

Asthma Medication Recommendations

Reference
Link

PATIENTS 0–11 YEARS

Inhaled Corticosteroids (ICS)	Patients 0–5 years		
	low	medium	high
fluticasone (Flovent), MDI 44, 110, or 220 mcg	1–2 puffs (44 mcg) 2x day	1 puff (110 mcg) 2x day OR 3–4 puffs (44 mcg) 2x day	> 1 puff (110 mcg) 2x day
budesonide (Pulmicort), respules 0.25, 0.5, or 1.0 mg/2.0 mL	1 respule (0.25) 2x day	2 respules (0.25) 2x day OR 1 respule (0.5) 2x day	1 respule (1.0) 2x day

Inhaled Corticosteroids (ICS)	Patients 6–11 years		
	low	medium	high
fluticasone (Flovent), MDI 44, 110, or 220 mcg	1–2 puffs (44 mcg) 2x day	1 puff (110 mcg) 2x day OR 3–4 puffs (44 mcg) 2x day	> 1 puff (110 mcg) 2x day
fluticasone (Flovent Diskus), DPI 50, 100, or 250 mcg	1 puff (50 mcg) 2x day	1 puff (100 mcg) 2x day	> 1 puff (100 mcg) 2x day
budesonide (Pulmicort Flexhaler), DPI 90 or 180 mcg	2 puffs (90 mcg) 2x day OR 1 puff (180 mcg) 2x day	2 puffs (180 mcg) 2x day	≥ 3 puffs (180 mcg) 2x day
budesonide (Pulmicort), respules 0.25, 0.5, or 1.0 mg/2.0 mL	1 respule (0.25) 2x day	2 respules (0.25) 2x day OR 1 respule (0.5) 2x day	2 respules (0.5) 2x day OR 1 respule (1.0) 2x day
beclomethasone (QVAR), MDI 40 or 80 mcg	1–2 puffs (40 mcg) 2x day OR 1 puffs (80 mcg) 2x day	3–4 puffs (40 mcg) 2x day OR 2 puffs (80 mcg) 2x day	> 2 puffs (80 mcg) 2x day
flunisolide (Aerospan), MDI 80 mcg	1 puff (80 mcg) 2x day	2 puffs (80 mcg) 2x day	> 2 puffs (80 mcg) 2x day

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PATIENTS 12 YEARS – ADULT

Inhaled Corticosteroids (ICS)	Patients 12 years – adult		
	low	medium	high
fluticasone (Flovent), MDI 44, 110, or 220 mcg	1–2 puffs (44 mcg) 2x day	1 puff (110 mcg) 2x day OR 3–4 puffs (44 mcg) 2x day	>1 puff (110 mcg) 2x day
fluticasone (Flovent Diskus), DPI 50, 100, or 250 mcg	1 puff (50 mcg) 2x day	1 puffs (100 mcg) 2x day	>1 puff (100 mcg) 2x day
fluticasone furoate (Arnuity Ellipta), DPI 100 or 250 mcg	1 puff (100 mcg) 1x day	1 puff (200 mcg) 1x day	No high/severe dose available
budesonide (Pulmicort Flexhaler), DPI 90 or 180 mcg	12–17 years: 1 puff (180 mcg) 2x day 18 + years: 1 puff (180 mcg) 2x day	12–17 years: 2 puffs (180 mcg) 2x day 18 + years: 2 to 3 puffs (180 mcg) 2x day	12–17 years: ≥3 puffs (180 mcg) 2x day 18 + years: > 3 puffs (180 mcg) 2x day
beclomethasone (QVAR), MDI 40 or 80 mcg	1–2 puffs (40 mcg) 2x day OR 1 puff (80 mcg) 2x day	3–4 puffs (40 mcg) 2x day OR 2 puffs (80 mcg) 2x day	> 2 puffs (80 mcg) 2x day
mometasone (Asmanex), DPI 110 or 220 mcg	2 puffs (110 mcg) 1x day OR 1 puff (220 mcg) 1x day	2 puffs (220 mcg) 1x day	> 2 puffs (220 mcg) 1x day
mometasone (Asmanex), HFA 100 or 200 mcg	1 puff (100 mcg) 2x day	2 puffs (100 mcg) 2x day	2 puffs (20 mcg) 2x day (max 800 mcg/day)
ciclesonide (Alvesco), MDI 80 or 160 mcg	1 puff (80 mcg) 2x day	1 puff (160 mcg) 2x day	2 puffs (160 mcg) 2x day
flunisolide (Aerospan), MDI 80 mcg	2 puffs (80 mcg) 2x day	3 puffs (80 mcg) 2x day	4 puffs (80 mcg) 2x day