

# Bedside Commode

## *Training and Safety Guidelines*

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### For Your Safety

- A caregiver should assist the patient who has poor balance or cannot stand or sit unsupported.
- A heavy duty bedside commode should be used for a patient weighing over 250 pounds.
- Make sure the foot piece extensions are secure and the seat is as level as possible before using the bedside commode.



### How to set up the commode

- 1 Adjust the height of the foot piece extensions to the level of the patient's bended knee.
- 2 Place the pail into the pail holder on the frame.

### Cleaning

Inspect the bedside commode for broken or damaged parts while you are cleaning it.

#### Clean the pail after each use

- 1 Wear protective gloves.
- 2 Empty contents into the toilet.
- 3 Rinse the pail and empty the rinse water into the toilet.
- 4 Clean the pail with a household cleaner of choice, such as Lysol. **Do not** use a toilet bowl cleaner as it may damage the plastic.
- 5 Rinse the pail and empty the rinse water into the toilet.
- 6 Replace the pail onto the bedside commode.
- 7 Wash your hands.

#### Clean the frame, seat, and lid weekly or more often when soiled

- 1 Wear protective gloves.
- 2 Wipe the frame and surfaces of the bedside commode with a cloth saturated with a household cleaner of choice.
- 3 Rinse by wiping the surfaces with a damp cloth.
- 4 Air dry.
- 5 Wash your hands.

#### Call Intermountain Homecare & Hospice if...

- You experience any problems with your commode.



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