

BiliBed: Training and safety guidelines

For you and your baby's safety

Following these safety guidelines will help reduce potential risks:

- Use the BiliBed only with the provided Medela Bilicombi therapy blanket. The Bilicombi keeps the baby correctly positioned for effective phototherapy. The therapeutic effect of the BiliBed can only be guaranteed if the Bilicombi is used.
- Frequently check on the baby during phototherapy treatment. If the baby seems too warm, make sure:
 - The ventilation slots in the device are not covered by pillows or covers.
 - There is enough room around the BiliBed (especially at the foot and head end) for air to circulate.
- Do not leave your baby unattended during phototherapy.
- Do not have a new mother attempt to lift the BiliBed. The weight of the unit is more than is recommended to lift after delivery.
- Follow your doctor's advice when using oxygen with phototherapy.
- Do not spill liquids onto the equipment. Electric shock and/or equipment failure could result.
- Refer to the manufacturer's website if you would like further information about the BiliBed.

Selecting a location for the BiliBed

When setting up the BiliBed, choose a place with the following features:

- A sturdy, flat surface away from drafts, such as a bed, crib, or kitchen table
- An accessible electrical outlet
- A location where you can easily monitor your baby



Setting up the BiliBed

- 1 Place the Light Unit on a flat, firm surface, such as a table or crib mattress.
- 2 Place the Baby Support on top of the Light Unit.
- 3 Attach the Bilicombi to the Baby Support. Position the blanket using the drawing on the Baby Support as a guide.
- 4 Connect the power cable to the Light Unit.

Dressing the baby in the Bilicombi therapy blanket

- Check the Bilicombi blanket before each use. Ensure there is no damage to the Bilicombi and that the Velcro fasteners will guarantee a tight attachment to the Baby Support. If this is not the case, replace it with a new Bilicombi.
- Attach the Bilicombi blanket to the Baby Support.
- Unzip the washable Bilicombi blanket or unfasten the Velcro on the jacket of the disposable Bilicombi blanket.
- Place the baby on their back in the Bilicombi blanket ensuring their arms are in the sleeves.
- Close the Velcro strip.

Beginning therapy

To begin therapy with the BiliBed, make sure to:

- Plug the power cord into a grounded outlet.
- Flip the Light Unit on with the START /STOP switch.

During therapy

Follow these steps:

- Monitor your baby to ensure they are not too hot or too cold.
- Be sure the Bilicombi blanket is positioned correctly to ensure successful treatment. See “Setting up the BiliBed” on [page 1](#).
- Keep your baby on the BiliBed light as much as possible to get the best results from therapy. Follow your doctor’s instructions.

Do not use any lotions, oils, or creams on the baby’s exposed skin during therapy.

Cleaning your BiliBed

To clean the BiliBed after use, follow these steps:

- Unplug the BiliBed from the power supply.
- Clean the Light Unit and the outside surfaces of the Baby Support with a damp cloth.
- Do not use cleaning solutions such as appliance cleaners.
- Hand wash the Bilicombi blanket in mild to hot water when soiled or dirty, and hang to dry.
- Be sure the Velcro fasteners below the Bilicombi blanket and on the Baby Support stick correctly after washing. If they do not stick together correctly, use a new Bilicombi blanket.

Call Intermountain Homecare & Hospice if you experience any problems with the BiliBed: 1-800-527-1118

Troubleshooting	
Problem	Action
The blue light does not go on when you press the START /STOP switch.	Make sure the power cord is plugged in correctly. If the light still does not go on, plug another electrical appliance into the socket to test the current.
The “On” light goes out during therapy.	Check if the fan is blocked by a blanket or something else causing the unit to overheat.
The LED warning light is on.	Contact Intermountain Homecare & Hospice.

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