

HOMECARE SERIES

Using Cathflo in Your IV Line

Your nurse has determined your IV line needs Cathflo to keep it open and working well. Cathflo will need to stay in your IV line (instilled) long enough to clear the line. This amount of time will be determined by your nurse. Do not use the Cathflo until your nurse tells you when and how to use it.

When you receive the Cathflo

- Check the label for your name and expiration date.
 - If something is incorrect on the label, call your nurse or pharmacist and do not use the Cathflo.
- Store the Cathflo syringe in the refrigerator until you are ready to use it.

Once your nurse instructs you to use the Cathflo

- 1 Remove the alcohol disinfectant cap from the needleless connector and discard.
 - If the needleless connector touches anything, clean it with an alcohol wipe for 15 seconds before using it.
- **2** Flush your IV line with saline and remove the syringe.
 - If you are not able to flush the line, do not force it. Attach a new alcohol disinfectant cap and call your nurse for further instructions.



- **3** Connect the Cathflo syringe to your needleless connector.
- **4** Slowly inject 2 ml of Cathflo and then remove the syringe.
- **5** Attach a new alcohol disinfectant cap.
- **6** Label your line with the sticker provided.
- **7** Let Cathflo stay in the line as directed by your nurse.
- **8** Call your nurse to report your results.

Need help or have questions?
Nurse
Phone number
Intermountain Homecare & Hospice
385-887-6000
800-527-1118

Removing Cathflo from Your IV Line

You have Cathflo in your IV line to help keep it clear. Before your IV line is used for your medication the Cathflo needs to be removed. Wait for your nurse to give you instructions about what you are to do with the Cathflo before acting.

Steps

- **1** Remove the Cathflo sticker from your IV line.
- **2** Remove the alcohol disinfectant cap and discard.
 - If the needleless connector touches anything clean it with an alcohol wipe for 15 seconds before using it.
- **3** Attach an empty 10 ml syringe and pull back on the plunger.
 - If you see no blood return:
 - Remove and discard the empty syringe and attach a new alcohol disinfectant cap.
 - Call the nurse for instructions.
 - If you see blood return:
 - Withdraw 2 or 3 ml of blood into the syringe.
 - Remove and discard the syringe.
 - Flush your IV line with 20 ml saline
 (2 saline syringes) and remove the syringe.
 - Attach a new alcohol disinfectant cap.
 - Call your nurse to report your results.
 - When it is time, you may give your next medication dose unless instructed otherwise by the nurse.



Need	help	or	have	questions?
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Phone number _____

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Content created and approved by Intermountain Homecare & Hospice