Additional Useful Links

Links to fact sheets
- The Traffic Light Eating Plan
- The Traffic Light Eating Plan (Spanish)
- Acupressure
- Hand and Foot Massage

Links to sites on .net
- Asthma (Intermountain Clinical Programs)
- Managing Your Child’s Pain (Intermountain Clinical Programs)
- Patient and Provider Publications
- Living and Learning (IHC Clinical Programs)
  - Living and Learning: A Guide to Breastfeeding
  - Living and Learning: A Guide to Breastfeeding (Spanish)
  - Living and Learning: A Guide to Caring for Your Newborn
  - Living and Learning: A Guide to Caring for Your Newborn (Spanish)
  - Living and Learning: A Guide to Caring for Yourself After the Birth of a Baby
  - Living and Learning: A Guide to Caring for Yourself After the Birth of a Baby (Spanish)
- Mild Traumatic Brain Injuries
  - Mild Traumatic Brain Injury for Educators
  - Mild Traumatic Brain Injury for Educators (Spanish)

Links to external sites
- CPR - American Heart Association, University of Washington
- Miami Jr© C-Collar
- Retinopathy of Prematurity (ROP), National Eye Institute Handout
- Retinopathy of Prematurity (ROP), National Eye Institute Video Clip