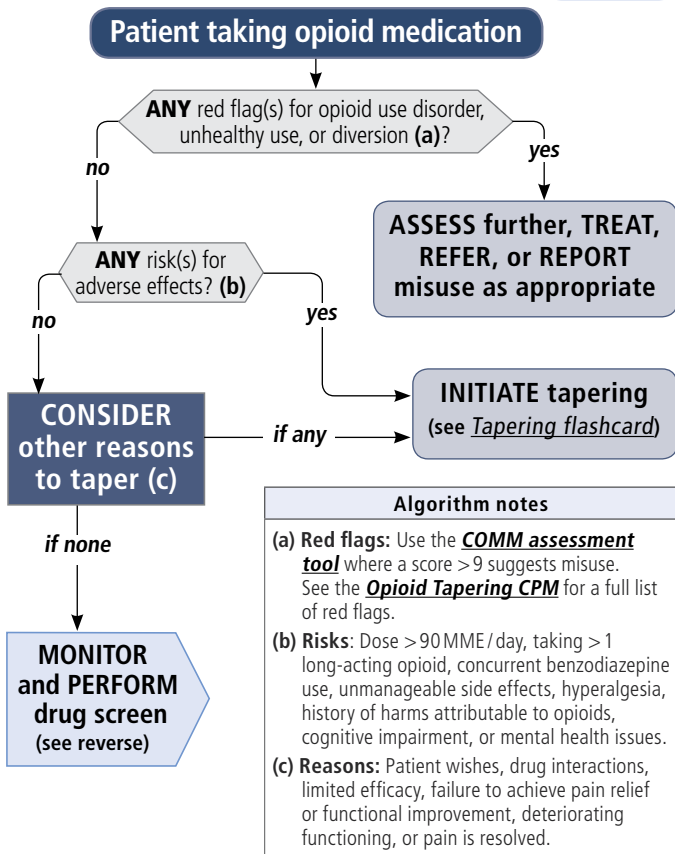


# Opioid Tapering Evaluation

Reference  
Link



# Opioid Tapering Evaluation

[Reference Link](#)

## OPIOID MONITORING ACTION PLAN

### If continuing opioids, actively monitor as follows:

- **UPDATE** pain diagnosis on patient problem list.
- **REVIEW** the [Opioid MMA](#) annually, and update as needed.
- **REVIEW** the [Opioid Medicine for Chronic Pain](#) fact sheet with patient.
- **DISCUSS** alternative pain treatments.
- **MONITOR** compliance with the pain management plan.
- **REASSESS** compliance **at every visit** as follows:
  - Check the [Utah Controlled Substance Database](#).
  - Assess for overuse (medication counts, early refill requests, etc.). If medication counts are used, consider a pill identifier to ensure correct medication. If questions, call the pharmacy.
  - Perform unannounced **urine drug screening** (depending on patient's risk level and history) as follows:
    - **Every month for high risk**
    - **Every 3–6 months for medium risk**
    - **Every year for low risk**

**Note:** The patient's risk level may evolve over time depending on compliance and emergence of aberrant behaviors.

- **REASSESS** risk of opioid use disorder, unhealthy use (including dangerous aberrant behaviors), and diversion, as well as **appropriateness of tapering**, at every visit.

**Note:** The risk of developing opioid use disorder increases with the duration of opioid use.