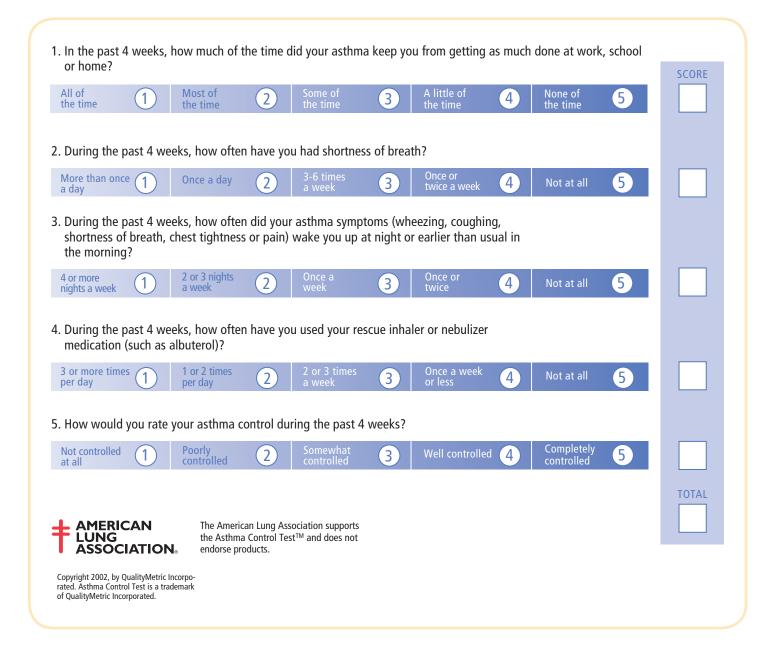
## Take the Asthma Control Test™ (ACT) for people 12 years and older. Know your score. Share your results with your doctor.

- Step 1 Write the number of each answer in the score box provided.
- Step 2 Add up each score box for your total.
- Step 3 Take the test to the doctor to talk about your score.





If your score is 19 or less, your asthma may not be controlled as well as it could be. Talk to your doctor.



