

# Let's Talk About...

## CHG Cloths for Children with Central Lines

Everybody's skin has bacteria and germs on it. This is normal and usually does not cause illness. However, if your child has a central line even normal bacteria and germs can cause an infection. Cleaning your child with chlorhexidine [klor-HEX-ih-deen] cloths (also called CHG) can prevent a hospital-acquired infection.

### Why should I use CHG cloths on my child?

Cleaning your child with CHG cloths helps to prevent your child from infections that happen while they are in the hospital. Using CHG cloths on your child daily can help prevent a serious infection. This treatment is common in many children's hospitals.

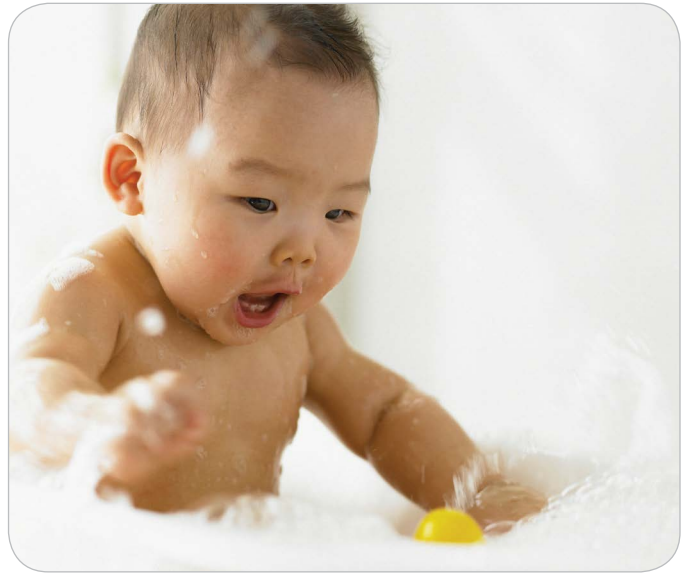
### How many CHG cloths do I need for my child?

The table below will help you decide how many CHG cloths you need to use based on your child's weight. It will also show you which body parts you will need to clean with each cloth. Each package has 2 cloths. See more instructions on the next page.

| Wipes  | Weight is less than 22 pounds (10 kilograms),<br>Use 2 cloths (1 package) | Weight is 22 to 66 pounds (10 to 30 kilograms)<br>Use 4 cloths (2 packages) | Weight is more than 66 pounds (30 kilograms)<br>Use 6 cloths (3 packages) |
|--------|---|---|---|
| Wipe 1 | Neck, chest, arms, and abdomen  | Neck, chest, arms, and abdomen  | Neck, chest, arms, and abdomen  |
| Wipe 2 | Back, legs, and buttocks  | Back and buttocks   | Right leg and right foot  |
| Wipe 3 |   | Both legs and feet  | Left leg and left foot  |
| Wipe 4 |   | Groin area (not genitals)   | Back  |
| Wipe 5 |   |   | Buttocks  |
| Wipe 6 |   |   | Groin area (not genitals)   |
|        |   |   |   |

## How do I clean my child with CHG cloths?

- 1 It is best to clean your child with CHG cloths after your child takes a bath or shower using soap and water.** Once your child's skin is washed and dried, they can be cleaned with the CHG cloths. This should be done once a day. Your caregivers will help you clean your child with the CHG cloths until you feel comfortable doing it on your own.
- 2 Allow your child's skin to air dry.** Do not rinse the skin. It is normal for the skin to feel sticky for a few minutes after using the CHG cloths.
- 3 Dress your child in clean pajamas or a hospital gown once their skin is dry.**
- 4 Some lotions, makeup, moisturizers, deodorants, creams, or powders block CHG from working.** Please ask your nurse about any products before using them.



### Is there anything I should be careful of or avoid?

**DO NOT** use CHG cloths:

- If your child is allergic to CHG or any ingredient on the cloths.
- On your child's head or face. Do not get the liquid in their eyes.
- On private parts (vagina, penis, and anus).
- On open wounds that are not covered by a dressing or bandage.

If you have questions about any of these instructions, ask your child's healthcare provider.

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