yourself not alive anymore (or kill yourself)? Have you ever planned out how you would do it?</i> <i>What was your plan?</i> <i>When you made this plan (or worked out these details), was any part of you thinking about doing it?</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Active suicidal ideation with specific plan. Thoughts of killing oneself with details of plan fully or partially worked out and person has some intent to carry it out. Example: "Next Thursday when my parents are sleeping, I am going to take the sleeping pills in the upstairs medicine cabinet."</p>
Suicidal Behavior		
<p>6. <i>Did you ever do anything to try to make yourself not alive anymore (or kill yourself)?</i> <i>Did you ever hurt yourself on purpose?</i></p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	<p>Actual attempt. A potentially self-injurious act committed with at least some wish to die, as a result of act. Behavior was in part thought of as method to kill oneself. Intent does not have to be 100%. If there is any intent/desire to die associated with the act, then it can be considered an actual suicide attempt. There does not have to be injury or harm, just the potential for injury or harm. For example, if a person pulls the trigger with gun in mouth but gun is broken so no injury results, this is considered an attempt.</p> <p>Aborted or self-interrupted attempt. When person takes steps toward making a suicide attempt, but stops him/herself before he/she actually has engaged in any self-destructive behavior.</p> <p>Interrupted attempt. When the person is interrupted (by an outside circumstance) from starting the potentially self-injurious act. (If not for that, an actual attempt would have occurred.)</p> <p>Preparatory acts or behavior. Acts or preparation toward imminently making a suicide attempt.</p>
<p><i>In the past 3 months?</i></p> <p>Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.</p>	<p>Yes No <input type="checkbox"/> <input type="checkbox"/></p>	

Clinician Signature: _____ Date: _____ Time: _____



Screen50043

C-SSRS Pediatric Quick Screen

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