

Prevent a Fall: Patient Agreement

Your safety is our first concern

It's our privilege to serve you in the hospital. While you're here, our first concern is your safety and wellbeing.

Our experience has shown that patients in the hospital are often surprised by how difficult it is to do simple things such as:

- Get out of bed
- Get to the bathroom in a hurry
- Reach for objects while lying down
- Get dressed
- Put on braces or equipment

Trying to do these things by yourself can lead to a fall, which may cause a serious injury.

This is true for people of all ages — and it's true for people who have had only a small problem or procedure, or who feel just fine.

**Please don't try to do these things alone.
We want to help prevent a fall!**



Please do not get out of bed without assistance from the hospital team. Ask for our help every time you get up.

Please be our partner in keeping you safe!

Please ask for our help **every time** you need to get out of bed, reach for something, get dressed, or do a similar activity. **We'll be there to help.**



Please sign below that you have read and understand our Patient Assistance Agreement.

Patient or family member

Date

Time

Staff: Please copy and post in room as a reminder to the patient and family.