Giving Medication: IV Push

Your doctor has ordered a medication that will go into your intravenous line. This is called an IV Push because the syringe “pushes” the medication into your bloodstream.

You will also need to “flush” your IV line. Flushing means filling the IV tubing with a solution to keep it from clotting.

Your nurse will show you how to flush the line and put in the medication. This fact sheet will help you remember the steps.

Prepare

1. Clean your hands with cleansing solution.
   - Rub your hands vigorously until they are dry.
   - Clean your hands each time you work with your IV.

2. Check the medication label.
   - Verify each label has your name and dose, and is not expired.
   - Call your nurse or pharmacist and do not use the medication if the label is incorrect.

3. Lay out your supplies.
   - Medication syringe
   - 2 Saline syringes
   - Heparin syringe, if needed
   - Sterile wipes
   - Alcohol disinfectant cap

Prepare your syringes

1. Remove the syringe cap.

2. Gently tap the syringe to move air to the tip.

3. Push the plunger to remove air and extra solution.
   - If difficult to push, pull plunger back slightly to break the seal.

4. Replace the syringe cap until you are ready to use it.

Medication information

Medication: ________________________________
Schedule: ________________________________
☐ Prefilled syringe
☐ Fill Syringe with medication

S.A.S. FLUSH
Saline: _____ mL
Administer medication
Saline: _____ mL

S.A.S.H. FLUSH
Saline: _____ mL
Administer medication
Heparin: _____ mL
Flush your IV line
Flush your IV line with saline.

**How to flush your IV line**

1. **Remove** the alcohol disinfectant cap and discard.

2. **Attach** the syringe firmly to the IV needleless connector using a push and twist motion.

3. **Open** the clamp.

4. **Inject** the solution.

5. **Close** the clamp.

6. **Remove** and discard the syringe.

7. **Attach** a new alcohol disinfectant cap after the final flush.

* If the needleless connector touches anything, **CLEAN IT** with a sterile wipe for 15 seconds.

**Administer your medication**

1. **Scrub** the needleless connector with a sterile wipe for 15 seconds if it has touched anything.

2. **Attach** the medication syringe firmly to the needleless connector.

3. **Unclamp** the IV line if it is closed.

4. **Inject** medication over __________ minutes. Remove and discard syringe.

**Flush Your IV Line**
Follow the “How to flush your IV line” instructions:

- **Flush** with saline.
- **Flush** with Heparin, if instructed.

**Discard supplies**
Discard all your used supplies in the regular trash unless your nurse tells you otherwise.

**Need help or have questions?**

Nurse ________________

Phone number ________________

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